

Coaches:

- Heather Monroe
- Jerry Tine

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 16, 2020	Mon	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Mar 16, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 16, 2020	Mon	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Mar 16, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Mar 16, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Mar 17, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Mar 17, 2020	Tue	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 17, 2020	Tue	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Mar 17, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Mar 18, 2020	Wed	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Mar 18, 2020	Wed	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Mar 18, 2020	Wed	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 18, 2020	Wed	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Mar 18, 2020	Wed	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
CANCELLED Mar 19, 2020	Thu	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 20, 2020	Fri	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Mar 23, 2020	Mon	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Mar 23, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 23, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 23, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Mar 23, 2020	Mon	Practice	N/A	TBD		TBD		
Mar 24, 2020	Tue	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 24, 2020	Tue	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Mar 24, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Mar 24, 2020	Tue	Practice	N/A	TBD		TBD		
Mar 25, 2020	Wed	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Mar 25, 2020	Wed	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 25, 2020	Wed	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Mar 25, 2020	Wed	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Mar 25, 2020	Wed	Practice	N/A	TBD		TBD		
Mar 26, 2020	Thu	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 26, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Mar 27, 2020	Fri	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 27, 2020	Fri	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Mar 27, 2020	Fri	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Mar 27, 2020	Fri	Practice	N/A	TBD		TBD		
Mar 30, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 30, 2020	Mon	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Mar 30, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Mar 30, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Mar 30, 2020	Mon	Practice	N/A	TBD		TBD		
Mar 31, 2020	Tue	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 31, 2020	Tue	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Mar 31, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Mar 31, 2020	Tue	Practice	N/A	TBD		TBD		
Apr 1, 2020	Wed	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 1, 2020	Wed	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Apr 1, 2020	Wed	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Apr 1, 2020	Wed	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Apr 1, 2020	Wed	Practice	N/A	TBD		TBD		
Apr 2, 2020	Thu	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 2, 2020	Thu	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Apr 2, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Apr 2, 2020	Thu	Practice	N/A	TBD		TBD		
Apr 13, 2020	Mon	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Apr 14, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Apr 14, 2020	Tue	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 14, 2020	Tue	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Apr 14, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
CANCELLED Apr 15, 2020	Wed	Regular Season	@ Vernon-Verona-Sherrill	4:00 PM		Track		L
Apr 15, 2020	Wed	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Apr 16, 2020	Thu	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 16, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Apr 17, 2020	Fri	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 17, 2020	Fri	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 17, 2020	Fri	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Apr 17, 2020	Fri	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Apr 20, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 20, 2020	Mon	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Apr 20, 2020	Mon	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Apr 20, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Apr 20, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Apr 21, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Apr 21, 2020	Tue	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 21, 2020	Tue	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Apr 21, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
CANCELLED Apr 22, 2020	Wed	Regular Season	Rome Free Academy	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		L
Apr 22, 2020	Wed	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Apr 23, 2020	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Apr 23, 2020	Thu	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Apr 23, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Apr 27, 2020	Mon	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Apr 27, 2020	Mon	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Apr 27, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 27, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Apr 27, 2020	Mon	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Apr 28, 2020	Tue	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 28, 2020	Tue	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 28, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Apr 28, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
POSTPONED Apr 29, 2020	Wed	Regular Season	@ Oneida	4:00 PM		HS Track		L
POSTPONED Apr 29, 2020	Wed	Regular Season (at Oneida)	@ Camden	4:15 PM		TBD		L
Apr 29, 2020	Wed	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Apr 30, 2020	Thu	Practice (Boys and Girls Outdoor Track and Field Practice)	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Apr 30, 2020	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
Apr 30, 2020	Thu	Practice	N/A	2:45 PM	4:00 PM	PHS Main Gym		
Apr 30, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
May 1, 2020	Fri	Practice	N/A	2:45 PM	4:30 PM	PHS Stadium (Turf Field/Track)		
May 4, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
May 5, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
POSTPONED May 6, 2020	Wed	Regular Season	Central Valley Academy @ New Hartford	4:00 PM		New Hartford HS Track		L
POSTPONED May 6, 2020	Wed	Regular Season	@ Central Valley Academy	4:30 PM		New Hartford HS Track		L
May 7, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
May 11, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
May 12, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
POSTPONED May 13, 2020	Wed	Regular Season	@ Whitesboro	4:00 PM		Ed Wadas Complex High School		L
May 14, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
May 18, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED May 19, 2020	Tue	Regular Season (TVL Championship)	Whitesboro, Central Valley Academy, New Hartford, Vernon-Verona-Sherrill, Rome Free Academy, Oneida @ Camden	4:15 PM		Camden High School Stadium		L
May 21, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
POSTPONED May 22, 2020	Fri	Regular Season (Co-Ed Track invitational)	Whitesboro	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		NL
May 22, 2020	Fri	Regular Season (Cook DeStefano Invite)	TBD	TBD		PHS Stadium (Turf Field/Track)		NL
May 26, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
May 28, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
May 29, 2020	Fri	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Jun 1, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Jun 2, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Jun 3, 2020	Wed	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Jun 4, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Jun 8, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Jun 9, 2020	Tue	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Jun 10, 2020	Wed	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		
Jun 11, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Weight Room		

Date: 2026-01-10