



Utica Proctor

(B) 7/8TH Swimming/Diving (JFK/DMS)

Coaches:

- Jeanna Swift, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 12, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Nov 14, 2019	Thu	Practice	N/A	TBD	4:30 PM	PHS Swimming Pool			
Nov 15, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Nov 15, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Nov 18, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Nov 18, 2019	Mon	Scrimmage	Holland Patent	4:30 PM		PHS Swimming Pool			L
Nov 19, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Nov 21, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Nov 22, 2019	Fri	Regular Season	@ Holland Patent	4:30 PM		TBD	Bus/Driver: Birnie Bus	Departure Point: PHS Arcuri Entrance Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
Nov 25, 2019	Mon	Regular Season	Rome Free Academy	4:30 PM		PHS Swimming Pool		Departure Point: PHS Cafeteria Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
Dec 2, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Dec 4, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Dec 4, 2019	Wed	Regular Season (Pentathlon)	Holland Patent	4:30 PM		PHS Swimming Pool			L
Dec 4, 2019	Wed	Regular Season (Pentathlon @ Proctor)	@ Rome Free Academy	4:30 PM		Proctor HS	Bus/Driver: Birnie Bus	Departure Point: PHS Arcuri Entrance Departure Time: 3:15 PM	L
Dec 5, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 6, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Dec 9, 2019	Mon	Regular Season	@ Rome Free Academy	4:30 PM		RFA Pool	Bus/Driver: Birnie Bus	Departure Point: PHS Arcuri Entrance Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
Dec 10, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Dec 11, 2019	Wed	Regular Season	Rome Free Academy	4:30 PM		PHS Swimming Pool			L
Dec 12, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
POSTPONED Dec 13, 2019	Fri	Regular Season	Holland Patent	4:30 PM		PHS Swimming Pool	Bus/Driver: Birnie Bus	Departure Point: PHS Arcuri Entrance Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
Dec 16, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Dec 17, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Dec 18, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			

Date: 2026-09-13