



Utica Proctor (G) V Gymnastics

Coaches:

- Amanda Zdanowicz

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	2:30 PM	4:30 PM	Valley Gymnastics		
Aug 22, 2023	Tue	Practice	N/A	2:30 PM	4:30 PM	Valley Gymnastics		
Aug 23, 2023	Wed	Practice	N/A	2:30 PM	4:30 PM	Valley Gymnastics		
Aug 24, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Valley Gymnastics		
Aug 25, 2023	Fri	Practice	N/A	9:30 AM	11:30 AM	Valley Gymnastics		
Aug 28, 2023	Mon	Practice	N/A	9:30 AM	11:30 AM	Valley Gymnastics		
Aug 29, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	Valley Gymnastics		
Aug 30, 2023	Wed	Practice	N/A	9:30 AM	11:30 AM	Valley Gymnastics		
Aug 31, 2023	Thu	Practice	N/A	9:30 AM	11:30 AM	Valley Gymnastics		
Sep 5, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 6, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 7, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 8, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 11, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 12, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 13, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 14, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 15, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 19, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 20, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 21, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 22, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 25, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 26, 2023	Tue	Regular Season	Baldwinsville	6:30 PM	8:30 PM	Valley Gymnastics		L
Sep 27, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Sep 28, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 29, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 2, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 3, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 4, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 5, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 10, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 11, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 12, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 13, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 16, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 17, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 18, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 19, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Valley Gymnastics		
Oct 20, 2023	Fri	Regular Season (Sectionals)	TBD	TBD		Valley Gymnastics		L

Date: 2024-05-01