

Coaches:

• Frank Williams

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2023	Tue	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	JFK Gym	
CANCELLED Nov 16, 2023	Thu	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	JFK Gym	
Nov 27, 2023	Mon	Practice (Tryouts)	N/A	2:25 PM	4:30 PM	JFK Gym	
Nov 29, 2023	Wed	Practice (Tryouts)	N/A	2:25 PM	4:15 PM	JFK Gym	
Nov 30, 2023	Thu	Practice	N/A	4:15 PM	6:00 PM	JFK Gym	
Dec 1, 2023	Fri	Practice	N/A	4:15 PM	6:00 PM	JFK Gym	
Dec 4, 2023	Mon	Practice	N/A	2:30 PM	4:30 PM	JFK Gym	
Dec 5, 2023	Tue	Practice	N/A	2:25 PM	4:15 PM	JFK Gym	
Dec 6, 2023	Wed	Practice	N/A	2:25 PM	3:45 PM	JFK Gym	
Dec 7, 2023	Thu	Practice	N/A	2:25 PM	4:15 PM	JFK Gym	
Dec 8, 2023	Fri	Practice	N/A	2:25 PM	4:15 PM	JFK Gym	
POSTPONED Dec 11, 2023	Mon	Regular Season	Utica Proctor (DMS)	4:00 PM		JFK Gym	L
Dec 11, 2023	Mon	Practice (Joint Practice with Donovan Girls Modified)	N/A	4:00 PM	6:00 PM	JFK Gym	
Dec 12, 2023	Tue	Practice	N/A	4:15 PM	6:00 PM	JFK Gym	
Dec 14, 2023	Thu	Practice	N/A	2:25 PM	3:45 PM	JFK Gym	
Dec 15, 2023	Fri	Practice	N/A	2:25 PM	4:15 PM	JFK Gym	
Dec 18, 2023	Mon	Practice	N/A	2:25 PM	4:15 PM	JFK Gym	
Dec 19, 2023	Tue	Regular Season 10-47 L	Rome Free Academy (Orange Team)	4:30 PM		JFK Gym	L
Dec 20, 2023	Wed	Practice	N/A	4:15 PM	6:00 PM	JFK Gym	
Dec 27, 2023	Wed	Practice	N/A	12:00 PM		Donovan Gym	
Dec 28, 2023	Thu	Practice	N/A	12:00 PM		Donovan Gym	
Jan 2, 2024	Tue	Practice	N/A	2:25 PM	4:15 PM	JFK Gym	
Jan 3, 2024	Wed	Practice	N/A	2:25 PM	4:15 PM	JFK Gym	
Jan 4, 2024	Thu	Practice	N/A	2:25 PM	3:45 PM	JFK Gym	
Jan 5, 2024	Fri	Practice	N/A	2:25 PM	3:45 PM	JFK Gym	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 8, 2024	Mon	Practice	N/A	4:15 PM	6:00 PM	JFK Gym		
Jan 10, 2024	Wed	Practice	N/A	2:25 PM	3:45 PM	JFK Gym		
Jan 11, 2024	Thu	Practice	N/A	2:25 PM	4:30 PM	JFK Gym		
CANCELLED Jan 11, 2024	Thu	Regular Season	Notre Dame, Utica	4:30 PM		JFK Gym		L
Jan 12, 2024	Fri	Practice	N/A	2:30 PM	4:15 PM	JFK Gym		
Jan 17, 2024	Wed	Practice	N/A	4:15 PM	6:00 PM	JFK Gym		
Jan 18, 2024	Thu	Practice	N/A	4:15 PM	6:00 PM	JFK Gym		
Jan 19, 2024	Fri	Regular Season 26-33 L	Utica Proctor (DMS)	4:00 PM		JFK Gym	Departure Point: JFK Gym Doors near dumpsters Return Date: Return Time: 5:15 PM	L
Jan 22, 2024	Mon	Practice	N/A	2:25 PM	3:45 PM	JFK Gym		
Jan 24, 2024	Wed	Practice	N/A	2:25 PM	4:30 PM	JFK Gym		
Jan 29, 2024	Mon	Practice	N/A	2:25 PM	3:30 PM	JFK Gym		
Jan 31, 2024	Wed	Practice	N/A	2:25 PM	4:30 PM	JFK Gym		
Feb 1, 2024	Thu	Regular Season 7-24 L	Whitesboro (White)	4:30 PM		JFK Gym		L
Feb 2, 2024	Fri	Practice	N/A	2:25 PM	3:40 PM	JFK Gym		
Feb 5, 2024	Mon	Regular Season 17-26 L	Camden	4:30 PM		JFK Gym		L
Feb 6, 2024	Tue	Regular Season 6-31 L	Vernon-Verona- Sherrill	4:15 PM		JFK Gym		L
Feb 7, 2024	Wed	Practice	N/A	2:25 PM	3:40 PM	JFK Gym		
Feb 8, 2024	Thu	Regular Season 16-26 L	New Hartford (Blue)	4:30 PM		JFK Gym		L
Feb 9, 2024	Fri	Practice	N/A	2:30 PM	4:15 PM	JFK Gym		
Feb 13, 2024	Tue	Practice (Team Party)	N/A	4:00 PM	6:00 PM	TBD		
CANCELLED Feb 13, 2024	Tue	Regular Season	Oneida	4:15 PM		JFK Gym		L

Date: 2024-05-18