



Vernon-Verona-Sherrill

(B) V Basketball

Coaches:

- Andy Cossette

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	5:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Nov 15, 2022	Tue	Practice	N/A	5:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Nov 16, 2022	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 17, 2022	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 18, 2022	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 19, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	TBD		
Nov 20, 2022	Sun	Practice	N/A	12:00 AM	2:00 PM	VVS Main Gym (The Pit)		
Nov 21, 2022	Mon	Scrimmage	Westmoreland	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		NL
Nov 22, 2022	Tue	Practice	N/A	4:30 PM	5:30 PM	VVS Main Gym (The Pit)		
Nov 22, 2022	Tue	Practice	N/A	5:30 PM	6:30 PM	VVS Volleyball Gym		
Nov 23, 2022	Wed	Scrimmage (Scrimmage)	Stockbridge Valley	11:00 AM	1:00 PM	VVS Main Gym (The Pit)		NL
Nov 25, 2022	Fri	Regular Season (Tournament - Varsity plays West Canada) 52-61 L	@ Richfield Springs (Richfield/ODY)	3:45 PM		Richfield Springs CSD	Departure Date: Nov 25, 2022 Departure Time: 12:00 PM	NL
Nov 26, 2022	Sat	Regular Season	@ Richfield Springs (Richfield/ODY)	TBD		Richfield Springs CSD		NL
Nov 28, 2022	Mon	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Nov 29, 2022	Tue	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Nov 30, 2022	Wed	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 1, 2022	Thu	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Dec 2, 2022	Fri	Regular Season	Cazenovia	6:00 PM		Upper Gym	Departure Date: Dec 2, 2022 Departure Time: 4:00 PM	NL
Dec 2, 2022	Fri	Regular Season	@ Sherburne-Earville	TBD		Upper Gym		L
Dec 3, 2022	Sat	Regular Season	@ Sherburne-Earville	TBD		Upper Gym		L
Dec 5, 2022	Mon	Practice	N/A	4:30 PM	6:30 PM	VVS Main Gym (The Pit)		
Dec 6, 2022	Tue	Practice	N/A	4:30 PM	6:00 PM	VVS Volleyball Gym		
Dec 8, 2022	Thu	Practice	N/A	4:30 PM	6:30 PM	VVS Volleyball Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 8, 2022	Thu	Practice	N/A	8:00 PM	9:00 PM	VVS MS Gym		
Dec 9, 2022	Fri	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Dec 10, 2022	Sat	Regular Season	@ Waterville	3:00 PM		HS Gym	Departure Date: Dec 10, 2022 Departure Time: 11:30 AM	L
Dec 11, 2022	Sun	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
Dec 12, 2022	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Dec 13, 2022	Tue	Regular Season	Holland Patent	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		L
Dec 14, 2022	Wed	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 15, 2022	Thu	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 16, 2022	Fri	Regular Season	Notre Dame, Utica	7:00 PM		VVS Main Gym (The Pit)		L
Dec 18, 2022	Sun	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
Dec 19, 2022	Mon	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 20, 2022	Tue	Regular Season	@ Central Valley Academy	7:00 PM		CVA Main Gym	Departure Date: Dec 20, 2022 Departure Time: 3:45 PM	L
Dec 21, 2022	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Dec 22, 2022	Thu	Practice	N/A	2:30 PM	4:00 PM	VVS Main Gym (The Pit)		
Dec 23, 2022	Fri	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
Dec 26, 2022	Mon	Practice	N/A	3:30 AM	5:30 PM	VVS Main Gym (The Pit)		
Dec 27, 2022	Tue	Practice	N/A	3:30 AM	5:30 PM	VVS Main Gym (The Pit)		
Dec 28, 2022	Wed	Practice	N/A	3:30 AM	5:30 PM	VVS Main Gym (The Pit)		
Dec 29, 2022	Thu	Practice	N/A	3:30 AM	5:30 PM	VVS Main Gym (The Pit)		
Dec 30, 2022	Fri	Practice	N/A	3:30 AM	5:30 PM	VVS Main Gym (The Pit)		
Jan 3, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Jan 5, 2023	Thu	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 6, 2023	Fri	Regular Season	@ Utica Proctor	7:00 PM	8:30 PM	PHS Main Gym	Departure Date: Jan 6, 2023 Departure Time: 4:15 PM	L
Jan 7, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
Jan 8, 2023	Sun	Regular Season	Clinton	12:00 PM		Hamilton College Field House	Departure Date: Jan 8, 2023 Departure Time: 10:45 AM	NL
Jan 9, 2023	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 10, 2023	Tue	Regular Season	@ Camden	6:30 PM		Camden High School Main Gym	Departure Date: Jan 10, 2023 Departure Time: 3:30 PM	L
Jan 11, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	VVS Main Gym (The Pit)		
Jan 12, 2023	Thu	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 13, 2023	Fri	Regular Season	Whitesboro	7:00 PM		VVS Main Gym (The Pit)		L
Jan 14, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
Jan 16, 2023	Mon	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
Jan 17, 2023	Tue	Practice	N/A	2:30 PM	4:00 PM	VVS Main Gym (The Pit)		
Jan 18, 2023	Wed	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 19, 2023	Thu	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Jan 19, 2023	Thu	Practice	N/A	7:30 PM	9:00 PM	VVS Volleyball Gym		
Jan 20, 2023	Fri	Regular Season	@ Oneida	6:30 PM		Fariel Gym	Departure Date: Jan 20, 2023 Departure Time: 4:15 PM	L
Jan 21, 2023	Sat	Regular Season	@ Holland Patent	12:00 PM		HS Gym	Departure Date: Jan 21, 2023 Departure Time: 8:30 AM	L
Jan 22, 2023	Sun	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
Jan 23, 2023	Mon	Practice	N/A	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		
Jan 26, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Jan 27, 2023	Fri	Regular Season	@ New Hartford	7:00 PM		HS Gym	Departure Date: Jan 27, 2023 Departure Time: 4:30 PM	L
Jan 29, 2023	Sun	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
Jan 30, 2023	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS Main Gym (The Pit)		
Jan 31, 2023	Tue	Regular Season	@ Notre Dame, Utica	7:00 PM		Michael Walsh Gymnasium	Departure Date: Jan 31, 2023 Departure Time: 4:30 PM	L
Feb 1, 2023	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS Main Gym (The Pit)		
Feb 2, 2023	Thu	Practice	N/A	6:30 PM	8:30 PM	VVS Main Gym (The Pit)		
Feb 3, 2023	Fri	Regular Season	Rome Free Academy	7:00 PM		VVS Main Gym (The Pit)		L
Feb 5, 2023	Sun	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
Feb 6, 2023	Mon	Practice	N/A	6:30 PM	8:30 PM	VVS Main Gym (The Pit)		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 7, 2023	Tue	Regular Season	Central Valley Academy	7:30 PM	9:00 PM	VVS Main Gym (The Pit)		L
Feb 8, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Feb 9, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	VVS Main Gym (The Pit)		
Feb 10, 2023	Fri	Regular Season	Camden	7:00 PM		VVS Main Gym (The Pit)		L
Feb 12, 2023	Sun	Practice	N/A	12:00 PM	2:00 PM	VVS Main Gym (The Pit)		
Feb 13, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	VVS Main Gym (The Pit)		
Feb 14, 2023	Tue	Regular Season	Oneida	7:00 PM		VVS Main Gym (The Pit)		L

Date: 2022-12-08