



# Utica Proctor

## (G) 7/8TH Swimming/Diving (JFK/DMS)

### Coaches:

- Jeanna Swift
- Kimberly Philo

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Sep 4, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	PHS Swimming Pool		
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	PHS Swimming Pool		
Sep 6, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	PHS Swimming Pool		
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 8, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
CANCELLED Sep 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 12, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 14, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	PHS Swimming Pool		
POSTPONED Sep 15, 2023	Fri	Regular Season	West Canada Valley	4:30 PM		PHS Swimming Pool		L
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 19, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	PHS Swimming Pool		
POSTPONED Sep 20, 2023	Wed	Regular Season	New Hartford	4:30 PM		PHS Swimming Pool		L
Sep 21, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 22, 2023	Fri	Regular Season	Adirondack	4:30 PM		PHS Swimming Pool		L
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 26, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	PHS Swimming Pool		
Sep 27, 2023	Wed	Regular Season	@ Holland Patent	5:00 PM	7:30 PM	Holland Patent HS-Pool	<b>Departure Point:</b> PHS Caf Doors <b>Departure Time:</b> 3:30 PM	L
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 29, 2023	Fri	Regular Season	West Canada Valley	4:30 PM		PHS Swimming Pool		L
Oct 2, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Oct 3, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	PHS Swimming Pool		
Oct 4, 2023	Wed	Regular Season	@ Rome Free Academy	4:30 PM		RFA Pool	<b>Departure Point:</b> PHS Caf Doors <b>Departure Time:</b> 3:15 PM	L
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	PHS Swimming Pool		
Oct 6, 2023	Fri	Regular Season	@ Adirondack	4:30 PM	7:30 PM	Pool	<b>Departure Point:</b> PHS Caf Doors <b>Departure Time:</b> 3:00 PM	L
Oct 10, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Oct 11, 2023	Wed	Regular Season (Quad Meet )	West Canada Valley, New Hartford @ Rome Free Academy	4:30 PM		RFA Pool	<b>Departure Point:</b> PHS Caf Doors <b>Departure Time:</b> 3:15 PM	L
Oct 12, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Oct 13, 2023	Fri	Regular Season	Holland Patent	4:30 PM		PHS Swimming Pool		L
CANCELLED Oct 16, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD		
CANCELLED Oct 17, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
CANCELLED Oct 18, 2023	Wed	Regular Season	@ New Hartford	5:00 PM		New Hartford HS Pool	<b>Departure Point:</b> PHS Caf Doors <b>Departure Time:</b> 3:30 PM	L

Date: 2025-12-11