## Coaches:



- Jeanna Swift
- Kimberly Philo

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION DI	EPARTURE TRANSPORTATION	LEAGUE N / NON- LEAGUE
Sep 5, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
CANCELLED Sep 6, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 9, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 10, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 11, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 12, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 13, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 16, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 17, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 18, 2019	Wed	Regular Season (Scrimmage)	Adirondack, Holland Patent, Rome Free Academy, West Canada Valley	4:30 PM		PHS Swimming Pool		L
Sep 19, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 20, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 23, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 24, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 25, 2019	Wed	Regular Season (Scrimmage)	West Canada Valley, Rome Free Academy, Adirondack @ Holland Patent	4:30 PM		TBD	Departure Point: PHS Cafeteria Departure Time: 3:15 PM	L
Sep 26, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool		
Sep 27, 2019	Fri	Regular Season (Scrimmage)	West Canada Valley	4:30 PM		PHS Swimming Pool		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 30, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 1, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 2, 2019	Wed	Regular Season	@ Holland Patent	4:30 PM		TBD	Bus/Driver: Birnie Bus	Departure Point: PHS Cafeteria Departure Time: 3:15 PM	L
Oct 3, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 4, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 7, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 8, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 9, 2019	Wed	Regular Season	Rome Free Academy	4:30 PM		PHS Swimming Pool			L
Oct 10, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 11, 2019	Fri	Regular Season (Invitational)	@ Rome Free Academy	4:30 PM		RFA Pool	Bus/Driver: Birnie Bus	Departure Point: PHS Cafeteria Departure Time: 3:15 PM	L
Oct 15, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 16, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 18, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 21, 2019	Mon	Regular Season	Adirondack	4:30 PM		PHS Swimming Pool			L
Oct 22, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 23, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	PHS Swimming Pool			
Oct 23, 2019	Wed	Regular Season (Invitational)	Holland Patent, West Canada Valley, Adirondack @ New Hartford	5:00 PM		New Hartford HS Pool		Departure Point: PHS Cafeteria Departure Time: 3:30 PM	L

Date: 2025-12-17