

Coaches:

• Stef Vanduluitgaarden

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
Nov 20, 2023	Mon	Scrimmage	Baldwinsville @ Bishop Grimes	6:00 PM	8:00 PM	Bishop Grimes Main Gym	Departure Time: 4:30 PM	L
CANCELLED Nov 20, 2023	Mon	Scrimmage (Scrimmage at Bishop Grimes (Baldwinsville Also))	@ TBD	6:00 PM	9:00 PM	TBD		NL
Nov 21, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	VVS Main Gym (The Pit)		
Nov 22, 2023	Wed	Scrimmage (VVS Scrimmage Varsity Only)	@ Waterville	6:00 PM	8:00 PM	HS Gym	Departure Time: 4:30 PM	L
Nov 24, 2023	Fri	Scrimmage	Stockbridge Valley	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		NL
CANCELLED Nov 25, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Nov 25, 2023	Sat	Practice	N/A	9:30 AM	11:00 AM	VVS MS Gym		
Nov 27, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 28, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	VVS Main Gym (The Pit)		
Nov 29, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 30, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 1, 2023	Fri	Regular Season 41-68 L	@ Cazenovia	6:00 PM		Upper Gym	Departure Time: 4:30 PM	NL
Dec 2, 2023	Sat	Regular Season (Consolation Game) 55-42 W	@ Unadilla Valley	5:15 PM		Upper Gym	Departure Time: 1:45 PM	NL
Dec 4, 2023	Mon	Practice	N/A	7:00 PM		VVS Main Gym (The Pit)		
Dec 5, 2023	Tue	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Dec 6, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 7, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	VVS Main Gym (The Pit)		
Dec 8, 2023	Fri	Regular Season 53-59 L	@ Oneida	6:30 PM		Fariel Gym	Departure Date: Dec 8, 2023 Departure Time: 4:00 PM	L
Dec 10, 2023	Sun	Practice	N/A	12:30 PM	2:00 PM	VVS Main Gym (The Pit)		
Dec 11, 2023	Mon	Practice	N/A	4:00 PM	4:45 PM	VVS Main Gym (The Pit)		
Dec 11, 2023	Mon	Practice	N/A	4:45 PM	5:30 PM	VVS Volleyball Gym		
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Dec 13, 2023	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		

