



# Vernon-Verona-Sherrill

## (B) JV Basketball

### Coaches:

- Brett Knapp
- Stef Vanduluitgaarden

| DATE                   | WEEK DAY | TYPE           | OPPONENTS    | START TIME | END TIME | LOCATION               | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|--------------|------------|----------|------------------------|----------------|---------------------|
| CANCELLED Aug 24, 2022 | Wed      | Practice       | N/A          | 6:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| CANCELLED Aug 29, 2022 | Mon      | Practice       | N/A          | 6:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Sep 12, 2022           | Mon      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Sep 14, 2022           | Wed      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Sep 19, 2022           | Mon      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Sep 26, 2022           | Mon      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Oct 3, 2022            | Mon      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Oct 6, 2022            | Thu      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Oct 13, 2022           | Thu      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Oct 19, 2022           | Wed      | Practice (OTA) | N/A          | 7:30 PM    | 8:45 PM  | VVS Main Gym (The Pit) |                |                     |
| Oct 20, 2022           | Thu      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS Main Gym (The Pit) |                |                     |
| Oct 24, 2022           | Mon      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS Main Gym (The Pit) |                |                     |
| Oct 27, 2022           | Thu      | Practice (OTA) | N/A          | 6:30 PM    | 8:00 PM  | VVS Main Gym (The Pit) |                |                     |
| Nov 2, 2022            | Wed      | Practice (OTA) | N/A          | 6:30 PM    |          | VVS Main Gym (The Pit) |                |                     |
| Nov 3, 2022            | Thu      | Practice (OTA) | N/A          | 6:30 PM    |          | VVS Main Gym (The Pit) |                |                     |
| Nov 7, 2022            | Mon      | Practice (OTA) | N/A          | 6:30 PM    | 8:30 PM  | VVS Main Gym (The Pit) |                |                     |
| Nov 10, 2022           | Thu      | Practice (OTA) | N/A          | 6:30 PM    | 8:30 PM  | VVS Main Gym (The Pit) |                |                     |
| Nov 16, 2022           | Wed      | Practice       | N/A          | 5:30 PM    | 7:00 PM  | VVS Main Gym (The Pit) |                |                     |
| Nov 16, 2022           | Wed      | Practice       | N/A          | 7:00 PM    | 7:30 PM  | VVS Volleyball Gym     |                |                     |
| Nov 17, 2022           | Thu      | Practice       | N/A          | 5:30 PM    | 7:00 PM  | VVS Main Gym (The Pit) |                |                     |
| Nov 17, 2022           | Thu      | Practice       | N/A          | 7:00 PM    | 7:30 PM  | VVS Volleyball Gym     |                |                     |
| Nov 18, 2022           | Fri      | Practice       | N/A          | 5:30 PM    | 7:00 PM  | VVS Main Gym (The Pit) |                |                     |
| Nov 18, 2022           | Fri      | Practice       | N/A          | 7:00 PM    | 7:30 PM  | VVS Volleyball Gym     |                |                     |
| Nov 20, 2022           | Sun      | Practice       | N/A          | 2:00 PM    | 4:00 PM  | VVS Main Gym (The Pit) |                |                     |
| Nov 21, 2022           | Mon      | Scrimmage      | Westmoreland | 6:00 PM    | 7:00 PM  | VVS Main Gym (The Pit) |                | L                   |

