



# Utica Proctor

## (G) V Swimming/Diving

### Coaches:

- Kristi Peterson, Head Coach
- Bryan Koscinski, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 23, 2022	Tue	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 24, 2022	Wed	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 25, 2022	Thu	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 26, 2022	Fri	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 29, 2022	Mon	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 30, 2022	Tue	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Aug 31, 2022	Wed	Practice (Practice Change)	N/A	6:30 AM	8:00 AM	PHS Swimming Pool			
Aug 31, 2022	Wed	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Sep 1, 2022	Thu	Practice (Practice Change)	N/A	6:30 AM	8:00 AM	PHS Swimming Pool			
Sep 1, 2022	Thu	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Sep 1, 2022	Thu	Regular Season	Cooperstown (Cooperstown/Milford)	5:00 PM		PHS Swimming Pool			L
Sep 2, 2022	Fri	Practice (Girl's Varsity Swimming Schedule)	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Sep 6, 2022	Tue	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool			
POSTPONED Sep 7, 2022	Wed	Regular Season 56-104 L	@ Rome Free Academy	4:30 PM		RFA Pool	Bus/Driver: Durham	Departure Point: cafeteria Return Date: Return Time: 3:15 PM	L

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Sep 8, 2022	Thu	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool			
Sep 9, 2022	Fri	Regular Season 52-88-0 L	Adirondack, Rome Free Academy	4:30 PM	7:30 PM	PHS Swimming Pool			L
Sep 12, 2022	Mon	Regular Season 58-95-0 L	Cooperstown (Cooperstown/Milford) @ Holland Patent	5:00 PM		Holland Patent HS- Pool	<b>Bus/Driver:</b> Durham	<b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 7:15 PM	L
Sep 13, 2022	Tue	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool			
Sep 14, 2022	Wed	Regular Season 33-57 L	@ Whitesboro	5:30 PM		Holland Patent HS Swimming pool	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Cafeteria <b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 7:15 PM	L
Sep 15, 2022	Thu	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool			
Sep 16, 2022	Fri	Regular Season 39-51 L	@ Holland Patent	4:30 PM		Holland Patent HS- Pool	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> cafeteria <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:15 PM	L
Sep 19, 2022	Mon	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool			
Sep 20, 2022	Tue	Regular Season 67-74 L	West Canada Valley	4:30 PM		PHS Swimming Pool			L
Sep 21, 2022	Wed	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool			
Sep 22, 2022	Thu	Regular Season 59-87 L	@ Cooperstown (Cooperstown/Milford)	4:30 PM		Clark's Sports Center	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> cafeteria <b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 7:15 PM	L
Sep 23, 2022	Fri	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool			
Sep 26, 2022	Mon	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool			
Sep 27, 2022	Tue	Regular Season 61-91-0 L	Nottingham (Syracuse) @ Rome Free Academy	5:00 PM		RFA Pool	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Cafeteria <b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 7:15 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 28, 2022	Wed	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Sep 29, 2022	Thu	Regular Season 54-68 L	@ Adirondack	5:00 PM	7:30 PM	Pool	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> cafeteria <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:15 PM L
Sep 30, 2022	Fri	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 3, 2022	Mon	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 4, 2022	Tue	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 5, 2022	Wed	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 6, 2022	Thu	Regular Season 60-83 L	Whitesboro	5:30 PM		PHS Swimming Pool	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> cafeteria L
Oct 7, 2022	Fri	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 10, 2022	Mon	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 11, 2022	Tue	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 12, 2022	Wed	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 13, 2022	Thu	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 14, 2022	Fri	Regular Season 49-51 L	@ Holland Patent	4:30 PM		Holland Patent HS-Pool		<b>Departure Point:</b> PHS Cafateria <b>Departure Time:</b> 3:00 PM L
Oct 17, 2022	Mon	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool		
Oct 18, 2022	Tue	Regular Season 36-55 L	@ West Canada Valley	4:30 PM		WCV Pool	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> cafeteria <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 7:15 PM L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 19, 2022	Wed	Practice (Girl's Varsity Swimming Schedule)	N/A	3:15 PM		PHS Swimming Pool			
Oct 20, 2022	Thu	Regular Season (Dive Championship)	Adirondack, Whitesboro, Cooperstown (Cooperstown/Milford), Holland Patent, Rome Free Academy, West Canada Valley	4:30 PM	7:30 PM	PHS Swimming Pool			L
Oct 21, 2022	Fri	Regular Season (( Swim Championships))	Holland Patent, Whitesboro, Adirondack, Cooperstown (Cooperstown/Milford), West Canada Valley @ Rome Free Academy	5:00 PM		RFA Pool, RFA Auxilliary Gym	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> cafeteria <b>Departure Time:</b> 3:10 PM <b>Return Date:</b> <b>Return Time:</b> 8:15 PM	L
Oct 24, 2022	Mon	Practice (Girl's Sectionals Practices)	N/A	3:15 PM	5:15 PM	PHS Swimming Pool			
Oct 25, 2022	Tue	Practice (Girl's Sectionals Practices)	N/A	3:15 PM	5:15 PM	PHS Swimming Pool			
Oct 26, 2022	Wed	Practice (Girl's Sectionals Practices)	N/A	3:15 PM	5:15 PM	PHS Swimming Pool			
Oct 27, 2022	Thu	Practice (Girl's Sectionals Practices)	N/A	3:15 PM	5:15 PM	PHS Swimming Pool			
Oct 28, 2022	Fri	Practice (Girl's Sectionals Practices)	N/A	3:15 PM	5:15 PM	PHS Swimming Pool			
Oct 29, 2022	Sat	Post-Season (Sectionals)	@ Nottingham (Syracuse)	1:30 PM		Nottingham High School Pool	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> cafeteria <b>Departure Time:</b> 10:30 AM	L
Oct 31, 2022	Mon	Practice (Girl's Sectionals Practices)	N/A	3:15 PM	5:15 PM	PHS Swimming Pool			
Nov 1, 2022	Tue	Post-Season (Qualifiers - Diving)	@ Nottingham (Syracuse)	5:00 PM		Nottingham High School (Pool)	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> cafeteria <b>Departure Time:</b> 2:15 PM	L
Nov 2, 2022	Wed	Post-Season (Swim Sectionals)	@ Nottingham (Syracuse)	10:00 AM		Nottingham High School (Pool)	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> cafeteria <b>Departure Time:</b> 7:30 AM	L

Date: 2025-12-05