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Dec 14, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 15, 2023	Fri	Regular Season 57-83 L	@ Holland Patent	7:00 PM		HS Gym	Departure Date: Dec 15, 2023 Departure Time: 4:30 PM	L
Dec 17, 2023	Sun	Practice	N/A	12:00 PM	1:30 PM	VVS Main Gym (The Pit)		
Dec 18, 2023	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Dec 19, 2023	Tue	Regular Season 66-47 W	@ Notre Dame, Utica	7:00 PM		Michael Walsh Gymnasium	Departure Date: Dec 19, 2023 Departure Time: 5:45 PM	L
Dec 20, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Dec 21, 2023	Thu	Practice	N/A	2:30 PM	4:00 PM	VVS Volleyball Gym		
Dec 22, 2023	Fri	Regular Season 51-41 W	@ Cortland	6:45 PM	8:30 PM	Cortland Jr-Sr HS Shafer Gym	Departure Date: Dec 22, 2023 Departure Time: 3:00 PM	NL
Dec 26, 2023	Tue	Practice	N/A	9:30 AM	11:00 AM	VVS Main Gym (The Pit)		
Dec 27, 2023	Wed	Practice	N/A	11:30 AM	1:00 PM	VVS Main Gym (The Pit)		
Dec 28, 2023	Thu	Practice	N/A	4:30 PM	6:00 PM	VVS MS Gym		
Dec 29, 2023	Fri	Regular Season 53-62 L	Schalmont	11:45 AM		Nexus Center - Utica, NY	Departure Date: Dec 29, 2023 Departure Time: 10:30 AM	NL
Dec 30, 2023	Sat	Regular Season (At the Nexus Center in Utica) 42-51 L	Indian River	5:30 PM	7:30 PM	Nexus Center - Utica, NY	Departure Date: Dec 30, 2023 Departure Time: 4:15 PM	NL
Jan 2, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 3, 2024	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
CANCELLED Jan 4, 2024	Thu	Practice	N/A	6:30 PM	8:00 PM	VVS Main Gym (The Pit)		
Jan 5, 2024	Fri	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 6, 2024	Sat	Regular Season 52-43 W	@ Indian River	3:45 PM	5:30 PM	Indian River High School Main Gym	Departure Date: Jan 6, 2024 Departure Time: 11:45 AM	NL
Jan 7, 2024	Sun	Regular Season (Hamilton College Margaret Bundy Scott Field House 198 College Hill Rd Clinton NY 13323) 51-59-51 L	Camden @ TBD	3:00 PM		Hamilton College	Departure Time: 1:30 PM	L
Jan 8, 2024	Mon	Practice	N/A	4:00 PM	5:30 PM	VVS Main Gym (The Pit)		
Jan 10, 2024	Wed	Regular Season 47-67 L	Central Valley Academy	7:30 PM		VVS Main Gym (The Pit)		L
Jan 11, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	VVS Main Gym (The Pit)		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 12, 2024	Fri	Regular Season	Utica Proctor	7:00 PM		VVS Main Gym (The Pit)		L
Jan 15, 2024	Mon	Practice	N/A	2:00 PM	3:30 PM	VVS Main Gym (The Pit)		
Jan 16, 2024	Tue	Practice	N/A	2:30 PM	4:00 PM	VVS Main Gym (The Pit)		
Jan 18, 2024	Thu	Practice	N/A	6:30 PM	8:00 PM	VVS Main Gym (The Pit)		
Jan 19, 2024	Fri	Regular Season 48-50 L	@ Whitesboro	7:00 PM		Whitesboro High School Gym	Departure Date: Jan 19, 2024 Departure Time: 4:30 PM	L
CANCELLED Jan 21, 2024	Sun	Practice	N/A	12:00 PM	1:30 PM	VVS Main Gym (The Pit)		
Jan 22, 2024	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 23, 2024	Tue	Regular Season 42-89 L	Holland Patent	7:30 PM		VVS Main Gym (The Pit)		L
Jan 24, 2024	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 25, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	VVS Main Gym (The Pit)		
Jan 26, 2024	Fri	Regular Season 51-56 L	Oneida	7:00 PM		VVS Main Gym (The Pit)		L
Jan 28, 2024	Sun	Practice	N/A	12:00 PM	1:30 PM	VVS Main Gym (The Pit)		
Jan 29, 2024	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 30, 2024	Tue	Regular Season 29-71 L	@ Central Valley Academy	7:00 PM		CVA Main Gym	Departure Date: Jan 30, 2024 Departure Time: 3:30 PM	L
Jan 31, 2024	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Feb 1, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Feb 2, 2024	Fri	Regular Season 57-46 W	Notre Dame, Utica	7:00 PM		VVS Main Gym (The Pit)		L
Feb 4, 2024	Sun	Practice	N/A	12:00 PM	1:30 PM	VVS Main Gym (The Pit)		
Feb 5, 2024	Mon	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Feb 6, 2024	Tue	Regular Season 62-85 L	New Hartford	7:30 PM		VVS Main Gym (The Pit)		L
Feb 7, 2024	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Feb 8, 2024	Thu	Practice	N/A	5:30 PM	7:00 PM	VVS Main Gym (The Pit)		
Feb 9, 2024	Fri	Regular Season	@ Rome Free Academy	6:30 PM		RFA Main Gym	Departure Date: Feb 9, 2024 Departure Time: 4:00 PM	L
Feb 11, 2024	Sun	Practice	N/A	12:30 PM	2:00 PM	VVS Main Gym (The Pit)		
Feb 12, 2024	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Feb 13, 2024	Tue	Regular Season 62-71 L	@ Camden	6:30 PM		Camden High School Main Gym	Departure Date: Feb 13, 2024 Departure Time: 3:30 PM	L

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DATE	DAY		OI I OILLIII	TIME	TIME	LOGATION	manor om anon	LEAGUE
CANCELLED Feb 14, 2024	Wed	Practice	N/A	2:30 PM	4:00 PM	VVS Main Gym (The Pit)		
Feb 15, 2024	Thu	Practice	N/A	4:30 PM	7:30 PM	VVS Main Gym (The Pit)		
Feb 16, 2024	Fri	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Feb 18, 2024	Sun	Practice	N/A	12:30 PM	2:00 PM	VVS Main Gym (The Pit)		
Feb 19, 2024	Mon	Practice	N/A	10:30 AM	12:00 PM	VVS Main Gym (The Pit)		
Feb 20, 2024	Tue	Post-Season (Section 3 Class A First Round)	@ Chittenango	6:00 PM	7:45 PM	Chittenango HS- Large Gym	Departure Time: 4:15 PM	NL
Jun 13, 2024	Thu	Practice	N/A	6:30 PM	8:00 PM	VVS Main Gym (The Pit)		
Jun 15, 2024	Sat	Practice	N/A	6:00 PM	7:30 PM	VVS MS Gym		
Jun 16, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS MS Gym		
Jun 17, 2024	Mon	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Jun 20, 2024	Thu	Practice	N/A	6:30 PM	8:00 PM	VVS Main Gym (The Pit)		
Jun 23, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Main Gym (The Pit)		
Jun 25, 2024	Tue	Practice	N/A	6:00 PM	8:30 PM	VVS MS Gym		
Jun 30, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Main Gym (The Pit)		

Date: 2025-12-24