

Coaches:

• Stef Vanduluitgaarden

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jul 7, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Main Gym (The Pit)		
CANCELLED Jul 7, 2024	Sun	Practice	N/A	5:00 PM	7:00 PM	VVS MS Gym		
Jul 14, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Main Gym (The Pit)		
Jul 14, 2024	Sun	Practice	N/A	5:00 PM	7:00 PM	VVS MS Gym		
Jul 21, 2024	Sun	Practice	N/A	5:00 PM	7:00 PM	VVS MS Gym		
Jul 21, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Main Gym (The Pit)		
Jul 23, 2024	Tue	Practice	N/A	5:00 PM	6:30 PM	VVS MS Gym		
Jul 28, 2024	Sun	Practice	N/A	5:00 PM	7:00 PM	VVS MS Gym		
Jul 30, 2024	Tue	Practice	N/A	5:00 PM	6:30 PM	VVS MS Gym		
Aug 1, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS MS Gym		
Aug 4, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS MS Gym		
Aug 10, 2024	Sat	Practice	N/A	10:00 AM		VVS MS Gym		
Aug 11, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS MS Gym		
Aug 13, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Aug 15, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Aug 18, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS MS Gym		
Aug 20, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Aug 22, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Aug 24, 2024	Sat	Practice	N/A	10:00 AM	11:30 AM	VVS MS Gym		
Aug 25, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS MS Gym		
Aug 27, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Aug 29, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Sep 1, 2024	Sun	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Sep 3, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Sep 5, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Sep 8, 2024	Sun	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Sep 10, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Sep 12, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Sep 15, 2024	Sun	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Sep 17, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Sep 19, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Sep 22, 2024	Sun	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Sep 24, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Sep 26, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Sep 29, 2024	Sun	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 1, 2024	Tue	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 3, 2024	Thu	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 6, 2024	Sun	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 8, 2024	Tue	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 10, 2024	Thu	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 13, 2024	Sun	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 15, 2024	Tue	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 17, 2024	Thu	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 20, 2024	Sun	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 21, 2024	Mon	Practice	N/A	5:30 PM	7:30 PM	VVS Volleyball Gym	
Oct 22, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	VVS Volleyball Gym	
Oct 22, 2024	Tue	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 24, 2024	Thu	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 24, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Volleyball Gym	
Oct 27, 2024	Sun	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 29, 2024	Tue	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Oct 31, 2024	Thu	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Nov 3, 2024	Sun	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	
