



# Utica Proctor

## (B) 7/8TH Cross Country (JFK/DMS)

### Coaches:

- Courtney Siciliano
- Alexis Holmer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 25, 2025	Mon	Practice	N/A	8:30 PM	10:00 PM	Donovan Track			
Aug 26, 2025	Tue	Practice	N/A	8:30 PM	10:00 PM	Donovan Track			
Sep 2, 2025	Tue	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 3, 2025	Wed	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 4, 2025	Thu	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 5, 2025	Fri	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 8, 2025	Mon	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 9, 2025	Tue	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 10, 2025	Wed	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 11, 2025	Thu	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 12, 2025	Fri	Practice	N/A	2:45 PM	4:15 PM	Proctor Park			
Sep 13, 2025	Sat	Regular Season (NH INVITATIONAL)	Clinton, Oneonta, Camden, Adirondack, Central Valley Academy, DeRuyter, TBD, Herkimer, Notre Dame, Utica, Oneida, Poland, Sauquoit Valley, Vernon-Verona-Sherrill, Westmoreland, Whitesboro, Rome Free Academy @ New Hartford	9:00 AM		Cross Country Course (Perry JH)	Bus/Driver: First Student	Departure Point: Donovan Bus Loop Departure Time: 7:15 AM Return Date: Return Time: 10:45 AM	NL
Sep 15, 2025	Mon	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 16, 2025	Tue	Regular Season	Holland Patent, Notre Dame, Utica @ Camden	4:00 PM		Camden Cross Country Course	Bus/Driver: First Student	Departure Point: Donovan Bus Loop Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	L
CANCELLED Sep 17, 2025	Wed	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 18, 2025	Thu	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 19, 2025	Fri	Practice	N/A	2:45 PM	4:15 PM	Proctor Park			
Sep 22, 2025	Mon	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 23, 2025	Tue	Regular Season	Oneida @ Vernon-Verona-Sherrill	4:00 PM		Cross Country Course	Bus/Driver: First Student	Departure Point: Donovan Bus Loop Departure Time: 2:40 PM Return Date: Return Time: 5:30 PM	L
Sep 24, 2025	Wed	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 25, 2025	Thu	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 26, 2025	Fri	Practice	N/A	2:45 PM	4:15 PM	Proctor Park			
Sep 27, 2025	Sat	Regular Season (EJ Hermann Invite)	Oneonta, Whitesboro, Clinton	9:30 AM		Proctor Park			NL
Sep 27, 2025	Sat	Regular Season (EJ Herrmann Invitational)	Rome Free Academy	1:00 PM		Proctor Park			NL
Sep 27, 2025	Sat	Regular Season	New York Mills	TBD		Proctor Park			L
Sep 29, 2025	Mon	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Sep 30, 2025	Tue	Regular Season	Central Valley Academy @ Rome Free Academy	4:00 PM		RFA Cross Country Course	Bus/Driver: First Student	Departure Point: Donovan Bus Loop Departure Time: 2:45 PM Return Date: Return Time: 5:30 PM	L
CANCELLED Oct 1, 2025	Wed	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 2, 2025	Thu	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 3, 2025	Fri	Practice	N/A	2:45 PM	4:15 PM	Proctor Park			
CANCELLED Oct 6, 2025	Mon	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 7, 2025	Tue	Practice	N/A	2:45 PM	4:15 PM	Donovan Middle School			
Oct 8, 2025	Wed	Regular Season	Whitesboro, New Hartford	4:00 PM		Proctor Park			L
Oct 9, 2025	Thu	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 10, 2025	Fri	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 11, 2025	Sat	Regular Season	Altmar-Parish-Williamstown (APW Rebels), New York Mills, Clinton, TBD @ Rome Free Academy	9:00 AM		RFA Cross Country Course	Bus/Driver: First Student	Departure Point: Donovan Bus Loop Departure Time: 7:00 AM	NL
Oct 13, 2025	Mon	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 14, 2025	Tue	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			

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Oct 15, 2025	Wed	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 16, 2025	Thu	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 17, 2025	Fri	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 18, 2025	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona-Sherrill	9:00 AM		Cross Country Course	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Donovan Bus Loop <b>Departure Time:</b> 7:15 AM	L
Oct 20, 2025	Mon	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 21, 2025	Tue	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 22, 2025	Wed	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 23, 2025	Thu	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 24, 2025	Fri	Practice	N/A	2:45 PM	4:15 PM	Donovan Track			
Oct 25, 2025	Sat	Regular Season (TVL XC Invite)	Holland Patent, Camden, Vernon-Verona-Sherrill, Whitesboro, New Hartford, Oneida, Rome Free Academy @ Central Valley Academy	11:10 AM		Diss Athletic Complex	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Donovan Bus Loop <b>Departure Time:</b> 9:15 AM <b>Return Date:</b> <b>Return Time:</b> 12:00 PM	L
TBD		Practice	N/A	3:00 PM	4:30 PM	Donovan Track			

Date: 2025-12-05