



Vernon-Verona-Sherrill

(B) JV Basketball

Coaches:

- Justin VanDuluigaarden, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Aug 24, 2022	Wed	Practice	N/A	6:30 PM	8:00 PM	VVS MS Gym		
CANCELLED Aug 29, 2022	Mon	Practice	N/A	6:30 PM	8:00 PM	VVS MS Gym		
Sep 12, 2022	Mon	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS MS Gym		
Sep 14, 2022	Wed	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS MS Gym		
Sep 19, 2022	Mon	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS MS Gym		
Sep 26, 2022	Mon	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS MS Gym		
Oct 3, 2022	Mon	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS MS Gym		
Oct 6, 2022	Thu	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS MS Gym		
Oct 13, 2022	Thu	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS MS Gym		
Oct 19, 2022	Wed	Practice (OTA)	N/A	7:30 PM	8:45 PM	VVS Main Gym (The Pit)		
Oct 20, 2022	Thu	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS Main Gym (The Pit)		
Oct 24, 2022	Mon	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS Main Gym (The Pit)		
Oct 27, 2022	Thu	Practice (OTA)	N/A	6:30 PM	8:00 PM	VVS Main Gym (The Pit)		
Nov 2, 2022	Wed	Practice (OTA)	N/A	6:30 PM		VVS Main Gym (The Pit)		
Nov 3, 2022	Thu	Practice (OTA)	N/A	6:30 PM		VVS Main Gym (The Pit)		
Nov 7, 2022	Mon	Practice (OTA)	N/A	6:30 PM	8:30 PM	VVS Main Gym (The Pit)		
Nov 10, 2022	Thu	Practice (OTA)	N/A	6:30 PM	8:30 PM	VVS Main Gym (The Pit)		
Nov 16, 2022	Wed	Practice	N/A	5:30 PM	7:00 PM	VVS Main Gym (The Pit)		
Nov 16, 2022	Wed	Practice	N/A	7:00 PM	7:30 PM	VVS Volleyball Gym		
Nov 17, 2022	Thu	Practice	N/A	5:30 PM	7:00 PM	VVS Main Gym (The Pit)		
Nov 17, 2022	Thu	Practice	N/A	7:00 PM	7:30 PM	VVS Volleyball Gym		
Nov 18, 2022	Fri	Practice	N/A	5:30 PM	7:00 PM	VVS Main Gym (The Pit)		
Nov 18, 2022	Fri	Practice	N/A	7:00 PM	7:30 PM	VVS Volleyball Gym		
Nov 20, 2022	Sun	Practice	N/A	2:00 PM	4:00 PM	VVS Main Gym (The Pit)		
Nov 21, 2022	Mon	Scrimmage	Westmoreland	6:00 PM	7:00 PM	VVS Main Gym (The Pit)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 22, 2022	Tue	Practice	N/A	6:30 PM	8:30 PM	VVS Volleyball Gym		
Nov 23, 2022	Wed	Scrimmage (Scrimmage)	Stockbridge Valley	11:00 AM	1:00 PM	VVS Volleyball Gym		NL
Nov 25, 2022	Fri	Regular Season (Tournament - JV plays West Canada)	@ Richfield Springs (Richfield/ODY)	2:00 PM	7:00 PM	Richfield Springs CSD	Departure Time: 12:00 PM	NL
Nov 26, 2022	Sat	Regular Season	@ Richfield Springs (Richfield/ODY)	TBD	7:00 PM	Richfield Springs CSD		L
Nov 28, 2022	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Nov 29, 2022	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Nov 30, 2022	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 1, 2022	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 2, 2022	Fri	Regular Season	Cazenovia	7:30 PM	9:00 PM	Lower gym	Departure Date: Dec 2, 2022 Departure Time: 4:00 PM	NL
Dec 2, 2022	Fri	Regular Season	@ Sherburne-Earlville	TBD		Upper Gym		L
Dec 3, 2022	Sat	Regular Season	@ Sherburne-Earlville	TBD		Upper Gym		NL
Dec 5, 2022	Mon	Practice	N/A	6:30 PM	8:30 PM	VVS Main Gym (The Pit)		
Dec 6, 2022	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 8, 2022	Thu	Practice	N/A	6:30 PM	8:30 PM	VVS Volleyball Gym		
Dec 9, 2022	Fri	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 10, 2022	Sat	Regular Season	@ Waterville	1:00 PM		HS Gym	Departure Date: Dec 10, 2022 Departure Time: 11:30 AM	L
Dec 11, 2022	Sun	Practice	N/A	6:00 PM	8:00 PM	VVS Volleyball Gym		
Dec 12, 2022	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 13, 2022	Tue	Regular Season	Holland Patent	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		L
Dec 14, 2022	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 15, 2022	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Volleyball Gym		
Dec 16, 2022	Fri	Regular Season	Notre Dame, Utica	5:30 PM		VVS Main Gym (The Pit)		L
