


Utica Proctor
(B) V Swimming/Diving
Coaches:

- Bryan Koscinski
- Kristi Peterson

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|------------------|------------|----------|------------------------|--|----------------|---------------------|
| Nov 13, 2023 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Nov 14, 2023 | Tue | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Nov 15, 2023 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Nov 16, 2023 | Thu | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Nov 17, 2023 | Fri | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Nov 20, 2023 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Nov 21, 2023 | Tue | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Nov 22, 2023 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 8:00 AM | 10:00 AM | PHS Swimming Pool | | | |
| Nov 24, 2023 | Fri | Practice (Varsity Swimming and Diving) | N/A | 8:00 AM | 10:00 AM | PHS Swimming Pool | | | |
| Nov 27, 2023 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Nov 29, 2023 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Nov 30, 2023 | Thu | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| | | | | | | | Departure Point: Cafeteria | | |
| | | | | | | | Departure Date: Nov 30, 2023 | | |
| | | | | | | | Departure Time: 3:00 PM | | |
| | | | | | | | Return Date: Nov 30, 2023 | | |
| | | | | | | | Return Time: 7:30 PM | | |
| Nov 30, 2023 | Thu | Regular Season (Rescheduled Meet) | @ Holland Patent | 5:00 PM | | Holland Patent HS-Pool | | | L |
| Dec 1, 2023 | Fri | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|--|-----------------------|----------------|---|
| Dec 2, 2023 | Sat | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 8:00 AM | 10:00 AM | PHS Swimming Pool | | | |
| Dec 4, 2023 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Dec 5, 2023 | Tue | Regular Season | Cooperstown (Cooperstown/Cherry Valley) | 4:30 PM | | PHS Swimming Pool | | | L |
| Dec 6, 2023 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Dec 7, 2023 | Thu | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Dec 8, 2023 | Fri | Regular Season | Rome Free Academy @ Syracuse City (Syracuse City) | 6:00 PM | 8:00 PM | Nottingham High School Pool | | | Departure Point: Cafeteria Departure Date: Dec 8, 2023 Departure Time: NL 3:00 PM Return Date: Return Time: 9:00 PM |
| Dec 11, 2023 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Dec 12, 2023 | Tue | Regular Season | @ Oneida | 4:30 PM | | Oneida YMCA- 701 Seneca St, Oneida, NY 13421 | | | Departure Point: Cafeteria Departure Date: Dec 12, 2023 Departure Time: L 3:00 PM Return Date: Return Time: 7:30 PM |
| Dec 13, 2023 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Dec 14, 2023 | Thu | Regular Season | Oneida | 4:30 PM | | PHS Swimming Pool | | | L |
| Dec 18, 2023 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Dec 19, 2023 | Tue | Regular Season | Holland Patent @ Rome Free Academy | 4:30 PM | | RFA Pool | Bus/Driver: Durham | | Departure Point: Cafeteria Departure Date: Dec 19, 2023 Departure Time: L 3:00 PM Return Date: Return Time: 7:30 PM |
| Dec 20, 2023 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|-----------------------|-----------|---|
| Dec 21, 2023 | Thu | Regular Season | New Hartford @ Cooperstown (Cooperstown/Cherry Valley) | 5:00 | | Clark's Sports Center | | Departure Point: Cafeteria Departure Date: Dec 21, 2023 Departure Time: L 3:00 PM Return Date: Return Time: 7:30 PM |
| Dec 22, 2023 | Fri | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 8:30 AM | 10:30 AM | PHS Swimming Pool | | |
| Dec 26, 2023 | Tue | Practice (Boys Varsity Swimming and Diving Practice) | N/A | 8:30 AM | 10:30 AM | PHS Swimming Pool | | |
| Dec 27, 2023 | Wed | Practice (Boys Varsity Swimming and Diving Practice) | N/A | 8:30 AM | 10:30 AM | PHS Swimming Pool | | |
| Dec 28, 2023 | Thu | Practice (Boys Varsity Swimming and Diving Practice) | N/A | 8:30 AM | 10:30 AM | PHS Swimming Pool | | |
| Dec 29, 2023 | Fri | Practice (Boys Varsity Swimming and Diving Practice) | N/A | 8:30 AM | 10:30 AM | PHS Swimming Pool | | |
| Dec 30, 2023 | Sat | Practice (Boys Varsity Swimming and Diving Practice) | N/A | 8:30 AM | 10:30 AM | PHS Swimming Pool | | |
| Jan 2, 2024 | Tue | Practice (Boys Varsity Swimming and Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 3, 2024 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 4, 2024 | Thu | Regular Season | Oneida @ New Hartford | 5:00 PM | | New Hartford HS Pool | | Departure Point: Cafeteria Departure Date: Jan 4, 2024 Departure Time: L 3:00 PM Return Date: Return Time: 7:30 PM |
| Jan 5, 2024 | Fri | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 8, 2024 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 10, 2024 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 11, 2024 | Thu | Regular Season | Sherburne-Earlville | 4:30 PM | | PHS Swimming Pool | | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION / NON-LEAGUE |
|------------------------|----------|--|---|------------|----------|-------------------|--|-----------------------------|
| Jan 12, 2024 | Fri | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| CANCELLED Jan 15, 2024 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 16, 2024 | Tue | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 17, 2024 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 18, 2024 | Thu | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 19, 2024 | Fri | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 22, 2024 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 23, 2024 | Tue | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 23, 2024 | Tue | Regular Season | Sherburne-Earlville @ Rome Free Academy | 4:30 PM | | RFA Pool | Departure Point: Cafeteria Departure Date: Jan 9, 2024 Departure Time: NL 3:00 PM Return Date: Return Time: 7:30 PM | |
| Jan 24, 2024 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 25, 2024 | Thu | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 26, 2024 | Fri | Post-Season (Dive Championships) | Cooperstown (Cooperstown/Cherry Valley), New Hartford, Holland Patent @ Rome Free Academy | 5:00 PM | | RFA Pool | Bus/Driver: Durham/ Patrick Departure Point: Proctor HS cafeteria Departure Date: Jan 26, 2024 Departure Time: NL 2:45 PM Return Date: Return Time: 7:30 PM | |

