



Utica Proctor

(G) V Cheerleading (Co-ed Fall)

Coaches:

- Trina Buckingham , Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice (Varsity Tryouts)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Aug 27, 2024	Tue	Practice (Varsity Tryouts)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Aug 28, 2024	Wed	Practice (Varsity Tryouts)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Aug 29, 2024	Thu	Practice (Varsity Tryouts)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 3, 2024	Tue	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 4, 2024	Wed	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 5, 2024	Thu	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 6, 2024	Fri	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 9, 2024	Mon	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 10, 2024	Tue	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 11, 2024	Wed	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 12, 2024	Thu	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 13, 2024	Fri	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 14, 2024	Sat	Regular Season	Fayetteville-Manlius (Fall)	1:30 PM	4:30 PM	PHS Stadium (Turf Field/Track)			L
Sep 16, 2024	Mon	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 17, 2024	Tue	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 18, 2024	Wed	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 19, 2024	Thu	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			

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Sep 20, 2024	Fri	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 21, 2024	Sat	Regular Season (Senior Recognition Day)	Rome Free Academy (Fall)	1:30 PM	4:30 PM	PHS Stadium (Turf Field/Track)			L
Sep 23, 2024	Mon	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 24, 2024	Tue	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 25, 2024	Wed	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 26, 2024	Thu	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 27, 2024	Fri	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Sep 28, 2024	Sat	Regular Season	@ Christian Brothers Academy, Dewitt	1:00 PM		Alibrandi Stadium	Bus/Driver: Durham	Departure Point: Proctor High School Departure Date: Sep 28, 2024 Departure Time: 11:00 AM Return Date: Return Time: 3:00 PM	L
Sep 30, 2024	Mon	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Oct 1, 2024	Tue	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Oct 2, 2024	Wed	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Oct 3, 2024	Thu	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Oct 4, 2024	Fri	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Oct 4, 2024	Fri	Regular Season	@ West Genesee (Fall)	6:00 PM		WG-HS Upper Gym	Bus/Driver: Durham Class Dismissal: 2:30 PM	Departure Point: Proctor High School Departure Date: Oct 4, 2024 Departure Time: 4:00 PM Return Date: Return Time: 6:00 PM	L
Oct 7, 2024	Mon	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			
Oct 8, 2024	Tue	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 9, 2024	Wed	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 10, 2024	Thu	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 11, 2024	Fri	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 12, 2024	Sat	Regular Season	Cicero-North Syracuse (Fall)	1:30 PM		PHS Stadium (Turf Field/Track)		L
Oct 15, 2024	Tue	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 16, 2024	Wed	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 17, 2024	Thu	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 18, 2024	Fri	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 18, 2024	Fri	Regular Season	@ Baldwinsville (FALL)	4:30 PM	7:00 PM	Bville - Baker P/A Stadium TURF	Bus/Driver: Durham Class Dismissal: 2:30 PM	Departure Point: Proctor High School Departure Date: Oct 18, 2024 Departure Time: 2:45 PM Return Date: Return Time: 8:30 PM L
Oct 21, 2024	Mon	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 22, 2024	Tue	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 23, 2024	Wed	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 24, 2024	Thu	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 25, 2024	Fri	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 26, 2024	Sat	Regular Season	@ Liverpool (Winter Cheer)	12:00 PM		LIVERPOOL HS STADIUM	Bus/Driver: Durham	Departure Point: Proctor High School Departure Date: Oct 26, 2024 Departure Time: 11:00 AM Return Date: Return Time: 3:00 PM L
Oct 28, 2024	Mon	Practice (Varsity cheerleading)	N/A	3:00 PM	5:00 PM	PHS Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 1, 2024	Fri	Post-Season (Proctor @ West Genesee)	@ TBD	6:00 PM	9:00 PM	TBD	Bus/Driver: Durham	Departure Point: Proctor High School Cafeteria Departure Date: Nov 1, 2024 Departure Time: 4:00 PM	NL

Date: 2026-01-01