Utica Proctor
(B) 7/8TH Outdoor Track (JFK)

Coaches:

- Dan Clark, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 2, 2024	Tue	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 3, 2024	Wed	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 4, 2024	Thu	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 5, 2024	Fri	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 9, 2024	Tue	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 11, 2024	Thu	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 12, 2024	Fri	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 15, 2024	Mon	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 16, 2024	Tue	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 17, 2024	Wed	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 18, 2024	Thu	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 29, 2024	Mon	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Apr 30, 2024	Tue	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 1, 2024	Wed	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 2, 2024	Thu	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 3, 2024	Fri	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
POSTPONED May 6, 2024	Mon	Regular Season	Holland Patent	4:00 PM		JFK Track		L
CANCELLED May 7, 2024	Tue	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 8, 2024	Wed	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 9, 2024	Thu	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 10, 2024	Fri	Regular Season	Holland Patent @ Rome Free Academy	4:30 PM		Stadium Track and Field	**Departure Date:** May 10, 2024	L
May 13, 2024	Mon	Regular Season (TVL League Meets)	Camden, Central Valley Academy, Holland Patent, New Hartford, Oneida, Utica Proctor (DMS), Vernon-Verona-Sherrill, Whitesboro @ Rome Free Academy	4:00 PM		Stadium Track and Field	**Departure Point:** JFK Gym Doors (Dumpsters) **Departure Date:** May 13, 2024 **Departure Time:** 2:45 AM	L
May 14, 2024	Tue	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 15, 2024	Wed	Practice	N/A	2:20 PM	4:00 PM	JFK Track		

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May 16, 2024	Thu	Regular Season	@ Vernon-Verona-Sherrill	4:00 PM		Track		L
May 20, 2024	Mon	Regular Season	@ Oneida	4:00 PM		HS Track	**Departure Date:** May 20, 2024	L
May 21, 2024	Tue	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 22, 2024	Wed	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 23, 2024	Thu	Regular Season	Central Valley Academy	4:00 PM		JFK Track		L
May 27, 2024	Mon	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 30, 2024	Thu	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
May 31, 2024	Fri	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Jun 3, 2024	Mon	Practice	N/A	2:20 PM	4:00 PM	JFK Track		
Jun 3, 2024	Mon	Regular Season	@ Whitesboro	4:00 PM		Ed Wadas Complex High School	**Departure Point:** JFK Gym Doors **Departure Date:** May 29, 2024 **Departure Time:** 2:45 PM	L
Jun 4, 2024	Tue	Regular Season	@ New Hartford	4:00 PM		New Hartford HS Track	**Departure Date:** Jun 4, 2024	L
POSTPONED Jun 6, 2024	Thu	Regular Season	@ Utica Proctor (DMS)	4:15 PM		PHS HS Track		L

Date: 2026-11-23