



Utica Proctor

(B) 7/8TH Swimming/Diving (JFK/DMS)

Coaches:

- Jeanna Swift, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 15, 2021	Mon	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Nov 16, 2021	Tue	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Nov 17, 2021	Wed	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Nov 18, 2021	Thu	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Nov 19, 2021	Fri	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Nov 22, 2021	Mon	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Nov 23, 2021	Tue	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Nov 29, 2021	Mon	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Nov 30, 2021	Tue	Regular Season	Rome Free Academy	5:00 PM		PHS Swimming Pool			L
Dec 1, 2021	Wed	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Dec 2, 2021	Thu	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Dec 3, 2021	Fri	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Dec 6, 2021	Mon	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
POSTPONED Dec 7, 2021	Tue	Regular Season (Pentathlon)	@ Holland Patent	4:30 PM		TBD	Bus/Driver: Durham	Departure Point: Cafeteria Departure Time: 3:00 PM Return Date: Return Time: 6:30 PM	L
Dec 8, 2021	Wed	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Dec 10, 2021	Fri	Regular Season (Pentathlon)	Rome Free Academy @ Holland Patent	5:00 PM		TBD	Bus/Driver: Durham	Departure Point: Cafeteria Departure Time: 3:30 PM Return Date: Return Time: 6:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 13, 2021	Mon	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Dec 14, 2021	Tue	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Dec 15, 2021	Wed	Regular Season (Christmas Relays)	Holland Patent	4:30 PM		PHS Swimming Pool			L
Dec 16, 2021	Thu	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Dec 17, 2021	Fri	Practice	N/A	3:00 PM	4:15 PM	PHS Swimming Pool			
Dec 17, 2021	Fri	Regular Season	Holland Patent	5:00 PM		PHS Swimming Pool			L

Date: 2025-12-08