

Coaches:

• Justin VanDuluigaarden, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2019	Mon	Practice (Boys Varsity/JV Tryouts)	N/A	3:00 PM	6:00 PM	VVS Main Gym (The Pit)		
Nov 19, 2019	Tue	Practice (Boys Varsity/JV Tryouts)	N/A	3:00 PM	6:00 PM	VVS Main Gym (The Pit)		
Nov 20, 2019	Wed	Practice	N/A	3:00 PM	5:30 PM	VVS Main Gym (The Pit)		
Nov 21, 2019	Thu	Practice (Practice and 5pm Parent Mtg)	N/A	3:00 PM	5:30 PM	VVS Main Gym (The Pit)		
Nov 22, 2019	Fri	Practice	N/A	3:00 PM	5:30 PM	VVS Main Gym (The Pit)		
Nov 23, 2019	Sat	Practice (Practice and Picture Day)	N/A	9:00 AM	11:00 AM	VVS MS Gym		
Nov 25, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	VVS MS Gym		
Nov 26, 2019	Tue	Scrimmage	Canastota	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		NL
Nov 27, 2019	Wed	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
Nov 29, 2019	Fri	Scrimmage	Clinton	12:00 PM	1:30 PM	VVS Main Gym (The Pit)		NL
Nov 30, 2019	Sat	Practice	N/A	10:00 AM	12:00 PM	VVS MS Gym		
Dec 2, 2019	Mon	Practice	N/A	5:00 PM	7:00 PM	VVS Main Gym (The Pit)		
Dec 3, 2019	Tue	Practice	N/A	7:00 PM	9:00 PM	VVS MS Gym		
Dec 4, 2019	Wed	Practice (Joint Practice with Varsity)	N/A	3:00 PM	5:00 PM	VVS Main Gym (The Pit)		
Dec 5, 2019	Thu	Practice	N/A	6:30 PM	8:00 PM	VVS Main Gym (The Pit)		
Dec 7, 2019	Sat	Practice (Optional Shootaround/Walk- through)	N/A	1:30 PM	2:15 PM	VVS Main Gym (The Pit)		
Dec 9, 2019	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Dec 10, 2019	Tue	Regular Season 58-47 W	New Hartford	5:30 PM		VVS Main Gym (The Pit)		L
Dec 11, 2019	Wed	Practice	N/A	4:30 PM	6:00 PM	VVS MS Gym		
Dec 12, 2019	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 13, 2019	Fri	Regular Season 41-46 L	Camden	5:30 PM		VVS Main Gym (The Pit)		L
Dec 14, 2019	Sat	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
Dec 16, 2019	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS MS Gym		
Dec 17, 2019	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS MS Gym		
Dec 18, 2019	Wed	Regular Season 58-39 W	Oneida	5:30 PM		VVS Volleyball Gym		L
Dec 20, 2019	Fri	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		

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Dec 21, 2019	Sat	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
CANCELLED Dec 23, 2019	Mon	Practice	N/A	12:00 PM	2:00 PM	VVS MS Gym		
Dec 23, 2019	Mon	Regular Season (Tournament) 65-27 W	@ Sherburne- Earlville	4:00 PM		Upper Gym	Departure Time: 2:00 PM	NL
Dec 26, 2019	Thu	Practice	N/A	4:30 PM	6:00 PM	VVS MS Gym		
Dec 27, 2019	Fri	Regular Season (Tournament) 47-55 L	Broadalbin- Perth	5:30 PM		VVS Volleyball Gym		NL
Dec 28, 2019	Sat	Regular Season (VVS Tournament) 67-47 W	Waterville	3:00 PM	4:30 PM	VVS Volleyball Gym		L
Dec 29, 2019	Sun	Practice	N/A	12:00 PM	1:30 PM	VVS MS Gym		
Dec 30, 2019	Mon	Regular Season 51-38 W	@ South Jefferson	2:00 PM		Jefferson Community College	Departure Time: 12:00 PM Return Date: Return Time: 6:30 PM	NL
Jan 2, 2020	Thu	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
Jan 3, 2020	Fri	Practice	N/A	12:00 PM	1:30 PM	VVS MS Gym		
Jan 4, 2020	Sat	Regular Season 60-40 W	Chittenango	12:00 PM		VVS Main Gym (The Pit)		NL
Jan 6, 2020	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS MS Gym		
Jan 7, 2020	Tue	Regular Season 29-74 L	Utica Proctor	6:00 PM		VVS Main Gym (The Pit)		L
Jan 8, 2020	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 9, 2020	Thu	Regular Season 55-73 L	Skaneateles	5:30 PM		VVS Main Gym (The Pit)		NL
Jan 10, 2020	Fri	Practice	N/A	4:00 PM	5:30 PM	VVS Main Gym (The Pit)		
Jan 13, 2020	Mon	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Jan 14, 2020	Tue	Regular Season 72-50 W	Central Valley Academy	5:30 PM		VVS Main Gym (The Pit)		L
Jan 15, 2020	Wed	Practice	N/A	4:30 PM	6:00 PM	VVS MS Gym		
Jan 16, 2020	Thu	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Jan 17, 2020	Fri	Regular Season 49-50 L	@ Whitesboro	5:30 PM		Whitesboro High School Gym	Departure Time: 4:15 PM Return Date: Return Time: 9:00 PM	L
Jan 20, 2020	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Jan 21, 2020	Tue	Practice	N/A	6:30 PM	8:00 PM	VVS MS Gym		
Jan 22, 2020	Wed	Practice	N/A	4:00 PM	5:15 PM	VVS MS Gym		
Jan 23, 2020	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS MS Gym		

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Jan 24, 2020	Fri	Regular Season 47-56 L	@ Camden	5:00 PM		Camden High School Main Gym	Departure Time: 3:45 PM Return Date: Return Time: 8:45 PM	L
Jan 27, 2020	Mon	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Jan 28, 2020	Tue	Regular Season 32-50 L	@ Oneida	6:30 PM		57 Gym	Departure Time: 4:15 PM Return Date: Return Time: 8:30 PM	L
Jan 29, 2020	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Main Gym (The Pit)		
Jan 30, 2020	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS MS Gym		
Jan 31, 2020	Fri	Regular Season 36-79 L	@ Rome Free Academy	5:30 PM		RFA Main Gym	Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	L
Feb 1, 2020	Sat	Practice	N/A	10:30 AM	12:00 PM	VVS Main Gym (The Pit)		
Feb 3, 2020	Mon	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Feb 4, 2020	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS MS Gym		
Feb 5, 2020	Wed	Practice	N/A	4:30 PM	6:00 PM	VVS MS Gym		
Feb 6, 2020	Thu	Practice	N/A	5:45 PM	7:00 PM	VVS Main Gym (The Pit)		
Feb 8, 2020	Sat	Regular Season 69-37 W	Carthage	3:00 PM		VVS Main Gym (The Pit)		NL
Feb 10, 2020	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Feb 11, 2020	Tue	Regular Season 51-45 W	Notre Dame, Utica	5:30 PM		VVS Main Gym (The Pit)		L
Feb 12, 2020	Wed	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Feb 13, 2020	Thu	Regular Season 57-76 L	@ Central Valley Academy	5:30 PM		CVA Main Gym	Departure Time: 4:00 PM Return Date: Return Time: 10:00 PM	L
Feb 14, 2020	Fri	Regular Season 50-21 W	@ Carthage	5:30 PM		Carthage HS Gym	Departure Time: 3:00 PM Return Date: Return Time: 10:00 PM	NL

Date: 2024-05-07