Nov 5, 2024	Tue	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 7, 2024	Thu	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Nov 10, 2024	Sun	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Nov 12, 2024	Tue	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Nov 14, 2024	Thu	Practice	N/A	5:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Nov 18, 2024	Mon	Practice	N/A	6:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 19, 2024	Tue	Practice	N/A	6:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 20, 2024	Wed	Practice	N/A	6:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 21, 2024	Thu	Practice	N/A	6:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 22, 2024	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 24, 2024	Sun	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 25, 2024	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 26, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 27, 2024	Wed	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Nov 29, 2024	Fri	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
Nov 30, 2024	Sat	Practice	N/A	10:00 AM	11:00 AM	VVS MS Gym		
Nov 30, 2024	Sat	Scrimmage	Chittenango, Lowville	11:00 AM		VVS MS Gym		NL
Dec 1, 2024	Sun	Practice	N/A	7:00 PM	PM	VVS Main Gym (The Pit)		
Dec 2, 2024	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 3, 2024	Tue	Regular Season	Mexico	7:00 PM		VVS Main Gym (The Pit)		NL
Dec 5, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 6, 2024	Fri	Regular Season	@ Cazenovia	6:00 PM	7:30 PM	Court	Departure Time: 4:00 PM	NL
Dec 7, 2024	Sat	Practice (Walk Through)	N/A	11:00 AM	12:30 PM	VVS Main Gym (The Pit)		
Dec 7, 2024	Sat	Regular Season (Consolation Game Sherburne-Earlville Tournament) 56-29 W	@ Unadilla Valley	TBD		TBD		NL
Dec 8, 2024	Sun	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 8, 2024	Sun	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 9, 2024	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 9, 2024	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 10, 2024	Tue	Regular Season	Central Valley Academy	7:00 PM		VVS Main Gym (The Pit)		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 12, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 13, 2024	Fri	Practice	N/A	5:00 PM	6:30 PM	VVS Main Gym (The Pit)		
Dec 15, 2024	Sun	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 16, 2024	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 17, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 18, 2024	Wed	Regular Season	@ Utica Proctor	7:00 PM	8:30 PM	PHS Main Gym	Departure Time: 4:15 PM	L
Dec 19, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 20, 2024	Fri	Regular Season	Camden	7:00 PM		VVS Main Gym (The Pit)		L
Dec 22, 2024	Sun	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 23, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	VVS Main Gym (The Pit)		
Dec 26, 2024	Thu	Practice	N/A	11:00 AM	1:00 PM	VVS Main Gym (The Pit)		
Dec 27, 2024	Fri	Regular Season (Downtown Classic)	@ Carthage	12:45 PM		Nexus Center - Utica, NY	Departure Date: Dec 27, 2024 Departure Time: 11:15 AM	NL
Dec 28, 2024	Sat	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 29, 2024	Sun	Practice	N/A	10:00 AM	11:30 AM	VVS Main Gym (The Pit)		
Dec 29, 2024	Sun	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 30, 2024	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 2, 2025	Thu	Practice	N/A	5:00 PM	6:30 PM	VVS Main Gym (The Pit)		
Jan 2, 2025	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 3, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	VVS Main Gym (The Pit)		
Jan 3, 2025	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
CANCELLED Jan 4, 2025	Sat	Practice	N/A	1:00 PM	3:00 PM	VVS Main Gym (The Pit)		
Jan 5, 2025	Sun	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Jan 6, 2025	Mon	Practice	N/A	6:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 7, 2025	Tue	Regular Season	Holland Patent	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		L
Jan 8, 2025	Wed	Practice	N/A	5:00 PM	7:00 PM	VVS Main Gym (The Pit)		
Jan 9, 2025	Thu	Regular Season	@ Mexico	6:30 PM		Mexico HS- Gymnasium	Departure Time: 3:15 PM	NL
Jan 10, 2025	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Jan 11, 2025	Sat	Regular Season	Cortland	2:45 PM		VVS Main Gym (The Pit)		NL

