

**Coaches:**

- Bryan Koscinski
- Kristi Peterson

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 14, 2023	Tue	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 15, 2023	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 16, 2023	Thu	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 17, 2023	Fri	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 20, 2023	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 21, 2023	Tue	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 22, 2023	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	8:00 AM	10:00 AM	PHS Swimming Pool			
Nov 24, 2023	Fri	Practice (Varsity Swimming and Diving )	N/A	8:00 AM	10:00 AM	PHS Swimming Pool			
Nov 27, 2023	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 29, 2023	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 30, 2023	Thu	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool		<b>Departure Point:</b> Cafeteria <b>Departure Date:</b> Nov 30, 2023 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	
Nov 30, 2023	Thu	Regular Season (Rescheduled Meet)	@ Holland Patent	5:00 PM		Holland Patent HS-Pool			L
Dec 1, 2023	Fri	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 2, 2023	Sat	Practice (Boys Varsity Swimming/Diving Practice)	N/A	8:00 AM	10:00 AM	PHS Swimming Pool			
Dec 4, 2023	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Dec 5, 2023	Tue	Regular Season	Cooperstown (Cooperstown/Cherry Valley)	4:30 PM		PHS Swimming Pool			L
Dec 6, 2023	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Dec 7, 2023	Thu	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Dec 8, 2023	Fri	Regular Season	Rome Free Academy @ Syracuse City (Syracuse City)	6:00 PM	8:00 PM	Nottingham High School Pool		<b>Departure Point:</b> Cafeteria <b>Departure Date:</b> Dec 8, 2023 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	NL
Dec 11, 2023	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Dec 12, 2023	Tue	Regular Season	@ Oneida	4:30 PM		Oneida YMCA		<b>Departure Point:</b> Cafeteria <b>Departure Date:</b> Dec 12, 2023 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	L
Dec 13, 2023	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Dec 14, 2023	Thu	Regular Season	Oneida	4:30 PM		PHS Swimming Pool			L
Dec 18, 2023	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Dec 19, 2023	Tue	Regular Season	Holland Patent @ Rome Free Academy	4:30 PM		RFA Pool	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Cafeteria <b>Departure Date:</b> Dec 19, 2023 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	L
Dec 20, 2023	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 21, 2023	Thu	Regular Season	New Hartford @ Cooperstown (Cooperstown/Cherry Valley)	5:00 PM		Clark's Sports Center		<b>Departure Point:</b> Cafeteria <b>Departure Date:</b> Dec 21, 2023 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	L
Dec 22, 2023	Fri	Practice (Boys Varsity Swimming/Diving Practice)	N/A	8:30 AM	10:30 AM	PHS Swimming Pool			
Dec 26, 2023	Tue	Practice (Boys Varsity Swimming and Diving Practice)	N/A	8:30 AM	10:30 AM	PHS Swimming Pool			
Dec 27, 2023	Wed	Practice (Boys Varsity Swimming and Diving Practice)	N/A	8:30 AM	10:30 AM	PHS Swimming Pool			
Dec 28, 2023	Thu	Practice (Boys Varsity Swimming and Diving Practice)	N/A	8:30 AM	10:30 AM	PHS Swimming Pool			
Dec 29, 2023	Fri	Practice (Boys Varsity Swimming and Diving Practice)	N/A	8:30 AM	10:30 AM	PHS Swimming Pool			
Dec 30, 2023	Sat	Practice (Boys Varsity Swimming and Diving Practice)	N/A	8:30 AM	10:30 AM	PHS Swimming Pool			
Jan 2, 2024	Tue	Practice (Boys Varsity Swimming and Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 3, 2024	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 4, 2024	Thu	Regular Season	Oneida @ New Hartford	5:00 PM		HS Pool		<b>Departure Point:</b> Cafeteria <b>Departure Date:</b> Jan 4, 2024 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	L
Jan 5, 2024	Fri	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 8, 2024	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 10, 2024	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 11, 2024	Thu	Regular Season	Sherburne-Earlville	4:30 PM		PHS Swimming Pool			L

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Jan 12, 2024	Fri	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
CANCELLED Jan 15, 2024	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 16, 2024	Tue	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 17, 2024	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 18, 2024	Thu	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 19, 2024	Fri	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 22, 2024	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 23, 2024	Tue	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 23, 2024	Tue	Regular Season	Sherburne-Earville @ Rome Free Academy	4:30 PM		RFA Pool		<b>Departure Point:</b> Cafeteria <b>Departure Date:</b> Jan 9, 2024 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	NL
Jan 24, 2024	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 25, 2024	Thu	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 26, 2024	Fri	Post-Season (Dive Championships)	Cooperstown (Cooperstown/Cherry Valley), New Hartford, Holland Patent @ Rome Free Academy	5:00 PM		RFA Pool	<b>Bus/Driver:</b> Durham/ Patrick	<b>Departure Point:</b> Proctor HS cafeteria <b>Departure Date:</b> Jan 26, 2024 <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	NL

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Jan 27, 2024	Sat	Post-Season (Swim Championships)	Cooperstown (Cooperstown/Cherry Valley), New Hartford, Holland Patent, Oneida, Vernon-Verona-Sherrill, Sherburne-Earlville @ Rome Free Academy	10:00 AM		RFA Pool, RFA Auxilliary Gym	<b>Bus/Driver:</b> Durham/Patrick	<b>Departure Point:</b> Proctor HS cafeteria <b>Departure Date:</b> Jan 27, 2024 <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 2:30 PM	NL
Jan 29, 2024	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 30, 2024	Tue	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Jan 31, 2024	Wed	Practice	N/A	2:45 PM	5:00 PM	PHS Swimming Pool			
CANCELLED Jan 31, 2024	Wed	Regular Season (RFA "Hat" Meet )	Holland Patent, Sherburne-Earlville, Syracuse City (Syracuse City) @ Rome Free Academy	5:00 PM		RFA Pool	<b>Bus/Driver:</b> Durham / Patrick	<b>Departure Point:</b> Proctor Cafateria <b>Departure Date:</b> Jan 31, 2024 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	NL
Feb 1, 2024	Thu	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Feb 2, 2024	Fri	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Feb 3, 2024	Sat	Regular Season (Stone Mercurio Memorial Dive Meet @ Rome Free Academy Pool)	@ TBD	8:30 AM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Cafeteria <b>Departure Date:</b> Feb 3, 2024 <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> Feb 3, 2024 <b>Return Time:</b> 12:00 PM	NL
Feb 5, 2024	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Feb 6, 2024	Tue	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Feb 7, 2024	Wed	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Feb 8, 2024	Thu	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Feb 9, 2024	Fri	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 12, 2024	Mon	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Feb 15, 2024	Thu	Practice (Boys Varsity Swimming/Diving Practice)	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			

Date: 2024-05-19