

## Coaches:

- Randy Thomas
- Chad Hodkinson

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Nov 22, 2023	Wed	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
Nov 24, 2023	Fri	Practice (Practice)	N/A	10:00 AM	12:00 PM	VVS Volleyball Gym		
Nov 25, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS MS Gym		
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Nov 28, 2023	Tue	Practice	N/A	2:30 PM	4:00 PM	VVS Volleyball Gym		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Dec 2, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Dec 9, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	4:45 PM	VVS Volleyball Gym		
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Dec 16, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Dec 20, 2023	Wed	Practice	N/A	2:30 PM	4:00 PM	VVS Main Gym (The Pit)		
Dec 21, 2023	Thu	Regular Season	Camden	4:30 PM		VVS MS Gym		L
Dec 22, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
Dec 26, 2023	Tue	Practice	N/A	10:00 AM	12:00 PM	VVS Volleyball Gym		
Dec 27, 2023	Wed	Practice	N/A	10:00 AM	PM	VVS Volleyball Gym		
Dec 28, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION /	EAGUE NON- EAGUE
Dec 29, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	VVS Main Gym (The Pit)		
CANCELLED Dec 30, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 6, 2024	Sat	Practice	N/A	8:00 AM	AM	VVS Main Gym (The Pit)		
Jan 8, 2024	Mon	Practice	N/A	2:30 PM	4:00 PM	VVS Main Gym (The Pit)		
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	VVS Main Gym (The Pit)		
Jan 13, 2024	Sat	Practice	N/A	8:00 AM	AM	VVS Main Gym (The Pit)		
Jan 15, 2024	Mon	Practice	N/A	10:00 AM	PM	VVS Volleyball Gym		
Jan 17, 2024	Wed	Practice	N/A	2:30 PM	3:30 PM	VVS Main Gym (The Pit)		
Jan 17, 2024	Wed	Practice	N/A	3:30 PM	4:30 PM	VVS Volleyball Gym		
Jan 18, 2024	Thu	Regular Season	Utica Proctor (DMS)	4:30 PM		VVS Main Gym (The Pit)	L	-
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Jan 23, 2024	Tue	Regular Season 19-15 W	Whitesboro (White)	4:30 PM		VVS Main Gym (The Pit)	L	-
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD		
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 26, 2024	Fri	Regular Season	Rome Free Academy (Orange Team)	4:00 PM		VVS MS Gym	L	-
Jan 27, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Jan 29, 2024	Mon	Practice	N/A	2:30 PM	4:00 PM	VVS Volleyball Gym		
Jan 30, 2024	Tue	Regular Season	Central Valley Academy (White)	4:30 PM		VVS Main Gym (The Pit)	L	-
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Feb 1, 2024	Thu	Regular Season	Oneida	4:30 PM		VVS Main Gym (The Pit)	L	-
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Feb 3, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	VVS Main Gym (The Pit)		
CANCELLED Feb 8, 2024	Thu	Regular Season	New Hartford (Red)	4:30 PM		VVS Main Gym (The Pit)		L
Feb 28, 2024	Wed	Practice	N/A	3:00 PM	4:00 PM	VVS Main Gym (The Pit)		

Date: 2024-04-09