

**Coaches:**

- Steve Strife, Head Coach
- Byron Abraham, Asst Coach
- Anthony Mucurio, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 8, 2022	Fri	Practice (Varsity Football Off-Season Workout)	N/A	5:00 PM	6:30 PM	PHS Softball "TURF " Field			
Jul 13, 2022	Wed	Practice (Varsity Football Off-Season Workout)	N/A	5:00 PM	6:30 PM	PHS Weight Room			
Jul 15, 2022	Fri	Practice (Varsity Football Off-Season Workout)	N/A	5:00 PM	6:30 PM	PHS Stadium (Turf Field/Track)			
Jul 17, 2022	Sun	Practice (Varsity Football Off-Season Workout)	N/A	2:00 PM	3:30 PM	PHS Stadium (Turf Field/Track)			
Jul 18, 2022	Mon	Practice (Varsity Football Off-Season Workout)	N/A	5:00 PM	6:30 PM	PHS Weight Room			
Jul 20, 2022	Wed	Practice (Varsity Football Off-Season Workout)	N/A	5:00 PM	6:30 PM	PHS Weight Room			
Jul 25, 2022	Mon	Practice (Varsity Football Off-Season Workout)	N/A	6:00 PM	7:30 PM	PHS Weight Room			
Jul 27, 2022	Wed	Practice (Varsity Football Off-Season Workout)	N/A	6:00 PM	7:30 PM	PHS Softball "TURF " Field			
Jul 29, 2022	Fri	Practice (Varsity Football Off-Season Workout)	N/A	3:30 PM	5:00 PM	PHS Weight Room			
Jul 31, 2022	Sun	Practice (Varsity Football Off-Season Workout)	N/A	6:00 PM	7:30 PM	PHS Stadium (Turf Field/Track)			
Aug 1, 2022	Mon	Practice (Varsity Football Off-Season Workout)	N/A	6:00 PM	7:30 PM	PHS Weight Room			
Aug 3, 2022	Wed	Practice (Varsity Football Off-Season Workout)	N/A	3:30 PM	5:00 PM	PHS Softball "TURF " Field			
Aug 5, 2022	Fri	Practice (Varsity Football Off-Season Workout)	N/A	5:00 PM	6:30 PM	PHS Weight Room			
Aug 8, 2022	Mon	Practice (Varsity Football Off-Season Workout)	N/A	6:00 PM	7:30 PM	PHS Weight Room			
Aug 15, 2022	Mon	Practice (Varsity Football Off-Season Workout)	N/A	6:30 PM	7:30 PM	PHS Stadium (Turf Field/Track)			
Aug 16, 2022	Tue	Practice (Varsity Football Off-Season Workout)	N/A	6:30 PM	7:30 PM	PHS Stadium (Turf Field/Track)			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 17, 2022	Wed	Practice (Varsity Football Off-Season Workout)	N/A	6:30 PM	7:30 PM	PHS Stadium (Turf Field/Track)			
Aug 20, 2022	Sat	Practice (Varsity Football Practice)	N/A	6:00 PM	9:00 PM	PHS Stadium (Turf Field/Track)			
Aug 22, 2022	Mon	Practice (Varsity Football Practice)	N/A	3:00 PM	8:00 PM	PHS Stadium (Turf Field/Track)			
Aug 23, 2022	Tue	Practice (Varsity Football Practice)	N/A	3:00 PM	8:00 PM	PHS Stadium (Turf Field/Track)			
Aug 24, 2022	Wed	Practice (Varsity Football Practice)	N/A	3:00 PM	8:00 PM	PHS Stadium (Turf Field/Track)			
Aug 25, 2022	Thu	Practice (Varsity Football Practice)	N/A	3:00 PM	8:00 PM	PHS Stadium (Turf Field/Track)			
Aug 26, 2022	Fri	Practice (Varsity Football Practice)	N/A	3:00 PM	8:00 PM	PHS Stadium (Turf Field/Track)			
Aug 27, 2022	Sat	Practice (Varsity Football Practice)	N/A	2:00 PM	5:00 PM	PHS Stadium (Turf Field/Track)			
Aug 29, 2022	Mon	Practice (Varsity Football Practice)	N/A	3:00 PM	8:00 PM	PHS Stadium (Turf Field/Track)			
Aug 30, 2022	Tue	Practice (Varsity Football Practice)	N/A	3:00 PM	8:00 PM	PHS Stadium (Turf Field/Track)			
Aug 31, 2022	Wed	Practice (Varsity Football Practice)	N/A	3:00 PM	8:00 PM	PHS Softball "TURF " Field			
Sep 1, 2022	Thu	Practice (Varsity Football Practice)	N/A	3:00 PM	8:00 PM	PHS Softball "TURF " Field			
Sep 2, 2022	Fri	Scrimmage	Liverpool	12:00 PM		PHS Stadium (Turf Field/Track)			NL
Sep 4, 2022	Sun	Practice (Varsity Football Practice)	N/A	10:00 AM	1:00 PM	PHS Stadium (Turf Field/Track)			
Sep 5, 2022	Mon	Practice (Varsity Football Practice)	N/A	3:00 PM	6:00 PM	PHS Stadium (Turf Field/Track)			
Sep 6, 2022	Tue	Practice (Varsity Football Practice)	N/A	3:00 PM	6:00 PM	PHS Softball "TURF " Field			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2022	Wed	Practice (Varsity Football Practice)	N/A	5:00 PM	7:00 PM	PHS Softball "TURF " Field			
Sep 9, 2022	Fri	Regular Season	@ Christian Brothers Academy, Dewitt	6:30 PM		Alibrandi Stadium	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Stadium Armory Drive <b>Departure Date:</b> Sep 9, 2022 <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	NL
Sep 12, 2022	Mon	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Stadium (Turf Field/Track)			
