



Vernon-Verona-Sherrill

(B) 7/8TH Volleyball

Coaches:

- Shawn Lynch

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 9, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 11, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 12, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	VVS MS Gym		
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 14, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Jan 17, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 18, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 19, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 20, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 21, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS MS Gym		
Jan 24, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 25, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	VVS Volleyball Gym		
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 28, 2023	Sat	Practice	N/A	9:00 AM	10:00 AM	VVS MS Gym		
Jan 30, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Jan 31, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Feb 1, 2023	Wed	Regular Season	@ Chittenango	4:30 PM	6:15 PM	Chittenango MS-Large Gym	Departure Date: Feb 1, 2023 Departure Time: 3:30 PM	NL
Feb 2, 2023	Thu	Regular Season 0-5 L	@ Oswego	5:00 PM		Oswego HS-New Gym	Departure Date: Feb 2, 2023 Departure Time: 3:15 PM	NL
Feb 3, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Feb 4, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS MS Gym		
Feb 6, 2023	Mon	Scrimmage	Chittenango	4:00 PM	6:00 PM	VVS MS Gym		L
Feb 7, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 8, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	VVS Volleyball Gym		
Feb 9, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Feb 10, 2023	Fri	Regular Season	@ Nottingham (Nottingham)	5:00 PM		H.W. Smith Middle School (Gym)	Departure Date: Feb 10, 2023 Departure Time: 3:45 PM	NL
Feb 11, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS MS Gym		
Feb 13, 2023	Mon	Regular Season	Chittenango	5:00 PM	7:00 PM	VVS MS Gym		NL
Feb 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Feb 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Feb 15, 2023	Wed	Regular Season	@ Solvay	5:00 PM	7:00 PM	Solvay MS Gym	Departure Date: Feb 15, 2023 Departure Time: 3:00 PM	L
CANCELLED Feb 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Feb 16, 2023	Thu	Regular Season	@ Cicero-North Syracuse (CNS 7/8 Blue)	4:30 PM	6:30 PM	Roxboro Middle School Gym	Departure Date: Feb 16, 2023 Departure Time: 3:15 PM	NL
Feb 17, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Feb 19, 2023	Sun	Practice	N/A	8:00 AM	10:00 AM	VVS MS Gym		
Feb 20, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	VVS MS Gym		
Feb 21, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	VVS MS Gym		
Feb 24, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	VVS MS Gym		
Feb 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	VVS MS Gym		
POSTPONED Feb 28, 2023	Tue	Regular Season	@ Cicero-North Syracuse (CNS 7/8 White)	4:30 PM	6:30 PM	Roxboro Middle School Gym	Departure Date: Feb 28, 2023 Departure Time: 3:15 PM	L
Mar 1, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	VVS MS Gym		
Mar 2, 2023	Thu	Regular Season	Solvay	5:00 PM	7:00 PM	VVS MS Gym		NL
Mar 3, 2023	Fri	Regular Season	Nottingham (Nottingham)	5:00 PM	7:00 PM	VVS MS Gym		NL

Date: 2023-03-30