

**Coaches:**

- Amanda Zdanowicz

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 25, 2021	Wed	Practice	N/A	2:00 PM	3:30 PM	Valley Gymnastics		
Aug 26, 2021	Thu	Practice	N/A	2:00 PM	3:30 PM	Valley Gymnastics		
Aug 27, 2021	Fri	Practice	N/A	4:00 PM	6:00 PM	Valley Gymnastics		
Aug 31, 2021	Tue	Practice	N/A	12:00 PM	2:00 PM	Valley Gymnastics		
Sep 1, 2021	Wed	Practice	N/A	4:00 PM	5:30 PM	Valley Gymnastics		
Sep 2, 2021	Thu	Practice	N/A	4:00 PM	5:30 PM	Valley Gymnastics		
Sep 7, 2021	Tue	Practice	N/A	7:00 PM	8:00 PM	Valley Gymnastics		
Sep 8, 2021	Wed	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 9, 2021	Thu	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 10, 2021	Fri	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 11, 2021	Sat	Regular Season 117-139-123 L	Baldwinsville @ New Hartford	3:00 PM	5:00 PM	Valley Gymnastics		NL
Sep 13, 2021	Mon	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 14, 2021	Tue	Practice	N/A	7:00 PM	8:00 PM	Valley Gymnastics		
Sep 16, 2021	Thu	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 17, 2021	Fri	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 18, 2021	Sat	Regular Season 111-107 W	Rome Free Academy	3:30 PM		Valley Gymnastics Center		L
Sep 20, 2021	Mon	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 21, 2021	Tue	Practice	N/A	7:00 PM	8:00 PM	Valley Gymnastics		
Sep 23, 2021	Thu	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 24, 2021	Fri	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 27, 2021	Mon	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Sep 28, 2021	Tue	Practice	N/A	7:00 PM	8:00 PM	Valley Gymnastics		
Sep 30, 2021	Thu	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Oct 2, 2021	Sat	Regular Season 107-123-127 L	Central Square, East Syracuse Minoa (ESM/Lpool)	1:00 PM		Valley Gymnastics		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 4, 2021	Mon	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Oct 5, 2021	Tue	Practice	N/A	7:00 PM	8:00 PM	Valley Gymnastics		
Oct 6, 2021	Wed	Practice	N/A	7:00 PM	8:00 PM	Valley Gymnastics		
CANCELLED Oct 7, 2021	Thu	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Oct 7, 2021	Thu	Regular Season 108-139-139-136 L	New Hartford, Jamesville-Dewitt (JD/FM Gymnastics) @ Whitesboro	7:00 PM	9:00 PM	Valley Gymnastics		L
Oct 12, 2021	Tue	Practice	N/A	7:00 PM	8:00 PM	Valley Gymnastics		
Oct 13, 2021	Wed	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Oct 14, 2021	Thu	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Oct 15, 2021	Fri	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Oct 18, 2021	Mon	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Oct 19, 2021	Tue	Practice	N/A	7:00 PM	8:00 PM	Valley Gymnastics		
Oct 20, 2021	Wed	Practice	N/A	7:00 PM	8:00 PM	Valley Gymnastics		
Oct 21, 2021	Thu	Practice	N/A	4:00 PM	5:00 PM	Valley Gymnastics		
Oct 22, 2021	Fri	Post-Season (Sectionals )	TBD	10:00 AM		Valley Gymnastics		NL

Date: 2025-12-07