Sep 13, 2022	Tue	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Softball "TURF " Field			
Sep 14, 2022	Wed	Practice (Varsity Football Practice)	N/A	4:00 PM	7:00 PM	PHS Stadium (Turf Field/Track)			
Sep 15, 2022	Thu	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Softball "TURF " Field			
Sep 16, 2022	Fri	Practice (Varsity Football Practice)	N/A	3:00 PM	4:30 PM	PHS Stadium (Turf Field/Track)			
Sep 17, 2022	Sat	Regular Season 62-60 W	Whitesboro	1:30 PM	5:00 PM	PHS Stadium (Turf Field/Track)			NL
Sep 21, 2022	Wed	Practice (Varsity Football Practice)	N/A	3:00 PM	5:00 PM	PHS Stadium (Turf Field/Track)			
Sep 23, 2022	Fri	Practice (Varsity Football Practice)	N/A	3:00 PM	4:30 PM	PHS Stadium (Turf Field/Track)			
Sep 24, 2022	Sat	Regular Season	Rome Free Academy	1:30 PM	5:00 PM	PHS Stadium (Turf Field/Track)			L
Sep 27, 2022	Tue	Practice (Varsity Football Practice)	N/A	3:00 PM	6:00 PM	PHS Stadium (Turf Field/Track)			
Sep 28, 2022	Wed	Practice (Varsity Football Practice)	N/A	4:00 PM	7:00 PM	PHS Softball "TURF " Field			
Sep 30, 2022	Fri	Regular Season	@ Liverpool	6:00 PM		LIVERPOOL HS STADIUM	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Stadium Armory Drive <b>Departure Date:</b> Sep 30, 2022 <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 3, 2022	Mon	Practice (Varsity Football Practice)	N/A	4:00 PM	6:00 PM	PHS Stadium (Turf Field/Track)			
Oct 4, 2022	Tue	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Softball "TURF " Field			
Oct 5, 2022	Wed	Practice (Varsity Football Practice)	N/A	4:00 PM	7:00 PM	PHS Softball "TURF " Field			
Oct 7, 2022	Fri	Regular Season @ (HOMECOMING)	Baldwinsville	6:30 PM	9:00 PM	Bville - Baker P/A Stadium TURF	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Stadium Armory Drive <b>Departure Date:</b> Oct 7, 2022 <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	NL
Oct 10, 2022	Mon	Practice (Varsity Football Practice)	N/A	2:30 PM	5:30 PM	PHS Stadium (Turf Field/Track)			
Oct 11, 2022	Tue	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Softball "TURF " Field			
Oct 12, 2022	Wed	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Stadium (Turf Field/Track)			
Oct 13, 2022	Thu	Practice (Varsity Football Practice)	N/A	3:00 PM	5:00 PM	PHS AUX Gym (Volleyball gym)			
Oct 13, 2022	Thu	Practice (Varsity Football Practice)	N/A	3:00 PM	4:30 PM	PHS Stadium (Turf Field/Track)			
Oct 14, 2022	Fri	Regular Season	Henninger	6:00 PM	8:45 PM	PHS Stadium (Turf Field/Track)			L
Oct 22, 2022	Sat	Regular Season	Cicero-North Syracuse	1:30 PM	5:00 PM	PHS Stadium (Turf Field/Track)			L
Oct 27, 2022	Thu	Practice (Varsity Football Practice)	N/A	3:00 PM	5:00 PM	PHS Stadium (Turf Field/Track)			
Oct 28, 2022	Fri	Practice (Varsity Football Practice)	N/A	3:00 PM	5:00 PM	PHS Stadium (Turf Field/Track)			
Oct 29, 2022	Sat	Post-Season (Sectionals )	Liverpool	1:30 PM	5:00 PM	PHS Stadium (Turf Field/Track)			NL
Oct 31, 2022	Mon	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Stadium (Turf Field/Track)			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 1, 2022	Tue	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Stadium (Turf Field/Track)		
Nov 2, 2022	Wed	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Stadium (Turf Field/Track)		
Nov 3, 2022	Thu	Practice (Varsity Football Practice)	N/A	3:00 PM	5:30 PM	PHS Stadium (Turf Field/Track)		
Nov 4, 2022	Fri	Post-Season	@ Christian Brothers Academy, Dewitt	6:30 PM		Alibrandi Stadium		NL
Apr 29, 2023	Sat	Practice (Varsity Football Off-Season Workout)	N/A	11:00 AM	1:00 PM	PHS Weight Room		
Jun 4, 2023	Sun	Practice (Varsity Football Off-Season Workout)	N/A	6:30 PM	8:30 PM	PHS Stadium (Turf Field/Track)		
Jun 7, 2023	Wed	Practice (Varsity Football Off-Season Workout)	N/A	6:30 PM	8:00 PM	PHS Weight Room		
Jun 19, 2023	Mon	Practice (Varsity Football Off-Season Workout)	N/A	6:00 PM	8:00 PM	PHS Stadium (Turf Field/Track)		
Jun 22, 2023	Thu	Practice (Varsity Football Off-Season Workout)	N/A	4:00 PM	6:00 PM	PHS Weight Room		
Jun 25, 2023	Sun	Practice (Varsity Football Off-Season Workout)	N/A	6:00 PM	8:00 PM	PHS Stadium (Turf Field/Track)		

Date: 2025-12-17