

**Coaches:**

- Heather Monroe

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2023	Sat	Regular Season (New Hartford Invite @ Perry Jr Jigh)	@ TBD	9:40 AM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Cafeteria <b>Departure Date:</b> Sep 9, 2023 <b>Departure Time:</b> 8:15 AM	NL
Sep 16, 2023	Sat	Regular Season (Fort Plain Invitational)	@ TBD	9:30 AM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Cafeteria <b>Departure Date:</b> Sep 16, 2023 <b>Departure Time:</b> 7:45 AM	NL
Sep 19, 2023	Tue	Regular Season	Notre Dame, Utica, Oneida @ Rome Free Academy	4:30 PM		RFA Cross Country Course		<b>Departure Date:</b> Sep 19, 2023 <b>Departure Time:</b> 2:35 PM	L
Sep 23, 2023	Sat	Regular Season (B'Ville Invitational)	@ TBD	9:50 AM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Cafeteria <b>Departure Date:</b> Sep 23, 2023 <b>Departure Time:</b> 9:00 AM	NL
Oct 3, 2023	Tue	Regular Season	Notre Dame, Utica, Vernon-Verona-Sherrill @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park		<b>Departure Date:</b> Oct 3, 2023 <b>Departure Time:</b> 2:35 PM	L
Oct 7, 2023	Sat	Regular Season (Whitesboro XC Invitational)	@ TBD	9:50 AM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Cafeteria <b>Departure Date:</b> Oct 7, 2023 <b>Departure Time:</b> 8:30 AM	NL
Oct 10, 2023	Tue	Regular Season	Notre Dame, Utica, Camden @ New Hartford	4:00 PM		Cross Country Course (Perry JH)		<b>Departure Date:</b> Oct 10, 2023 <b>Departure Time:</b> 2:35 PM	L
Oct 14, 2023	Sat	Regular Season (Burnt hills XC Invite)	@ TBD	TBD		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Cafeteria <b>Departure Date:</b> Oct 14, 2023 <b>Departure Time:</b> 8:30 AM	NL
Oct 21, 2023	Sat	Regular Season (TVL League Championship)	Rome Free Academy, Whitesboro, Notre Dame, Utica, Camden, Central Valley Academy, New Hartford, Vernon-Verona-Sherrill, Oneida @ Holland Patent	11:10 AM	4:00 PM	HS Stadium / Track			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 21, 2023	Sat	Regular Season (TVL CHAMPIONSHIP @ Holland Patent)	@ TBD	11:10 AM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Cafeteria <b>Departure Time:</b> 8:30 AM	NL
Nov 4, 2023	Sat	Regular Season (Section 3 finals)	@ Vernon-Verona-Sherrill	9:00 AM	3:30 PM	Cross Country Course	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Cafeteria <b>Departure Time:</b> 10:30 AM	NL
Nov 4, 2023	Sat	Post-Season (Sectionals @ VVS High School)	@ TBD	TBD		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Proctor Cafeteria	NL

Date: 2024-04-29