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|------------------------|----------|---|--|------------|----------|-----------------------------|--|---|
| Jan 27, 2024 | Sat | Post-Season (Swim Championships) | Cooperstown (Cooperstown/Cherry Valley), New Hartford, Holland Patent, Oneida, Vernon-Verona-Sherrill, Sherburne-Earlville @ Rome Free Academy | 10:00 AM | | RFA Pool, RFA Auxiliary Gym | Bus/Driver: Durham/ Patrick | Departure Point: Proctor HS Cafeteria Departure Date: Jan 27, 2024 Departure Time: 7:45 AM Return Date: Return Time: 2:30 PM |
| Jan 29, 2024 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 30, 2024 | Tue | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Jan 31, 2024 | Wed | Practice | N/A | 2:45 PM | 5:00 PM | PHS Swimming Pool | | |
| CANCELLED Jan 31, 2024 | Wed | Regular Season (RFA "Hat" Meet) | Holland Patent, Sherburne-Earlville, Syracuse City (Syracuse City) @ Rome Free Academy | 5:00 PM | | RFA Pool | Bus/Driver: Durham / Patrick | Departure Point: Proctor Cafeteria Departure Date: Jan 31, 2024 Departure Time: 3:00 PM Return Date: Return Time: 8:00 PM |
| Feb 1, 2024 | Thu | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Feb 2, 2024 | Fri | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Feb 3, 2024 | Sat | Regular Season (Stone Mercurio Memorial Dive Meet @ Rome Free Academy Pool) | @ TBD | 8:30 AM | | TBD | Bus/Driver: Durham | Departure Point: Cafeteria Departure Date: Feb 3, 2024 Departure Time: 7:45 AM Return Date: Feb 3, 2024 Return Time: 12:00 PM |
| Feb 5, 2024 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Feb 6, 2024 | Tue | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Feb 7, 2024 | Wed | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Feb 8, 2024 | Thu | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |
| Feb 9, 2024 | Fri | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | |

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|--------------|----------|--|-----------|------------|----------|-------------------|-----------|----------------|---------------------|
| Feb 12, 2024 | Mon | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |
| Feb 15, 2024 | Thu | Practice (Boys Varsity Swimming/Diving Practice) | N/A | 3:00 PM | 5:00 PM | PHS Swimming Pool | | | |

Date: 2026-01-20