



# Utica Proctor

## (B) 7/8TH Cross Country (JFK/DMS)

### Coaches:

- Courtney Siciliano
- Alexis Holmer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 30, 2021	Mon	Practice	N/A	9:00 AM	10:30 AM	JFK Track			
Aug 30, 2021	Mon	Practice	N/A	9:00 AM	10:30 AM	Donovan Track			
Aug 31, 2021	Tue	Practice	N/A	9:00 AM	10:30 AM	Donovan Track			
Aug 31, 2021	Tue	Practice	N/A	9:00 AM	10:30 AM	JFK Track			
Sep 1, 2021	Wed	Practice	N/A	2:45 PM	4:30 PM	Donovan Track			
Sep 2, 2021	Thu	Practice	N/A	2:45 PM	4:30 PM	Donovan Track			
Sep 2, 2021	Thu	Practice	N/A	3:15 PM	4:00 PM	JFK Track			
Sep 3, 2021	Fri	Practice	N/A	9:00 AM	10:30 AM	JFK Track			
Sep 3, 2021	Fri	Practice	N/A	9:00 AM	10:30 AM	Donovan Track			
Sep 7, 2021	Tue	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 8, 2021	Wed	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 8, 2021	Wed	Practice	N/A	TBD		Donovan Track			
Sep 9, 2021	Thu	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 9, 2021	Thu	Practice	N/A	TBD		Donovan Track			
Sep 10, 2021	Fri	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 10, 2021	Fri	Practice	N/A	TBD		Donovan Track			
Sep 13, 2021	Mon	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 13, 2021	Mon	Practice	N/A	TBD		Donovan Track			
Sep 14, 2021	Tue	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 15, 2021	Wed	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 15, 2021	Wed	Practice	N/A	TBD		Donovan Track			
Sep 16, 2021	Thu	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 16, 2021	Thu	Practice	N/A	TBD		Donovan Track			
Sep 17, 2021	Fri	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 17, 2021	Fri	Practice	N/A	TBD		Donovan Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 20, 2021	Mon	Practice	N/A	3:30 PM	4:30 PM	PHS Practice Grass Field			
Sep 20, 2021	Mon	Practice	N/A	TBD		Donovan Track			
Sep 21, 2021	Tue	Regular Season	Camden, Central Valley Academy	4:00 PM		Proctor Park	<b>Class Dismissal:</b> 2:20 AM	<b>Departure Point:</b> JFK Gym Entrance <b>Departure Time:</b> 2:50 PM	L
Sep 22, 2021	Wed	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 22, 2021	Wed	Practice	N/A	2:45 PM	4:00 PM	Donovan Track			
Sep 22, 2021	Wed	Practice	N/A	TBD		Donovan Track			
Sep 23, 2021	Thu	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 23, 2021	Thu	Practice	N/A	TBD		Donovan Track			
Sep 24, 2021	Fri	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 24, 2021	Fri	Practice	N/A	TBD		Donovan Track			
Sep 25, 2021	Sat	Regular Season	Westmoreland	7:15 AM		Proctor Park			L
Sep 25, 2021	Sat	Regular Season (EJ Hermann Invite)	Holland Patent	9:00 AM		Proctor Park			L
Sep 25, 2021	Sat	Regular Season	South Lewis	9:00 AM		Proctor Park		<b>Departure Point:</b> Proctor Park-Softball Field Parking Lot <b>Return Date:</b> 2:00 PM	NL
Sep 25, 2021	Sat	Regular Season (EJ Hermann)	Sauquoit Valley	9:30 AM		Proctor Park			L
Sep 25, 2021	Sat	Regular Season (EJ Herrmann Invitational )	Oneonta	9:30 AM	12:30 PM	Proctor Park			NL
Sep 27, 2021	Mon	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 27, 2021	Mon	Practice	N/A	TBD		Donovan Track			
Sep 28, 2021	Tue	Regular Season	Oneida @ Vernon-Verona-Sherrill	4:30 PM		Cross Country Course	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Point:</b> JFK Gym Entrance <b>Departure Time:</b> 3:15 PM	L
Sep 29, 2021	Wed	Practice	N/A	TBD		Donovan Track			
Sep 30, 2021	Thu	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Sep 30, 2021	Thu	Practice	N/A	TBD		Donovan Track			
Oct 1, 2021	Fri	Practice	N/A	2:45 PM	4:00 PM	JFK Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 1, 2021	Fri	Practice	N/A	TBD		Donovan Track			
Oct 2, 2021	Sat	Regular Season (Whitesboro Invitational)	Oriskany, Altmar-Parish-Williamstown (APW Rebels), Remsen (Remsen/Town of Webb), Central Valley Academy, New Hartford, Henninger, Clinton, Holland Patent, Notre Dame, Utica, Jamesville-Dewitt, Corcoran (Syracuse West) @ Whitesboro	9:00 AM	1:30 PM	Deerfield Town Wilderness Park		<b>Departure Point:</b> JFK Fieldhouse <b>Departure Time:</b> 8:00 AM	NL
Oct 4, 2021	Mon	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Oct 4, 2021	Mon	Practice	N/A	TBD		Donovan Track			
Oct 5, 2021	Tue	Regular Season	Notre Dame, Utica @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Point:</b> JFK Gym Entrance <b>Departure Time:</b> 2:50 PM	L
Oct 6, 2021	Wed	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Oct 6, 2021	Wed	Practice	N/A	TBD		Donovan Track			
Oct 7, 2021	Thu	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Oct 7, 2021	Thu	Practice	N/A	TBD		Donovan Track			
Oct 8, 2021	Fri	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Oct 8, 2021	Fri	Practice	N/A	TBD		Donovan Track			
Oct 11, 2021	Mon	Practice	N/A	TBD		Donovan Track			
Oct 12, 2021	Tue	Regular Season	Rome Free Academy @ New Hartford	4:00 PM		Cross Country Course (Perry JH)	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Point:</b> JFK Gym Entrance <b>Departure Time:</b> 2:50 PM	L
Oct 13, 2021	Wed	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Oct 13, 2021	Wed	Practice	N/A	TBD		Donovan Track			
Oct 14, 2021	Thu	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Oct 14, 2021	Thu	Practice	N/A	TBD		Donovan Track			
Oct 15, 2021	Fri	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Oct 15, 2021	Fri	Practice	N/A	TBD		Donovan Track			
Oct 18, 2021	Mon	Practice	N/A	2:45 PM	4:00 PM	JFK Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 18, 2021	Mon	Practice	N/A	TBD		Donovan Track			
Oct 20, 2021	Wed	Practice	N/A	2:45 PM	4:00 PM	JFK Track			
Oct 20, 2021	Wed	Practice	N/A	TBD		Donovan Track			
Oct 22, 2021	Fri	Practice	N/A	2:45 PM	4:15 PM	PHS Practice Grass Field			
Oct 23, 2021	Sat	Regular Season (TVL Championship )	Whitesboro, Camden, Central Valley Academy, New Hartford, Notre Dame, Utica, Oneida, Rome Free Academy, Vernon-Verona-Sherrill @ TBD	8:00 AM		Osceola Ski and Sport Resort	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Point:</b> JFK Gym Entrance <b>Departure Time:</b> 2:50 PM	L

Date: 2024-05-20