



Utica Proctor

(B) 7/8TH Swimming/Diving (JFK/DMS)

Coaches:

- Jeanna Swift, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Nov 18, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Nov 19, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Nov 20, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Nov 21, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Nov 24, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Nov 25, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 1, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 2, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 3, 2025	Wed	Regular Season	New Hartford, Rome Free Academy @ Holland Patent	4:30 PM		Holland Patent HS-Pool	Bus/Driver: 1st Student	Departure Point: MVCC Jorgenson Building Departure Time: 3:15 PM	L
Dec 4, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 5, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 8, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 9, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
POSTPONED Dec 10, 2025	Wed	Regular Season	New Hartford, Holland Patent @ Rome Free Academy	4:30 PM		RFA Pool	Bus/Driver: 1st Student	Departure Point: MVCC Jorgenson Building Departure Time: 3:15 PM	L
Dec 11, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 12, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 15, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 16, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 17, 2025	Wed	Regular Season	Holland Patent, Rome Free Academy @ New Hartford	5:00 PM		New Hartford HS Pool	Bus/Driver: 1st Student	Departure Point: MVCC Jorgenson Building Departure Time: 3:30 PM	L
Dec 18, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Dec 19, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Jan 5, 2026	Mon	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Jan 6, 2026	Tue	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Jan 7, 2026	Wed	Regular Season	New Hartford, Holland Patent @ Rome Free Academy	4:30 PM		RFA Pool		Departure Point: MVCC Jorgenson Building Departure Time: 3:15 PM	L
Jan 8, 2026	Thu	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Jan 9, 2026	Fri	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Jan 12, 2026	Mon	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Jan 13, 2026	Tue	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			
Jan 14, 2026	Wed	Regular Season	New Hartford, Rome Free Academy @ Holland Patent	5:00 PM		Holland Patent HS-Pool		Departure Point: MVCC Jorgenson Building Departure Time: 3:30 PM	L
Jan 16, 2026	Fri	Practice	N/A	3:00 PM	4:30 PM	MVCC Field House			

Date: 2025-12-17