



Utica Proctor

(G) V Cheerleading (Co-ed Fall)

Coaches:

- Trina Buckingham , Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|--------------------------------------|------------|----------|--------------------------------|--|--|---------------------|
| Aug 22, 2022 | Mon | Practice | N/A | 8:00 AM | 10:00 AM | PHS Main Gym | | | |
| Aug 23, 2022 | Tue | Practice | N/A | 8:00 AM | 11:00 AM | PHS Main Gym | | | |
| Aug 24, 2022 | Wed | Practice | N/A | 8:00 AM | 11:00 AM | PHS Main Gym | | | |
| Aug 25, 2022 | Thu | Practice | N/A | 8:00 AM | 11:00 AM | PHS Main Gym | | | |
| Aug 26, 2022 | Fri | Practice | N/A | 8:00 AM | 1:00 PM | PHS Main Gym | | | |
| Aug 29, 2022 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | PHS Main Gym | | | |
| Aug 30, 2022 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | PHS Main Gym | | | |
| Sep 1, 2022 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | PHS Main Gym | | | |
| Sep 2, 2022 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | PHS Main Gym | | | |
| Sep 6, 2022 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 7, 2022 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 8, 2022 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 9, 2022 | Fri | Regular Season | @ Christian Brothers Academy, Dewitt | 6:30 PM | | Alibrandi Stadium | Bus/Driver: DURHAM Class Dismissal: 2:30 PM | Departure Point: Proctor Caefeteria Departure Time: 4:15 PM Return Date: Return Time: 10:00 PM | NL |
| Sep 12, 2022 | Mon | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 13, 2022 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 14, 2022 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 15, 2022 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 16, 2022 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 17, 2022 | Sat | Regular Season | Whitesboro (Fall) | 1:30 PM | | PHS Stadium (Turf Field/Track) | | | L |
| Sep 19, 2022 | Mon | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| CANCELLED Sep 20, 2022 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 21, 2022 | Wed | Practice | N/A | 4:00 PM | 5:30 PM | TBD | | | |
| Sep 22, 2022 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |
| Sep 23, 2022 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|------------------------------|------------|----------|---------------------------------|--|---------------------|
| Sep 24, 2022 | Sat | Regular Season | Rome Free Academy (Fall) | 1:30 PM | | PHS Stadium (Turf Field/Track) | | L |
| Sep 26, 2022 | Mon | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Sep 27, 2022 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Sep 28, 2022 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Sep 29, 2022 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 3, 2022 | Mon | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 4, 2022 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 5, 2022 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 6, 2022 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 7, 2022 | Fri | Regular Season | @ TBD | 6:30 PM | 8:30 PM | Bville - Baker P/A Stadium TURF | Bus/Driver: DURHAM Class Dismissal: 2:30 PM Departure Point: Proctor Cafeteria Departure Time: 4:30 PM Return Date: Return Time: 10:00 PM | L |
| Oct 10, 2022 | Mon | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 11, 2022 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 12, 2022 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 13, 2022 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 14, 2022 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 14, 2022 | Fri | Regular Season | Henninger (Fall) | 6:00 PM | | PHS Stadium (Turf Field/Track) | | L |
| POSTPONED Oct 17, 2022 | Mon | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| POSTPONED Oct 18, 2022 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 19, 2022 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| POSTPONED Oct 20, 2022 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| POSTPONED Oct 21, 2022 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Oct 22, 2022 | Sat | Regular Season | Cicero-North Syracuse (Fall) | 1:30 PM | | PHS Stadium (Turf Field/Track) | | L |
| Oct 26, 2022 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | PHS Main Gym | | |
| Oct 27, 2022 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | PHS Main Gym | | |

Date: 2025-12-30