| DATE                   | WEEK DAY | TYPE   | OPPONENTS                           | START TIME | END TIME | LOCATION               | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|------------------------|----------|--|-------------------------------------|------------|----------|------------------------|--|---------------------|
| Nov 22, 2022           | Tue      | Practice   | N/A                                 | 6:30 PM    | 8:30 PM  | VVS Volleyball Gym     |  |                     |
| Nov 23, 2022           | Wed      | Scrimmage (Scrimmage)                              | Stockbridge Valley                  | 11:00 AM   | 1:00 PM  | VVS Volleyball Gym     |  | NL                  |
| Nov 25, 2022           | Fri      | Regular Season (Tournament - JV plays West Canada) | @ Richfield Springs (Richfield/ODY) | 2:00 PM    | 7:00 PM  | Richfield Springs CSD  | Departure Time: 12:00 PM                                 | NL                  |
| Nov 26, 2022           | Sat      | Regular Season                                     | @ Richfield Springs (Richfield/ODY) | TBD        | 7:00 PM  | Richfield Springs CSD  |  | L                   |
| Nov 28, 2022           | Mon      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Nov 29, 2022           | Tue      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Nov 30, 2022           | Wed      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Dec 1, 2022            | Thu      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Dec 2, 2022            | Fri      | Regular Season                                     | Cazenovia                           | 7:30 PM    | 9:00 PM  | Lower gym              | Departure Date: Dec 2, 2022<br>Departure Time: 4:00 PM   | NL                  |
| Dec 2, 2022            | Fri      | Regular Season                                     | @ Sherburne-Earlville               | TBD        |          | Upper Gym              |  | L                   |
| Dec 3, 2022            | Sat      | Regular Season                                     | @ Sherburne-Earlville               | TBD        |          | Upper Gym              |  | NL                  |
| Dec 5, 2022            | Mon      | Practice   | N/A                                 | 6:30 PM    | 8:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Dec 6, 2022            | Tue      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Dec 8, 2022            | Thu      | Practice   | N/A                                 | 6:30 PM    | 8:30 PM  | VVS Volleyball Gym     |  |                     |
| Dec 9, 2022            | Fri      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Dec 10, 2022           | Sat      | Regular Season                                     | @ Waterville                        | 1:00 PM    |          | HS Gym                 | Departure Date: Dec 10, 2022<br>Departure Time: 11:30 AM | L                   |
| CANCELLED Dec 11, 2022 | Sun      | Practice   | N/A                                 | 6:00 PM    | 8:00 PM  | VVS Volleyball Gym     |  |                     |
| Dec 12, 2022           | Mon      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Dec 13, 2022           | Tue      | Regular Season 35-30 W                             | Holland Patent                      | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  | L                   |
| Dec 14, 2022           | Wed      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Dec 15, 2022           | Thu      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Volleyball Gym     |  |                     |
| Dec 16, 2022           | Fri      | Practice   | N/A                                 | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit) |  |                     |
| Dec 17, 2022           | Sat      | Practice   | N/A                                 | 11:30 AM   | 1:00 PM  | VVS Main Gym (The Pit) |  |                     |
| Dec 18, 2022           | Sun      | Practice   | N/A                                 | 2:00 PM    | 4:00 PM  | VVS Main Gym (The Pit) |  |                     |

