

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 1, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 2, 2022	Fri	Scrimmage	Vernon-Verona- Sherrill	4:30 PM		VVS MS Gym		L
Dec 4, 2022	Sun	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 5, 2022	Mon	Regular Season	@ Whitesboro (White)	4:30 PM		Whitesboro Parkway Gym	Departure Date: Dec 5, 2022 Departure Time: 3:30 PM	L
Dec 6, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 8, 2022	Thu	Practice	N/A	2:30 PM	4:00 PM	TBD		
Dec 9, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 11, 2022	Sun	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 12, 2022	Mon	Regular Season 0-3 L	Utica Proctor (DMS)	4:00 PM		VVS MS Gym		L
Dec 13, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 14, 2022	Wed	Regular Season	Rome Free Academy (Orange)	4:30 PM		VVS MS Gym		L
CANCELLED Dec 15, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 16, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 18, 2022	Sun	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 20, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 21, 2022	Wed	Regular Season	Oneida (orange)	4:00 PM		VVS MS Gym		L
Dec 22, 2022	Thu	Practice	N/A	TBD		TBD		
Dec 23, 2022	Fri	Practice	N/A	TBD		TBD		
Dec 24, 2022	Sat	Practice	N/A	TBD		TBD		
Dec 25, 2022	Sun	Practice	N/A	TBD		TBD		
Dec 26, 2022	Mon	Practice	N/A	TBD		TBD		
Dec 27, 2022	Tue	Practice	N/A	2:00 PM	4:00 PM	TBD		
Dec 28, 2022	Wed	Practice	N/A	2:00 PM	4:00 PM	TBD		
Dec 29, 2022	Thu	Practice	N/A	2:00 PM	4:00 PM	TBD		
Dec 30, 2022	Fri	Practice	N/A	12:00 PM	2:00 PM	TBD		
Jan 2, 2023	Mon	Practice	N/A	12:00 PM	2:00 PM	TBD		
Jan 3, 2023	Tue	Practice	N/A	3:00 PM	4:45 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 4, 2023	Wed	Regular Season	TBD	4:30 PM		VVS MS Gym		L
Jan 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
Jan 6, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Jan 8, 2023	Sun	Practice	N/A	2:00 PM	4:00 PM	TBD		
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Jan 11, 2023	Wed	Regular Season	New Hartford	6:00 PM		VVS MS Gym		L
Jan 12, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD		
Jan 17, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Jan 18, 2023	Wed	Regular Season 1-4 L	@ Utica Proctor (JFK)	4:30 PM		JFK Gym	Departure Date: Jan 18, 2023 Departure Time: 3:30 PM	L
Jan 19, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
CANCELLED Jan 20, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Jan 20, 2023	Fri	Regular Season	@ Camden	4:30 PM		Camden High School Volleyball Gym	Departure Date: Dec 19, 2022 Departure Time: 3:30 PM	L
Jan 22, 2023	Sun	Practice	N/A	10:00 AM	12:00 PM	TBD		
Jan 23, 2023	Mon	Regular Season	@ Rome Free Academy (Orange)	4:30 PM		Buddy Evans Gym (Strough MS)	Departure Date: Jan 23, 2023 Departure Time: 3:45 PM	L
Jan 24, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
POSTPONED Jan 25, 2023	Wed	Regular Season	@ Utica Proctor (DMS)	4:15 PM		Donovan Gym	Departure Date: Jan 25, 2023 Departure Time: 3:15 PM	L
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Jan 27, 2023	Fri	Regular Season	Whitesboro (Blue)	4:00 PM		VVS MS Gym		L
Jan 29, 2023	Sun	Practice	N/A	12:00 PM	2:00 PM	TBD		
Jan 30, 2023	Mon	Regular Season	Camden	4:30 PM		VVS MS Gym		L
Feb 1, 2023	Wed	Regular Season	@ Rome Free Academy (Black)	6:15 PM		Buddy Evans Gym (Strough MS)		L
POSTPONED Feb 3, 2023	['] Fri	Regular Season	@ Oneida (Blue)	5:00 PM		57 Gym	Departure Date: Feb 3, 2023 Departure Time: 4:15 PM	L

Date: 2025-12-20