Dec 18, 2022	Sun	Practice	N/A	2:00 PM	4:00 PM	VVS Main Gym (The Pit)		
Dec 19, 2022	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2022	Tue	Regular Season	@ Central Valley Academy	5:30 PM		CVA Main Gym	Departure Date: Dec 20, 2022 Departure Time: 3:45 PM	L
Dec 21, 2022	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Volleyball Gym		
Dec 23, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Dec 26, 2022	Mon	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Dec 27, 2022	Tue	Practice	N/A	5:30 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 28, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	VVS Volleyball Gym		
Dec 29, 2022	Thu	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Dec 30, 2022	Fri	Practice	N/A	5:30 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 2, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Jan 3, 2023	Tue	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 4, 2023	Wed	Practice	N/A	7:30 PM	9:00 PM	VVS Volleyball Gym		
Jan 5, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 6, 2023	Fri	Regular Season	@ Utica Proctor	5:30 PM	7:00 PM	PHS Main Gym	Departure Date: Jan 6, 2023 Departure Time: 4:15 PM	L
Jan 7, 2023	Sat	Regular Season	@ Clinton	5:30 PM		Hamilton College	Departure Date: Jan 7, 2023 Departure Time: 3:30 PM	NL
Jan 9, 2023	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 10, 2023	Tue	Regular Season	@ Camden	5:00 PM		Camden High School Main Gym	Departure Date: Jan 10, 2023 Departure Time: 3:30 PM	L
Jan 11, 2023	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 12, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 13, 2023	Fri	Regular Season	Whitesboro	5:30 PM		VVS Main Gym (The Pit)		L
Jan 14, 2023	Sat	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
Jan 16, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Jan 17, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 18, 2023	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 19, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Volleyball Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 20, 2023	Fri	Regular Season	@ Oneida	5:00 PM		Fariel Gym	Departure Date: Jan 20, 2023 Departure Time: 4:15 PM	L
Jan 21, 2023	Sat	Regular Season	@ Holland Patent	10:00 AM		HS Gym	Departure Date: Jan 21, 2023 Departure Time: 8:30 AM	L
Jan 23, 2023	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 25, 2023	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Volleyball Gym		
Jan 26, 2023	Thu	Practice	N/A	5:30 PM	7:00 PM	VVS Volleyball Gym		
Jan 27, 2023	Fri	Regular Season	@ New Hartford	5:30 PM		HS Gym	Departure Date: Jan 27, 2023 Departure Time: 4:30 PM	L
Jan 29, 2023	Sun	Practice	N/A	2:00 PM	4:00 PM	VVS Main Gym (The Pit)		
Jan 30, 2023	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 31, 2023	Tue	Regular Season	@ Notre Dame, Utica	5:30 PM		Michael Walsh Gymnasium	Departure Date: Jan 31, 2023 Departure Time: 4:30 PM	L
Feb 1, 2023	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Volleyball Gym		
Feb 2, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Volleyball Gym		
Feb 3, 2023	Fri	Regular Season	Rome Free Academy	5:30 PM		VVS Main Gym (The Pit)		L
Feb 5, 2023	Sun	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Feb 6, 2023	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Volleyball Gym		
Feb 7, 2023	Tue	Regular Season	Central Valley Academy	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		L
Feb 8, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	VVS Volleyball Gym		
Feb 9, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Feb 10, 2023	Fri	Regular Season	Camden	5:30 PM		VVS Main Gym (The Pit)		L
Feb 12, 2023	Sun	Practice	N/A	2:00 PM	4:00 PM	VVS Main Gym (The Pit)		
Feb 13, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	VVS Volleyball Gym		
Feb 14, 2023	Tue	Regular Season	Oneida	5:30 PM		VVS Main Gym (The Pit)		L

Date: 2022-12-07