



Utica Proctor (G) V Cross Country

Coaches:

- Heather Monroe

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	Parkway Recreation Center (Tennis Courts)			
Aug 23, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	Parkway Recreation Center (Tennis Courts)			
Aug 24, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	Parkway Recreation Center (Tennis Courts)			
Aug 25, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	Parkway Recreation Center (Tennis Courts)			
Aug 26, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	Parkway Recreation Center (Tennis Courts)			
Aug 29, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	Parkway Recreation Center (Tennis Courts)			
Aug 30, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	Parkway Recreation Center (Tennis Courts)			
Aug 31, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 1, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 2, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	Parkway Recreation Center (Tennis Courts)			
Sep 6, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 7, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 8, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 9, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 10, 2022	Sat	Regular Season (VVS INVITE)	@ TBD	TBD		TBD	Bus/Driver: Durham	Departure Point: Proctor Cafeteria	L
Sep 12, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			

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Sep 13, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 14, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 15, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 16, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 17, 2022	Sat	Regular Season (NH Invite @ Perry Junior High)	@ TBD	9:40 AM		TBD	Bus/Driver: Durham	Departure Point: Proctor Cafeteria Departure Time: 8:00 AM	NL
Sep 19, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 20, 2022	Tue	Regular Season	New Hartford, Notre Dame, Utica	4:00 PM		Proctor Park			L
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 22, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 23, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 24, 2022	Sat	Regular Season (EJ Herrmann Invite)	Oneonta	9:30 AM		Proctor Park			NL
Sep 24, 2022	Sat	Regular Season (EJ Herrmann Invite)	Beaver River	10:00 AM		Proctor Park			NL
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 27, 2022	Tue	Regular Season	Rome Free Academy @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park	Bus/Driver: Durham	Departure Point: Cafe Doors Departure Date: Sep 27, 2022 Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM	L
Sep 28, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 29, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Sep 30, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 1, 2022	Sat	Regular Season (Whitesboro Invite @ Deerfield Wilderness Park)	@ TBD	9:50 AM		TBD	Bus/Driver: Durham	Departure Point: Proctor Cafeteria Departure Time: 8:00 AM	L
Oct 3, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 4, 2022	Tue	Regular Season	Central Valley Academy @ Camden	4:00 PM		Osceola Ski and Sport Resort	Bus/Driver: Durham	Departure Point: Cafe Doors Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM	L
Oct 5, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			

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Oct 6, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 11, 2022	Tue	Regular Season (*Note VVS/Holland Patent will be Non League)	Holland Patent, Vernon-Verona-Sherrill @ Oneida	4:00 PM		Cross Country Course	Bus/Driver: Durham	Departure Point: Cafe Doors Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM	L
Oct 12, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 13, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 14, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invite)	@ TBD	TBD		TBD	Bus/Driver: Durham	Departure Point: Proctor Cafeteria	L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invite)	@ TBD	TBD		TBD	Bus/Driver: Durham	Departure Point: Proctor Cafeteria	NL
Oct 17, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 18, 2022	Tue	Regular Season (TVL CHAMPIONSHIP)	@ TBD	TBD		TBD	Bus/Driver: Durham	Departure Point: Proctor Cafeteria	L
Oct 19, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 20, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 21, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 22, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	Parkway Recreation Center (Tennis Courts)			
Oct 22, 2022	Sat	Regular Season (TVL League championship)	Whitesboro, Camden, Holland Patent, New Hartford, Notre Dame, Utica, Oneida, Rome Free Academy, Vernon-Verona-Sherrill @ Central Valley Academy	9:00 AM		Diss Athletic Complex	Bus/Driver: Durham	Departure Point: Cafe Doors Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM	L
Oct 24, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 25, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 26, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 27, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Oct 28, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			

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Oct 29, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	Parkway Recreation Center (Tennis Courts)			
Oct 31, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Nov 1, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Nov 2, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Nov 3, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			
Nov 4, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Proctor Park			

Date: 2022-08-07