



Utica Proctor

(G) V Cheerleading (Co-ed Fall)

Coaches:

- Christy Cannistra

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Aug 23, 2021	Mon	Practice	N/A	9:00 AM	11:30 AM	PHS AUX Gym (Volleyball gym)		
CANCELLED Aug 24, 2021	Tue	Practice	N/A	9:00 AM	11:30 AM	PHS AUX Gym (Volleyball gym)		
Aug 25, 2021	Wed	Practice	N/A	9:00 AM	11:30 AM	PHS Main Gym		
Aug 26, 2021	Thu	Practice	N/A	9:00 AM	11:30 AM	PHS Main Gym		
Aug 27, 2021	Fri	Practice	N/A	2:00 PM	6:00 PM	PHS Main Gym		
Aug 30, 2021	Mon	Practice	N/A	9:00 AM	11:30 AM	PHS Main Gym		
Aug 31, 2021	Tue	Practice	N/A	9:00 AM	11:30 AM	PHS Main Gym		
Sep 1, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 2, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 3, 2021	Fri	Practice	N/A	9:00 AM	11:30 AM	PHS Main Gym		
Sep 6, 2021	Mon	Practice	N/A	7:30 AM	11:00 AM	PHS Stadium (Turf Field/Track)		
Sep 7, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
POSTPONED Sep 8, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 9, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 10, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 13, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 14, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
POSTPONED Sep 15, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 16, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
CANCELLED Sep 17, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS AUX Gym (Volleyball gym), PHS Aux Gym ROTC (small gym)		
Sep 17, 2021	Fri	Regular Season	@ Cicero-North Syracuse (Fall)	6:30 PM		TBD		Departure Point: Proctor Cafeteria Departure Time: 5:00 PM Return Date: Return Time: 10:00 PM
Sep 20, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 21, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		

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Sep 22, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 23, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
CANCELLED Sep 24, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS AUX Gym (Volleyball gym), PHS Aux Gym ROTC (small gym)		
Sep 24, 2021	Fri	Regular Season	@ Rome Free Academy (Fall)	6:30 PM		TBD		Departure Point: Proctor Cafeteria Departure Time: 5:00 PM Return Date: Return Time: 9:30 PM L
Sep 27, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 28, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 29, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Sep 29, 2021	Wed	Practice	N/A	5:00 PM	6:00 PM	PHS Stadium (Turf Field/Track)		
Sep 30, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 1, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
POSTPONED Oct 4, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
POSTPONED Oct 5, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 6, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 7, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 8, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 11, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 12, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
POSTPONED Oct 13, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 14, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
CANCELLED Oct 15, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS AUX Gym (Volleyball gym), PHS Aux Gym ROTC (small gym)		
Oct 15, 2021	Fri	Regular Season	@ Nottingham (Cheerleading (Fall))	6:30 PM		TBD		Departure Point: Proctor Cafeteria Departure Time: 4:30 PM Return Date: Return Time: 10:00 PM L
Oct 18, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 19, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 20, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 21, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 22, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 25, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 26, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 27, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 28, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 29, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	PHS Main Gym		
Oct 29, 2021	Fri	Post-Season (QUARTER FINAL)	@ Liverpool (Winter Cheer)	6:30 PM		TBD	Departure Point: Proctor Cafeteria Departure Time: 4:15 PM Return Date: Return Time: 10:00 PM	L

Date: 2024-05-21