

Utica Proctor
(B) V Cross Country

David Caruso

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 21, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Aug 22, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Aug 23, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Aug 24, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Aug 25, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Aug 28, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Aug 29, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Aug 30, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Aug 31, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Sep 1, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		
Sep 4, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	Parkway Recreation Center (Tennis Courts)		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 5, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 6, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 7, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS Weight Room		
Sep 8, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 11, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 12, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 13, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 14, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS Weight Room		
Sep 15, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 18, 2023	Mon	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Sep 20, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 21, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS Weight Room		
Sep 22, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 25, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 26, 2023	Tue	Regular Season	Notre Dame, Utica, Central Valley Academy, Holland Patent	4:30 PM		Proctor Park		L
Sep 27, 2023	Wed	Practice	N/A	2:45 PM	PM	PHS AUX Gym (Volleyball gym)		
Sep 28, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS Weight Room		

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Sep 29, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Sep 30, 2023	Sat	Regular Season (EJ Hermann nvitational)	Mount Markham	9:00 AM		Proctor Park		L
Sep 30, 2023	Sat	Regular Season (EJ Herrmann Invitational)	Sherburne-Earlville	9:00 AM		Proctor Park		NL
Sep 30, 2023	Sat	Regular Season (EJ Herman Invitational (Proctor Park Utica))	Cooperstown (Cooperstown/Milford)	4:00 PM		Proctor Park		NL
Sep 30, 2023	Sat	Regular Season	Adirondack	9:30 PM		Proctor Park		NL
Sep 30, 2023	Sat	Regular Season (EJ Herrmann Invite)	Henninger (Henninger)	9:30 PM		Proctor Park		L
Sep 30, 2023	Sat	Regular Season (EJ Herrmann Invitational)	Clinton	TBD		Proctor Park		L
Sep 30, 2023	Sat	Regular Season (EJ Herrmann Invitational)	Whitesboro	TBD		Proctor Park		NL
Oct 2, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Oct 4, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Oct 5, 2023	Thu	Practice	N/A	2:45 PM		PHS Weight Room		
Oct 6, 2023	Fri	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Oct 11, 2023	Wed	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Oct 12, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS Weight Room		
Oct 13, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Oct 16, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Oct 17, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Oct 18, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		

DATE	WEEK	⁽ ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 19, 2023	Thu	Practice	N/A	2:45 PM		PHS Weight Room		
Oct 20, 2023	Fri	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Oct 23, 2023	Mon	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Oct 24, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Oct 25, 2023	Wed	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Oct 26, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS Weight Room		
Oct 27, 2023	Fri	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Oct 30, 2023	Mon	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Oct 31, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 1, 2023	Wed	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Nov 2, 2023	Thu	Practice	N/A	2:45 PM		PHS Weight Room		
Nov 3, 2023	Fri	Practice	N/A	2:45 PM		PHS AUX Gym (Volleyball gym)		
Nov 9, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS Weight Room		
Nov 16, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS Weight Room		
Nov 30, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	PHS Weight Room		

Date: 2024-05-05