


Utica Proctor
(B) V Lacrosse
Coaches:

- Robert Heinrich
- James Caswell

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------|-----------|------------|----------|----------------------------------|--|---------------------|
| Mar 13, 2023 | Mon | Practice | N/A | 2:45 PM | 5:00 PM | MVCC Field House | | |
| Mar 14, 2023 | Tue | Practice | N/A | 2:45 PM | 5:00 PM | MVCC Field House | | |
| Mar 15, 2023 | Wed | Practice | N/A | 2:45 PM | 5:00 PM | MVCC Field House | | |
| Mar 16, 2023 | Thu | Practice | N/A | 2:45 PM | 5:00 PM | MVCC Field House | | |
| Mar 17, 2023 | Fri | Practice | N/A | 2:45 PM | 5:00 PM | MVCC Field House | | |
| Mar 18, 2023 | Sat | Practice | N/A | 11:00 AM | 1:00 PM | PHS Main Gym | | |
| Mar 20, 2023 | Mon | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Mar 21, 2023 | Tue | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Mar 22, 2023 | Wed | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Mar 23, 2023 | Thu | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Mar 24, 2023 | Fri | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Mar 25, 2023 | Sat | Practice | N/A | 11:00 AM | 1:00 PM | PHS Stadium (Turf Field/Track) | | |
| Mar 27, 2023 | Mon | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Mar 28, 2023 | Tue | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Mar 29, 2023 | Wed | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Mar 30, 2023 | Thu | Regular Season 1-18 L | @ Fulton | 5:30 PM | | Fulton High School Stadium Field | Departure Point: Lower stadium entrance Departure Date: Mar 30, 2023 Departure Time: 3:05 PM | NL |
| Mar 31, 2023 | Fri | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 1, 2023 | Sat | Practice | N/A | 11:00 AM | 1:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 3, 2023 | Mon | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |

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| Apr 4, 2023 | Tue | Regular Season 4-20 L | Syracuse City (Syracuse City) | 4:00 PM | 6:30 PM | PHS Stadium (Turf Field/Track) | Departure Point: Stadium | L |
| Apr 6, 2023 | Thu | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 7, 2023 | Fri | Practice (Boys lacrosse practice) | N/A | 11:00 AM | 1:30 PM | PHS Stadium (Turf Field/Track) | | |
| CANCELLED Apr 7, 2023 | Fri | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| POSTPONED Apr 8, 2023 | Sat | Practice | N/A | 10:56 AM | 12:56 PM | PHS Stadium (Turf Field/Track) | | |
| POSTPONED Apr 8, 2023 | Sat | Practice (Boys lacrosse practice) | N/A | 11:00 AM | 1:30 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 10, 2023 | Mon | Practice (Boys lacrosse practice) | N/A | 2:00 PM | 5:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 11, 2023 | Tue | Practice (Boys lacrosse practice) | N/A | 2:00 PM | 5:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 12, 2023 | Wed | Practice (Boys lacrosse practice) | N/A | 2:00 PM | 5:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 13, 2023 | Thu | Practice (Boys lacrosse practice) | N/A | 2:00 PM | 5:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 14, 2023 | Fri | Practice (Boys lacrosse practice) | N/A | 2:00 PM | 5:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 17, 2023 | Mon | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 18, 2023 | Tue | Regular Season | Vernon-Verona-Sherrill | 4:15 PM | 6:30 PM | PHS Stadium (Turf Field/Track) | | NL |
| Apr 19, 2023 | Wed | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Grass Soccer Field | | |
| Apr 20, 2023 | Thu | Regular Season 3-20 L | Whitesboro | 5:00 PM | 6:45 PM | PHS Stadium (Turf Field/Track) | | NL |
| Apr 21, 2023 | Fri | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Grass Soccer Field | | |
| Apr 22, 2023 | Sat | Practice (Boys lax practice) | N/A | 10:00 AM | 12:35 PM | PHS Stadium (Turf Field/Track) | | |
| | | | | | | | Departure Point: Stadium | |
| Apr 24, 2023 | Mon | Regular Season | @ Holland Patent | 6:00 PM | 9:00 PM | HS Stadium / Track | Departure Date: Apr 24, 2023 | NL |
| | | | | | | | Departure Time: 4:30 PM | |
| Apr 25, 2023 | Tue | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |

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| Apr 26, 2023 | Wed | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 27, 2023 | Thu | Regular Season | @ Rome Free Academy | 4:30 PM | | Stadium Turf Field | Departure Point: Lower stadium entrance Departure Date: Apr 27, 2023 Departure Time: 3:15 PM | L |
| Apr 28, 2023 | Fri | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| Apr 29, 2023 | Sat | Regular Season | @ Thousand Islands | 12:00 PM | | Thousand Islands Turf Field | Departure Point: Lower stadium entrance Departure Time: 8:30 AM | NL |
| May 1, 2023 | Mon | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| May 2, 2023 | Tue | Regular Season | Holland Patent | 4:15 PM | 6:30 PM | PHS Stadium (Turf Field/Track) | Departure Point: Stadium | L |
| May 3, 2023 | Wed | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Grass Soccer Field | | |
| May 4, 2023 | Thu | Regular Season | @ Vernon-Verona-Sherrill | 6:30 PM | 9:00 PM | Turf Field Stadium | Departure Point: Lower stadium entrance Departure Date: May 4, 2023 Departure Time: 5:00 PM | L |
| May 5, 2023 | Fri | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| May 5, 2023 | Fri | Regular Season (@ HCCC) | @ TBD | 6:00 PM | | TBD | Departure Point: Lower stadium entrance Departure Time: 4:15 PM | NL |
| May 6, 2023 | Sat | Practice (Varsity Lacrosse Practice) | N/A | 11:00 AM | 1:30 PM | PHS Stadium (Turf Field/Track) | | |
| May 8, 2023 | Mon | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| May 9, 2023 | Tue | Regular Season 2-23 L | @ Whitesboro | 5:30 PM | | Ed Wadas Complex High School | Departure Point: Lower stadium entrance Departure Date: May 9, 2023 Departure Time: 4:15 PM | L |
| May 10, 2023 | Wed | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Grass Soccer Field | | |

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| May 11, 2023 | Thu | Regular Season | @ New Hartford | 5:00 PM | | New Hartford HS Turf Field | Departure Point: Lower stadium entrance Departure Date: May 11, 2023 Departure Time: 3:45 PM | L |
| May 12, 2023 | Fri | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| May 15, 2023 | Mon | Regular Season | Fulton | 5:00 PM | 6:30 PM | PHS Stadium (Turf Field/Track) | Departure Point: Stadium | NL |
| May 16, 2023 | Tue | Regular Season | Rome Free Academy | 6:00 PM | 8:30 PM | PHS Stadium (Turf Field/Track) | Departure Point: Stadium | NL |
| May 17, 2023 | Wed | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| May 18, 2023 | Thu | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |
| May 19, 2023 | Fri | Regular Season | @ Jordan-Elbridge | 6:00 PM | 8:00 PM | JEHS Stadium | Departure Point: Lower stadium entrance Departure Time: 3:15 PM | NL |
| May 22, 2023 | Mon | Practice (Varsity Lacrosse Practice) | N/A | 2:45 PM | 6:00 PM | PHS Stadium (Turf Field/Track) | | |

Date: 2026-01-11