

Coaches:

- Robert Heinrich
- James Caswell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 13, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	MVCC Field House		
Mar 14, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	MVCC Field House		
Mar 15, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	MVCC Field House		
Mar 16, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	MVCC Field House		
Mar 17, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	MVCC Field House		
Mar 18, 2023	Sat	Practice	N/A	11:00 AM	1:00 PM	PHS Main Gym		
Mar 20, 2023	Mon	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Mar 21, 2023	Tue	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Mar 22, 2023	Wed	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Mar 23, 2023	Thu	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Mar 24, 2023	Fri	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Mar 25, 2023	Sat	Practice	N/A	11:00 AM	1:00 PM	PHS Stadium (Turf Field/Track)		
Mar 27, 2023	Mon	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Mar 28, 2023	Tue	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Mar 29, 2023	Wed	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Mar 30, 2023	Thu	Regular Season 1-18 L	@ Fulton	5:30 PM		Fulton High School Stadium Field	Departure Point: Lower stadium entrance Departure Date: Mar 30, 2023 Departure Time: 3:05 PM	NL
Mar 31, 2023	Fri	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Apr 1, 2023	Sat	Practice	N/A	11:00 AM	1:00 PM	PHS Stadium (Turf Field/Track)		
Apr 3, 2023	Mon	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		

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Apr 4, 2023	Tue	Regular Season 4-20 L	Syracuse City (Syracuse City)	4:00 PM	6:30 PM	PHS Stadium (Turf Field/Track)	Departure Point: Stadium	L
Apr 6, 2023	Thu	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Apr 7, 2023	Fri	Practice (Boys lacrosse practice)	N/A	11:00 AM	1:30 PM	PHS Stadium (Turf Field/Track)		
CANCELLED Apr 7, 2023	Fri	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
POSTPONED Apr 8, 2023	Sat	Practice	N/A	10:56 AM	12:56 PM	PHS Stadium (Turf Field/Track)		
POSTPONED Apr 8, 2023	Sat	Practice (Boys lacrosse practice)	N/A	11:00 AM	1:30 PM	PHS Stadium (Turf Field/Track)		
Apr 10, 2023	Mon	Practice (Boys lacrosse practice)	N/A	2:00 PM	5:00 PM	PHS Stadium (Turf Field/Track)		
Apr 11, 2023	Tue	Practice (Boys lacrosse practice)	N/A	2:00 PM	5:00 PM	PHS Stadium (Turf Field/Track)		
Apr 12, 2023	Wed	Practice (Boys lacrosse practice)	N/A	2:00 PM	5:00 PM	PHS Stadium (Turf Field/Track)		
Apr 13, 2023	Thu	Practice (Boys lacrosse practice)	N/A	2:00 PM	5:00 PM	PHS Stadium (Turf Field/Track)		
Apr 14, 2023	Fri	Practice (Boys lacrosse practice)	N/A	2:00 PM	5:00 PM	PHS Stadium (Turf Field/Track)		
Apr 17, 2023	Mon	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Apr 18, 2023	Tue	Regular Season	Vernon-Verona-Sherrill	4:15 PM	6:30 PM	PHS Stadium (Turf Field/Track)		NL
Apr 19, 2023	Wed	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Grass Soccer Field		
Apr 20, 2023	Thu	Regular Season 3-20 L	Whitesboro	5:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		NL
Apr 21, 2023	Fri	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Grass Soccer Field		
Apr 22, 2023	Sat	Practice (Boys lax practice)	N/A	10:00 AM	12:35 PM	PHS Stadium (Turf Field/Track)		
Apr 24, 2023	Mon	Regular Season	@ Holland Patent	6:00 PM	9:00 PM	HS Stadium / Track	Departure Point: Stadium Departure Date: Apr 24, 2023 Departure Time: 4:30 PM	NL
Apr 25, 2023	Tue	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		

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Apr 26, 2023	Wed	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Apr 27, 2023	Thu	Regular Season	@ Rome Free Academy	4:30 PM		Stadium Turf Field	Departure Point: Lower stadium entrance Departure Date: Apr 27, 2023 Departure Time: 3:15 PM	L
Apr 28, 2023	Fri	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Apr 29, 2023	Sat	Regular Season	@ Thousand Islands	12:00 PM		Thousand Islands Turf Field	Departure Point: Lower stadium entrance Departure Time: 8:30 AM	NL
May 1, 2023	Mon	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
May 2, 2023	Tue	Regular Season	Holland Patent	4:15 PM	6:30 PM	PHS Stadium (Turf Field/Track)	Departure Point: Stadium	L
May 3, 2023	Wed	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Grass Soccer Field		
May 4, 2023	Thu	Regular Season	@ Vernon-Verona-Sherrill	6:30 PM	9:00 PM	Turf Field Stadium	Departure Point: Lower stadium entrance Departure Date: May 4, 2023 Departure Time: 5:00 PM	L
May 5, 2023	Fri	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
May 5, 2023	Fri	Regular Season (@ HCCC)	@ TBD	6:00 PM		TBD	Departure Point: Lower stadium entrance Departure Time: 4:15 PM	NL
May 6, 2023	Sat	Practice (Varsity Lacrosse Practice)	N/A	11:00 AM	1:30 PM	PHS Stadium (Turf Field/Track)		
May 8, 2023	Mon	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
May 9, 2023	Tue	Regular Season 2-23 L	@ Whitesboro	5:30 PM		Ed Wadas Complex High School	Departure Point: Lower stadium entrance Departure Date: May 9, 2023 Departure Time: 4:15 PM	L
May 10, 2023	Wed	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Grass Soccer Field		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 11, 2023	Thu	Regular Season	@ New Hartford	5:00 PM		New Hartford HS Turf Field	Departure Point: Lower stadium entrance Departure Date: May 11, 2023 Departure Time: 3:45 PM	L
May 12, 2023	Fri	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
May 15, 2023	Mon	Regular Season	Fulton	5:00 PM	6:30 PM	PHS Stadium (Turf Field/Track)	Departure Point: Stadium	NL
May 16, 2023	Tue	Regular Season	Rome Free Academy	6:00 PM	8:30 PM	PHS Stadium (Turf Field/Track)	Departure Point: Stadium	NL
May 17, 2023	Wed	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
May 18, 2023	Thu	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
May 19, 2023	Fri	Regular Season	@ Jordan-Elbridge	6:00 PM	8:00 PM	JEHS Stadium	Departure Point: Lower stadium entrance Departure Time: 3:15 PM	NL
May 22, 2023	Mon	Practice (Varsity Lacrosse Practice)	N/A	2:45 PM	6:00 PM	PHS Stadium (Turf Field/Track)		

Date: 2026-01-11