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Jan 13, 2025	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 14, 2025	Tue	Regular Season	@ Central Valley Academy	7:00 PM	9:00 PM	CVA Main Gym	Departure Time: 4:00 PM	L
Jan 15, 2025	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 16, 2025	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 17, 2025	Fri	Regular Season 52-43 W	Whitesboro	7:00 PM		VVS Main Gym (The Pit)		L
CANCELLED Jan 19, 2025	Sun	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 20, 2025	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 21, 2025	Tue	Regular Season	@ Oneida	6:30 PM		Fariel Gym	Departure Time: 4:15 PM	NL
CANCELLED Jan 21, 2025	Tue	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 22, 2025	Wed	Practice	N/A	5:00 PM	7:00 PM	VVS Volleyball Gym		
Jan 23, 2025	Thu	Regular Season	Holland Patent	7:00 PM		VVS Main Gym (The Pit)		NL
CANCELLED Jan 23, 2025	Thu	Regular Season	Notre Dame, Utica	7:00 PM		VVS Main Gym (The Pit)		L
Jan 24, 2025	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Jan 25, 2025	Sat	Regular Season	@ South Jefferson	3:30 PM		SJ HS/MS Gym 1 (MS)	Departure Time: 11:00 AM	NL
Jan 27, 2025	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 28, 2025	Tue	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 29, 2025	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 30, 2025	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 31, 2025	Fri	Regular Season	@ Camden	6:30 PM	9:00 PM	Camden High School Main Gym	Departure Time: 3:30 PM	L
Feb 2, 2025	Sun	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Feb 3, 2025	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Feb 4, 2025	Tue	Regular Season	@ Holland Patent	7:00 PM	9:00 PM	HS Gym	Departure Time: 3:45 PM	L
Feb 5, 2025	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Feb 6, 2025	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Feb 7, 2025	Fri	Regular Season	Oneida	7:00 PM		VVS Main Gym (The Pit)		L
Feb 9, 2025	Sun	Practice	N/A	1:00 PM	3:00 PM	VVS Main Gym (The Pit)		
Feb 10, 2025	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Feb 11, 2025	Tue	Regular Season	@ New Hartford	7:00 PM		New Hartford HS Gym	Departure Time: 4:30 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 12, 2025	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Feb 13, 2025	Thu	Practice	N/A	5:00 PM	6:30 PM	VVS Volleyball Gym		
Feb 16, 2025	Sun	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
POSTPONED Feb 17, 2025	Mon	Regular Season	Rome Free Academy	5:30 PM		VVS Main Gym (The Pit)		L
CANCELLED Feb 17, 2025	Mon	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
POSTPONED Feb 18, 2025	Tue	Practice	N/A	2:30 PM	4:00 PM	VVS Main Gym (The Pit)		
CANCELLED Feb 18, 2025	Tue	Regular Season	@ Notre Dame, Utica	7:00 PM		Michael Walsh Gymnasium		L
Feb 19, 2025	Wed	Practice	N/A	4:00 PM	6:00 PM	VVS Main Gym (The Pit)		
Feb 20, 2025	Thu	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Feb 21, 2025	Fri	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Feb 21, 2025	Fri	Post-Season	@ Jamesville- Dewitt (RED RAMS)	6:30 PM		JD HS Main Gym	Departure Date: Feb 21, 2025 Departure Time: 4:30 PM	L
Feb 24, 2025	Mon	Practice	N/A	6:00 PM	7:00 PM	VVS Main Gym (The Pit)		
Mar 2, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Mar 3, 2025	Mon	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 5, 2025	Wed	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 7, 2025	Fri	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 9, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Mar 10, 2025	Mon	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 11, 2025	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Mar 12, 2025	Wed	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 13, 2025	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Mar 14, 2025	Fri	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 16, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Mar 17, 2025	Mon	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 19, 2025	Wed	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 21, 2025	Fri	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 23, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION /	EAGUE NON- EAGUE
Mar 24, 2025	Mon	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 26, 2025	Wed	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 28, 2025	Fri	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Mar 30, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Apr 2, 2025	Wed	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 4, 2025	Fri	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 6, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Apr 7, 2025	Mon	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 9, 2025	Wed	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 11, 2025	Fri	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 13, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Apr 14, 2025	Mon	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 16, 2025	Wed	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 18, 2025	Fri	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 20, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Apr 21, 2025	Mon	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 23, 2025	Wed	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 25, 2025	Fri	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 27, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Apr 28, 2025	Mon	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
Apr 30, 2025	Wed	Practice	N/A	5:30 PM	6:30 PM	Middle School Weight Room		
May 4, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
May 11, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
May 18, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
May 25, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Jun 1, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Jun 8, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Jun 11, 2025	Wed	Practice	N/A	6:30 PM	7:30 PM	VVS MS Gym		
Jun 15, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		

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Jun 18, 2025	Wed	Practice	N/A	6:30 PM	7:30 PM	VVS MS Gym		
Jun 22, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
Jun 23, 2025	Mon	Practice (Walk Through)	N/A	5:00 PM	6:00 PM	VVS MS Gym		
Jun 25, 2025	Wed	Practice	N/A	6:30 PM	7:30 PM	VVS MS Gym		
Jun 29, 2025	Sun	Practice	N/A	4:00 PM	7:00 PM	VVS MS Gym		
TBD		Practice	N/A	6:00 PM	7:30 PM	VVS MS Gym		

Date: 2025-12-05