| DATE                  | WEEK DAY | TYPE           | OPPONENTS                | START TIME | END TIME | LOCATION                    | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|-----------------------|----------|----------------|--------------------------|------------|----------|-----------------------------|---|---------------------|
| Dec 19, 2022          | Mon      | Practice       | N/A                      | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |
| Dec 20, 2022          | Tue      | Regular Season | @ Central Valley Academy | 5:30 PM    |          | CVA Main Gym                | <b>Departure Date:</b><br>Dec 20, 2022<br><b>Departure Time:</b><br>3:45 PM | L                   |
| Dec 21, 2022          | Wed      | Practice       | N/A                      | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |
| Dec 23, 2022          | Fri      | Practice       | N/A                      | 6:00 PM    | 8:00 PM  | VVS Main Gym (The Pit)      |   |                     |
| Dec 26, 2022          | Mon      | Practice       | N/A                      | 6:00 PM    | 8:00 PM  | VVS Main Gym (The Pit)      |   |                     |
| Dec 27, 2022          | Tue      | Practice       | N/A                      | 5:30 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |
| Dec 28, 2022          | Wed      | Practice       | N/A                      | 6:00 PM    | 8:00 PM  | VVS Volleyball Gym          |   |                     |
| Dec 29, 2022          | Thu      | Practice       | N/A                      | 6:00 PM    | 8:00 PM  | VVS Main Gym (The Pit)      |   |                     |
| Dec 30, 2022          | Fri      | Practice       | N/A                      | 5:30 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 2, 2023           | Mon      | Practice       | N/A                      | 6:00 PM    | 8:00 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 3, 2023           | Tue      | Practice       | N/A                      | 7:30 PM    | 9:00 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 4, 2023           | Wed      | Practice       | N/A                      | 7:30 PM    | 9:00 PM  | VVS Volleyball Gym          |   |                     |
| Jan 5, 2023           | Thu      | Practice       | N/A                      | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 6, 2023           | Fri      | Regular Season | @ Utica Proctor          | 5:30 PM    | 7:00 PM  | PHS Main Gym                | <b>Departure Date:</b><br>Jan 6, 2023<br><b>Departure Time:</b><br>4:15 PM  | L                   |
| CANCELLED Jan 7, 2023 | Sat      | Regular Season | @ Clinton                | 5:30 PM    |          | Hamilton College            | <b>Departure Date:</b><br>Jan 7, 2023<br><b>Departure Time:</b><br>3:30 PM  | NL                  |
| Jan 9, 2023           | Mon      | Practice       | N/A                      | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 10, 2023          | Tue      | Regular Season | @ Camden                 | 5:00 PM    |          | Camden High School Main Gym | <b>Departure Date:</b><br>Jan 10, 2023<br><b>Departure Time:</b><br>3:30 PM | L                   |
| Jan 11, 2023          | Wed      | Practice       | N/A                      | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 12, 2023          | Thu      | Practice       | N/A                      | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 13, 2023          | Fri      | Regular Season | Whitesboro               | 5:30 PM    |          | VVS Main Gym (The Pit)      |   | L                   |
| Jan 14, 2023          | Sat      | Practice       | N/A                      | 12:00 PM   | 2:00 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 16, 2023          | Mon      | Practice       | N/A                      | 6:00 PM    | 8:00 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 17, 2023          | Tue      | Practice       | N/A                      | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |
| Jan 18, 2023          | Wed      | Practice       | N/A                      | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)      |   |                     |

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| Jan 19, 2023           | Thu      | Practice       | N/A                    | 6:00 PM    | 7:30 PM  | VVS Volleyball Gym      |   |                     |
| Jan 20, 2023           | Fri      | Regular Season | @ Oneida               | 5:00 PM    |          | Fariel Gym              | Departure Date: Jan 20, 2023<br>Departure Time: 4:15 PM | L                   |
| Jan 21, 2023           | Sat      | Regular Season | @ Holland Patent       | 10:00 AM   |          | HS Gym                  | Departure Date: Jan 21, 2023<br>Departure Time: 8:30 AM | L                   |
| Jan 22, 2023           | Sun      | Practice       | N/A                    | 6:00 PM    | 8:00 PM  | VVS MS Gym              |   |                     |
| Jan 23, 2023           | Mon      | Practice       | N/A                    | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)  |   |                     |
| Jan 24, 2023           | Tue      | Practice       | N/A                    | 7:30 PM    | 9:00 PM  | VVS Main Gym (The Pit)  |   |                     |
| CANCELLED Jan 25, 2023 | Wed      | Practice       | N/A                    | 6:00 PM    | 7:30 PM  | VVS Volleyball Gym      |   |                     |
| Jan 26, 2023           | Thu      | Practice       | N/A                    | 6:00 PM    | 7:30 PM  | VVS Volleyball Gym      |   |                     |
| Jan 28, 2023           | Sat      | Practice       | N/A                    | 2:00 PM    | 4:00 PM  | VVS Main Gym (The Pit)  |   |                     |
| Jan 29, 2023           | Sun      | Regular Season | Notre Dame, Utica      | 2:00 PM    | 4:00 PM  | VVS Main Gym (The Pit)  |   | L                   |
| Jan 29, 2023           | Sun      | Practice       | N/A                    | 2:00 PM    | 4:00 PM  | VVS Main Gym (The Pit)  |   |                     |
| Jan 30, 2023           | Mon      | Practice       | N/A                    | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)  |   |                     |
| Jan 31, 2023           | Tue      | Regular Season | @ Notre Dame, Utica    | 5:30 PM    |          | Michael Walsh Gymnasium | Departure Date: Jan 31, 2023<br>Departure Time: 4:30 PM | L                   |
| CANCELLED Feb 1, 2023  | Wed      | Practice       | N/A                    | 6:00 PM    | 7:30 PM  | VVS Volleyball Gym      |   |                     |
| Feb 2, 2023            | Thu      | Practice       | N/A                    | 6:00 PM    | 7:30 PM  | VVS Volleyball Gym      |   |                     |
| Feb 4, 2023            | Sat      | Practice       | N/A                    | 2:00 PM    | 4:00 PM  | VVS Main Gym (The Pit)  |   |                     |
| Feb 5, 2023            | Sun      | Regular Season | Rome Free Academy      | 2:00 PM    |          | VVS Main Gym (The Pit)  |   | L                   |
| Feb 5, 2023            | Sun      | Practice       | N/A                    | 2:00 PM    | 4:00 PM  | VVS Main Gym (The Pit)  |   |                     |
| Feb 6, 2023            | Mon      | Practice       | N/A                    | 6:00 PM    | 7:30 PM  | VVS Volleyball Gym      |   |                     |
| Feb 7, 2023            | Tue      | Regular Season | Central Valley Academy | 6:00 PM    | 7:30 PM  | VVS Main Gym (The Pit)  |   | L                   |
| Feb 8, 2023            | Wed      | Practice       | N/A                    | 6:00 PM    | 8:00 PM  | VVS Volleyball Gym      |   |                     |
| Feb 8, 2023            | Wed      | Regular Season | @ New Hartford         | 7:15 PM    |          | New Hartford HS Gym     | Departure Date: Feb 8, 2023<br>Departure Time: 6:15 PM  | L                   |
| CANCELLED Feb 9, 2023  | Thu      | Practice       | N/A                    | 6:00 PM    | 8:00 PM  | VVS Main Gym (The Pit)  |   |                     |

