

Coaches:

- Heather Monroe
- Jerry Tine

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track			
Mar 11, 2024	Mon	Practice	N/A	TBD		PHS Main Gym			
Mar 12, 2024	Tue	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track			
Mar 12, 2024	Tue	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)			
Mar 13, 2024	Wed	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track			
Mar 13, 2024	Wed	Practice	N/A	TBD		PHS Main Gym			
Mar 14, 2024	Thu	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track			
Mar 14, 2024	Thu	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)			
Mar 15, 2024	Fri	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track			
Mar 15, 2024	Fri	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)			
Mar 16, 2024	Sat	Practice	N/A	TBD		PHS HS Track, PHS AUX Gym (Volleyball gym), PHS Indoor Track (Practice Facility)			
Mar 18, 2024	Mon	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track			
Mar 18, 2024	Mon	Practice	N/A	TBD		PHS Main Gym			
Mar 19, 2024	Tue	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 19, 2024	Tue	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)		
Mar 20, 2024	Wed	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Mar 20, 2024	Wed	Practice	N/A	TBD		PHS Main Gym		
Mar 21, 2024	Thu	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Mar 21, 2024	Thu	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)		
Mar 22, 2024	Fri	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Mar 22, 2024	Fri	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)		
Mar 23, 2024	Sat	Practice	N/A	TBD		PHS HS Track, PHS AUX Gym (Volleyball gym), PHS Indoor Track (Practice Facility)		
Mar 25, 2024	Mon	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Mar 25, 2024	Mon	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)		
Mar 26, 2024	Tue	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Mar 26, 2024	Tue	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)		
Mar 27, 2024	Wed	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Mar 27, 2024	Wed	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)		
Mar 28, 2024	Thu	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 28, 2024	Thu	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)		
Mar 29, 2024	Fri	Practice	N/A	TBD	5:00 PM	PHS AUX Gym (Volleyball gym)		
Apr 1, 2024	Mon	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 2, 2024	Tue	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Apr 2, 2024	Tue	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 3, 2024	Wed	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Apr 3, 2024	Wed	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 4, 2024	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Apr 4, 2024	Thu	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 5, 2024	Fri	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Apr 5, 2024	Fri	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 8, 2024	Mon	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 9, 2024	Tue	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 10, 2024	Wed	Practice	N/A	9:00 AM	11:00 AM	PHS Stadium (Turf Field/Track)		
Apr 10, 2024	Wed	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 11, 2024	Thu	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 11, 2024	Thu	Regular Season	Holland Patent	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		L
Apr 12, 2024	Fri	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 15, 2024	Mon	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 16, 2024	Tue	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 17, 2024	Wed	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 17, 2024	Wed	Regular Season	@ New Hartford	4:00 PM		New Hartford HS Track	Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM	L
Apr 18, 2024	Thu	Practice (B/G Outdoor Track and Field Practice)	N/A	3:00 PM	5:00 PM	PHS HS Track		
Apr 19, 2024	Fri	Regular Season (Utica-Proctor Track and Field Invitational)	Waterville	3:30 PM		PHS Stadium (Turf Field/Track)		L
Apr 19, 2024	Fri	Regular Season (Cook DeStefano Invitaional)	TBD	3:45 PM		PHS Stadium (Turf Field/Track)	Bus/Driver: Durham Departure Point: Cafe	NL
Apr 19, 2024	Fri	Regular Season (Cook DeStefano Invite)	Holland Patent	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		L
Apr 19, 2024	Fri	Regular Season (Cook-DeStefano Invitational)	Mount Markham	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		NL
Apr 19, 2024	Fri	Regular Season (Proctor Cook-Destefano Invite)	Clinton	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		NL
Apr 26, 2024	Fri	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	7:00 PM	Chittenango HS- Stadium	Departure Point: cafeteria	NL
Apr 26, 2024	Fri	Regular Season (Chittenango Invitational @ Chittenango High School)	@ TBD	TBD		TBD	Bus/Driver: Durham Departure Point: Cafe Departure Time: 10:30 AM	NL
May 1, 2024	Wed	Regular Season (Senior Night) 55-86 L	Whitesboro	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 3, 2024	Fri	Regular Season (Ed Wadas Memorial Invitational Whitesboro NY)	@ TBD	4:00 PM		TBD	Bus/Driver: Durham	Departure Point: Cafe	L
May 3, 2024	Fri	Regular Season (Ed Wadas Invitational)	Remsen, Niskayuna High School, Watertown, Rome Free Academy, Dolgeville, Clinton, South Jefferson, Altmar-Parish-Williamstown (APW Rebels), Notre Dame, Utica, Nottingham, Oneida, Waterville, South Lewis, Adirondack, Central Square, Weedsport, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer @ Whitesboro	4:00 PM	10:30 PM	Ed Wadas Complex High School			NL
May 6, 2024	Mon	Regular Season (TVL Rookie Meet)	Camden, Central Valley Academy, Holland Patent, Notre Dame, Utica, Oneida, New Hartford, Whitesboro, Vernon-Verona-Sherrill @ Rome Free Academy	5:00 PM		Stadium Track and Field			L
May 8, 2024	Wed	Regular Season	@ Rome Free Academy	4:30 PM		Stadium Track and Field		Departure Time: 2:45 PM Return Date: Return Time: 7:30 PM	L
May 10, 2024	Fri	Regular Season (Oneida Invitational)	@ TBD	3:45 PM		TBD	Bus/Driver: Durham	Departure Point: Cafe Departure Time: 2:45 PM Return Date: Return Time: 10:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
May 14, 2024	Tue	Regular Season (TVL Invitational CO-ED)	Camden, Central Valley Academy, Holland Patent, Notre Dame, Utica, New Hartford, Oneida, Rome Free Academy, Vernon-Verona-Sherrill, Whitesboro	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		L
May 20, 2024	Mon	Post-Season (Track Sectionals @ CNS HS)	@ TBD	4:00 PM		TBD	Bus/Driver: Durham	Departure Point: Cafe Departure Date: May 20, 2024 NL
May 28, 2024	Tue	Practice	N/A	10:00 AM	12:00 PM	PHS Stadium (Turf Field/Track), PHS HS Track, PHS AUX Gym (Volleyball gym)		
May 29, 2024	Wed	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track), PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		
May 30, 2024	Thu	Post-Season (State Qualifier @ CNS)	@ TBD	4:00 PM		TBD	Bus/Driver: Durham	Departure Point: Cafe NL
May 31, 2024	Fri	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track), PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		
Jun 3, 2024	Mon	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track), PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Jun 4, 2024	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track), PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		
Jun 5, 2024	Wed	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track), PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		
Jun 6, 2024	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track), PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		
Jun 7, 2024	Fri	Post-Season (NYS Track Championship @ CNS)	@ TBD	11:00 AM	TBD	TBD	Bus/Driver: Durham Departure Point: Cafe Departure Time: 8:30 AM	NL
Jun 8, 2024	Sat	Post-Season (NYS Track Championship @ CNS)	@ TBD	TBD	TBD	TBD	Bus/Driver: Durham Departure Point: Cafe	NL

Date: 2025-12-19