



# Utica Proctor

## (G) V Cheerleading (Co-ed Fall)

### Coaches:

- Christy Cannistra

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE	
Aug 22, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	PHS Main Gym				
Aug 23, 2022	Tue	Practice	N/A	8:00 AM	11:00 AM	PHS Main Gym				
Aug 24, 2022	Wed	Practice	N/A	8:00 AM	11:00 AM	PHS Main Gym				
Aug 25, 2022	Thu	Practice	N/A	8:00 AM	11:00 AM	PHS Main Gym				
Aug 26, 2022	Fri	Practice	N/A	8:00 AM	1:00 PM	PHS Main Gym				
Aug 29, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	PHS Main Gym				
Aug 30, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	PHS Main Gym				
Sep 1, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	PHS Main Gym				
Sep 2, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	PHS Main Gym				
Sep 6, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 7, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 8, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 9, 2022	Fri	Regular Season	@ Christian Brothers Academy, Dewitt	6:30 PM		Alibrandi Stadium	<b>Bus/Driver:</b> DURHAM	<b>Departure Point:</b> Proctor Cafeteria	<b>Departure Time:</b> 4:15 PM	NL
							<b>Dismissal:</b> 2:30 PM	<b>Return Date:</b> Return Time:		
								10:00 PM		
Sep 12, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 13, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 14, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 15, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 16, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 17, 2022	Sat	Regular Season	Whitesboro (Fall)	1:30 PM		PHS Stadium (Turf Field/Track)			L	
Sep 19, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD				
CANCELLED Sep 20, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 21, 2022	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD				
Sep 22, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD				
Sep 23, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD				

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 24, 2022	Sat	Regular Season	Rome Free Academy (Fall)	1:30 PM		PHS Stadium (Turf Field/Track)		L
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD		
Sep 27, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Sep 28, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD		
Sep 29, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 3, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 4, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 5, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 6, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 7, 2022	Fri	Regular Season	@ TBD	6:30 PM	8:30 PM	Bville - Baker P/A Stadium TURF	<b>Bus/Driver:</b> DURHAM <b>Class Dismissal:</b> 2:30 PM	<b>Departure Point:</b> Proctor Cafeteria <b>Departure Time:</b> 4:30 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM
Oct 10, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 11, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 12, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 13, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 14, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 14, 2022	Fri	Regular Season	Henninger (Fall)	6:00 PM		PHS Stadium (Turf Field/Track)		L
POSTPONED Oct 17, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD		
POSTPONED Oct 18, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 19, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD		
POSTPONED Oct 20, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
POSTPONED Oct 21, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD		
Oct 22, 2022	Sat	Regular Season	Cicero-North Syracuse (Fall)	1:30 PM		PHS Stadium (Turf Field/Track)		L
Oct 26, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 27, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		

Date: 2024-05-11