



# Utica Proctor

## (G) V Swimming/Diving

### Coaches:

- Kristi Peterson, Head Coach
- Bryan Koscinski, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 22, 2023	Tue	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 23, 2023	Wed	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 24, 2023	Thu	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 25, 2023	Fri	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 26, 2023	Sat	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 28, 2023	Mon	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 29, 2023	Tue	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 30, 2023	Wed	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 31, 2023	Thu	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Sep 1, 2023	Fri	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Sep 2, 2023	Sat	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Sep 5, 2023	Tue	Practice	N/A	2:30 PM	5:00 PM	PHS Swimming Pool			
Sep 6, 2023	Wed	Practice	N/A	2:30 PM	5:00 PM	PHS Swimming Pool			
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 12, 2023	Tue	Regular Season	@ Rome Free Academy	4:30 PM		RFA Pool	<b>Bus/Driver:</b> Durham <b>Class Dismissal:</b> 2:30 PM	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 14, 2023	Thu	Regular Season	New Hartford	4:30 PM		PHS Swimming Pool			L
Sep 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 19, 2023	Tue	Regular Season	Whitesboro	5:30 PM		PHS Swimming Pool			L
Sep 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 21, 2023	Thu	Regular Season	West Canada Valley	4:30 PM		PHS Swimming Pool			L
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 26, 2023	Tue	Regular Season	Cooperstown (Cooperstown/Milford)	4:30 PM		PHS Swimming Pool			L
Sep 27, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 28, 2023	Thu	Regular Season	@ Holland Patent	5:00 PM		Holland Patent HS-Pool	<b>Bus/Driver:</b> Durham <b>Class Dismissal:</b> 2:30 PM	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Sep 29, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Sep 30, 2023	Sat	Regular Season (Burgos Diving Invitational)	@ Nottingham (Syracuse)	10:00 AM		Nottingham High School (Pool)	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Date:</b> Sep 30, 2023 <b>Departure Time:</b> 6:30 AM <b>Return Date:</b> <b>Return Time:</b> 12:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 2, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 3, 2023	Tue	Regular Season	Adirondack	4:30 PM		PHS Swimming Pool			L
Oct 4, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 5, 2023	Thu	Regular Season	Rome Free Academy, Nottingham (Syracuse)	5:00 PM		PHS Swimming Pool			L
Oct 6, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 9, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	PHS Swimming Pool			
Oct 10, 2023	Tue	Regular Season	@ New Hartford	5:00 PM		New Hartford HS Pool	<b>Bus/Driver:</b> Durham <b>Class Dismissal:</b> 2:30 PM	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Oct 11, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 12, 2023	Thu	Regular Season	@ Whitesboro	5:30 PM	7:00 PM	Holland Patent HS Swimming pool	<b>Bus/Driver:</b> Durham <b>Class Dismissal:</b> 2:30 PM	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Oct 13, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 14, 2023	Sat	Regular Season (@ Nottingham )	@ TBD	TBD		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Date:</b> Oct 14, 2023 <b>Departure Time:</b> 6:30 AM	L
Oct 16, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 17, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 19, 2023	Thu	Regular Season (Diving Championship)	New Hartford, Rome Free Academy, Holland Patent, West Canada Valley, Adirondack, Whitesboro	5:00 PM		PHS Swimming Pool	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 20, 2023	Fri	Post-Season (TVL Swim Champs at RFA)	Adirondack, Holland Patent, Cooperstown (Cooperstown/Milford), Whitesboro, New Hartford, West Canada Valley @ Rome Free Academy	5:00 PM		RFA Pool			L
Oct 23, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 24, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 25, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 26, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 27, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 28, 2023	Sat	Post-Season (Diving Class A Sectionals @ Nottingham HS)	@ TBD	9:45 AM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Time:</b> 6:30 AM	NL
Oct 30, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Oct 31, 2023	Tue	Post-Season (Diving State Qualifier @ Nottingham HS)	@ TBD	2:45 PM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Time:</b> 11:30 AM	NL
Oct 31, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 1, 2023	Wed	Post-Season (Swim Class A Sectionals @ Nottingham)	@ TBD	9:30 AM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Time:</b> 6:30 AM	NL
Nov 2, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Swimming Pool			
Nov 3, 2023	Fri	Post-Season (Swim State Qualifier @ Nottingham HS)	@ TBD	2:30 PM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> FIRST FLOOR CAFETERIA - PROCTOR <b>Departure Time:</b> 11:30 AM	NL

Date: 2025-12-05