Utica Proctor
(G) V Swimming/Diving

Coaches:

- Kristi Peterson, Head Coach
- Bryan Koscinski, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION		LEAGUE / NON-LEAGUE
Aug 19, 2019	Mon	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Aug 20, 2019	Tue	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Aug 21, 2019	Wed	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Aug 22, 2019	Thu	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Aug 23, 2019	Fri	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Aug 26, 2019	Mon	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Aug 27, 2019	Tue	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Aug 28, 2019	Wed	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Aug 29, 2019	Thu	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Aug 30, 2019	Fri	Practice (practice)	N/A	6:00 AM	8:00 AM	PHS Swimming Pool			
Sep 3, 2019	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 4, 2019	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 5, 2019	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 6, 2019	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 9, 2019	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 10, 2019	Tue	Regular Season 80-84 L	Whitesboro	5:00 PM		PHS Swimming Pool			L
Sep 11, 2019	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 12, 2019	Thu	Regular Season 53-44 W	@ Holland Patent	4:30 PM		TBD	**Bus/Driver:** Birnie	**Departure Point:** Cafeteria **Departure Time:** 3:15 AM **Return Date:** **Return Time:** 7:20 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2019	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 16, 2019	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 17, 2019	Tue	Regular Season 72-100 L	@ Adirondack	5:00 PM		Pool	**Bus/Driver:** Birnie	**Departure Point:** Cafeteria **Departure Time:** 3:15 PM **Return Date:** **Return Time:** 7:20 PM	L
Sep 18, 2019	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 19, 2019	Thu	Regular Season 92-110 L	Rome Free Academy	4:30 PM		PHS Swimming Pool			L
Sep 20, 2019	Fri	Regular Season 87-93 L	@ Syracuse City (Syracuse City)	6:00 PM	8:00 PM	Nottingham High School Pool	**Bus/Driver:** Birnie	**Departure Point:** cafeteria **Departure Time:** 3:30 PM **Return Date:** **Return Time:** 8:00 PM	L
Sep 23, 2019	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 24, 2019	Tue	Regular Season 94-80 W	West Canada Valley	TBD		PHS Swimming Pool			L
Sep 25, 2019	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 26, 2019	Thu	Regular Season 79-100 L	@ Cooperstown (Cooperstown/Milford)	5:00 PM		Clark's Sports Center	**Bus/Driver:** Birnie	**Departure Point:** Cafeteria **Departure Time:** 3:15 PM **Return Date:** **Return Time:** 7:20 PM	L
Sep 27, 2019	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Sep 30, 2019	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 1, 2019	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 2, 2019	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 3, 2019	Thu	Regular Season 87-93 L	@ Whitesboro	5:00 PM		Utica University	**Bus/Driver:** Cafeteria	**Departure Point:** Cafeteria **Departure Time:** 3:15 AM **Return Date:** **Return Time:** 6:20 AM	L
Oct 4, 2019	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 7, 2019	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 8, 2019	Tue	Regular Season 80-91 L	Holland Patent	4:30 PM		PHS Swimming Pool			L
Oct 9, 2019	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 10, 2019	Thu	Regular Season	Adirondack	4:30 PM		PHS Swimming Pool			L
Oct 11, 2019	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 14, 2019	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 15, 2019	Tue	Regular Season (League Game) 77-140-45 L	Carthage @ Rome Free Academy	4:30 PM		RFA Pool	**Bus/Driver:** Birnie	**Departure Point:** Cafeteria **Departure Time:** 3:15 PM **Return Date:** **Return Time:** 6:20 PM	NL
Oct 16, 2019	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 17, 2019	Thu	Regular Season 79-95 L	@ West Canada Valley	4:30 PM		WCV Pool	**Bus/Driver:** Birnie	**Departure Point:** Cafeteria **Departure Time:** 3:15 PM **Return Date:** **Return Time:** 6:20 AM	L
Oct 18, 2019	Fri	Regular Season (League Diving Championships)	West Canada Valley, Rome Free Academy, Whitesboro, Adirondack, Cooperstown (Cooperstown/Milford), Holland Patent	5:00 PM		PHS Swimming Pool			L
Oct 21, 2019	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 22, 2019	Tue	Regular Season	Cooperstown (Cooperstown/Milford)	5:00 PM		TBD			L
Oct 23, 2019	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 24, 2019	Thu	Practice (Practice)	N/A	TBD	5:30 PM	TBD			
Oct 28, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 29, 2019	Tue	Practice	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Oct 30, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 30, 2019	Wed	Regular Season (Pink Meet)	Holland Patent, Rome Free Academy, Adirondack, Whitesboro, Cooperstown (Cooperstown/Milford), West Canada Valley @ New Hartford	5:00 PM		New Hartford HS Pool			L
Oct 31, 2019	Thu	Practice	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Nov 1, 2019	Fri	Practice	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Nov 2, 2019	Sat	Practice	N/A	7:00 AM	9:00 AM	PHS Swimming Pool			
Nov 4, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Nov 5, 2019	Tue	Practice	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Nov 6, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Nov 7, 2019	Thu	Practice	N/A	3:30 PM	5:30 PM	PHS Swimming Pool			
Nov 8, 2019	Fri	Post-Season (Sectionals)	@ TBD	10:30 AM		Nottingham High School (Pool)		**Departure Point:** cafeteria **Departure Time:** 7:15 AM **Return Date:** **Return Time:** 2:30 PM	NL
Nov 9, 2019	Sat	Practice	N/A	7:00 AM	8:30 AM	TBD			
Nov 10, 2019	Sun	Post-Season (State Qualifiers)	@ TBD	TBD		Nottingham High School (Pool)	**Bus/Driver:** Birnie	**Departure Point:** cafeteria **Departure Time:** 11:00 AM **Return Date:** **Return Time:** 4:30 PM	NL

Date: 2026-04-08