Coaches:



- Jeanna Swift
- Kimberly Philo

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|------------------------|---|---------------|-------------|------------------------------|----------------------------|---|----------------------------|
| Sep 3, 2024 | Tue | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 4, 2024 | Wed | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 5, 2024 | Thu | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 6, 2024 | Fri | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 9, 2024 | Mon | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 10, 2024 | Tue | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| CANCELLED Sep 11, 2024 | Wed | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 11, 2024 | Wed | Regular Season | Holland Patent, New Hartford, West Canada Valley, Adirondack, TBD @ Rome Free Academy | 4:30 PM | 7:00 PM | RFA Pool | Bus/Driver: 1st Student | Departure Point: Proctor Cafeteria Departure Time: 3:15 PM | L |
| Sep 12, 2024 | Thu | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 13, 2024 | Fri | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 16, 2024 | Mon | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 17, 2024 | Tue | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| CANCELLED Sep 18, 2024 | Wed | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 18, 2024 | Wed | Regular Season | New Hartford, West Canada Valley, Adirondack, Rome Free Academy @ Holland Patent | 5:00 PM | 7:00 PM | Holland Patent HS-Pool | | Departure Point: Proctor Cafeteria Departure Time: 3:15 PM | L |
| Sep 19, 2024 | Thu | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 20, 2024 | Fri | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 23, 2024 | Mon | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 24, 2024 | Tue | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| CANCELLED Sep 25, 2024 | Wed | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 25, 2024 | Wed | Regular Season | Holland Patent, West Canada Valley, Adirondack, Rome Free Academy @ New Hartford | 5:00 PM | 7:00 PM | New Hartford HS Pool | | Departure Point: Proctor Cafeteria Departure Time: 4:00 PM | L |
| Sep 26, 2024 | Thu | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 27, 2024 | Fri | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|------------------------|--|---------------|-------------|-------------------------|----------------------------|---|----------------------------|
| Sep 30, 2024 | Mon | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Oct 1, 2024 | Tue | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| CANCELLED Oct 2, 2024 | Wed | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Oct 2, 2024 | Wed | Regular Season | Holland Patent, New Hartford, West Canada Valley, Adirondack, Rome Free Academy | 4:30 PM | 7:00 PM | PHS Swimming Pool | | | L |
| Oct 3, 2024 | Thu | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Oct 4, 2024 | Fri | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Oct 7, 2024 | Mon | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Oct 8, 2024 | Tue | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| CANCELLED Oct 9, 2024 | Wed | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Oct 9, 2024 | Wed | Regular Season | Holland Patent, New Hartford, Adirondack, Rome Free Academy @ West Canada Valley | 5:00 PM | 7:00 PM | WCV Pool | | Departure Point: Proctor Cafeteria Departure Time: 3:15 PM | L |
| Oct 10, 2024 | Thu | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Oct 11, 2024 | Fri | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| CANCELLED Oct 14, 2024 | Mon | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Oct 15, 2024 | Tue | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Oct 16, 2024 | Wed | Regular Season | Holland Patent, New Hartford, West Canada Valley, Rome Free Academy @ Adirondack | 4:30 PM | 7:00 PM | RFA Pool | Bus/Driver: 1st Student | Departure Point: Proctor Cafeteria Departure Time: 3:15 PM | L |
| Oct 17, 2024 | Thu | Practice (Practice) | N/A | 3:00 PM | 5:00 PM | TBD | | | |

Date: 2025-12-12