| DATE                   | WEEK DAY | TYPE           | OPPONENTS          | START TIME | END TIME | LOCATION               | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|--------------------|------------|----------|------------------------|----------------|---------------------|
| Feb 10, 2023           | Fri      | Regular Season | Camden             | 5:30 PM    |          | VVS Main Gym (The Pit) |                | L                   |
| Feb 11, 2023           | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS Main Gym (The Pit) |                |                     |
| CANCELLED Feb 12, 2023 | Sun      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS Main Gym (The Pit) |                |                     |
| Feb 13, 2023           | Mon      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS Volleyball Gym     |                |                     |
| Feb 14, 2023           | Tue      | Regular Season | Oneida             | 5:30 PM    |          | VVS Main Gym (The Pit) |                | L                   |
| Feb 15, 2023           | Wed      | Regular Season | Stockbridge Valley | 6:00 PM    |          | VVS Main Gym (The Pit) |                | L                   |
| Feb 28, 2023           | Tue      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Mar 5, 2023            | Sun      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Mar 6, 2023            | Mon      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Mar 7, 2023            | Tue      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Mar 9, 2023            | Thu      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Mar 12, 2023           | Sun      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Mar 18, 2023           | Sat      | Practice (OTA) | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Mar 19, 2023           | Sun      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Mar 25, 2023           | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Mar 27, 2023           | Mon      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Apr 1, 2023            | Sat      | Practice       | N/A                | 4:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Apr 2, 2023            | Sun      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Apr 15, 2023           | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Apr 16, 2023           | Sun      | Practice       | N/A                | 4:30 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Apr 29, 2023           | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| May 6, 2023            | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| May 13, 2023           | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| May 20, 2023           | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| May 27, 2023           | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Jun 10, 2023           | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Jun 17, 2023           | Sat      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Jun 21, 2023           | Wed      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |
| Jun 28, 2023           | Wed      | Practice       | N/A                | 6:00 PM    | 8:00 PM  | VVS MS Gym             |                |                     |

Date: 2025-12-20