



Utica Proctor

(G) 7/8TH Cross Country (JFK/DMS)

Coaches:

- Courtney Siciliano
- Alexis Holmer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 28, 2019	Wed	Practice	N/A	9:00 AM	10:00 AM	Donovan Middle School			
Aug 29, 2019	Thu	Practice	N/A	10:00 AM	11:00 AM	JFK Baseball Field			
Aug 30, 2019	Fri	Practice	N/A	10:00 AM	11:00 AM	JFK Baseball Field			
Sep 5, 2019	Thu	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 6, 2019	Fri	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 9, 2019	Mon	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 10, 2019	Tue	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 11, 2019	Wed	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 12, 2019	Thu	Practice	N/A	2:30 PM	4:30 PM	TBD			
Sep 13, 2019	Fri	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 14, 2019	Sat	Regular Season (Invitational)	Whitesboro, Adirondack, Beaver River, Clinton, Herkimer, Notre Dame, Utica, Oneonta, Vernon-Verona-Sherrill, Hamilton @ New Hartford	9:00 AM		Cross Country Course (Perry JH)	Bus/Driver: Birnie Bus	Departure Point: Bus Loop Departure Time: 7:30 AM	L
Sep 16, 2019	Mon	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 17, 2019	Tue	Regular Season	Rome Free Academy, Notre Dame, Utica	4:00 PM		Proctor Park	Bus/Driver: Birnie Bus	Departure Point: Bus Loop Departure Time: 2:30 PM	L
Sep 18, 2019	Wed	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
CANCELLED Sep 19, 2019	Thu	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 20, 2019	Fri	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			

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Sep 23, 2019	Mon	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 24, 2019	Tue	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
CANCELLED Sep 26, 2019	Thu	Practice	N/A	2:30 PM	4:30 PM	Proctor Park			
Sep 27, 2019	Fri	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Sep 28, 2019	Sat	Regular Season (E.J Herrmann Invitational)	Sherburne-Earlville	8:30 AM		Proctor Park			L
Sep 28, 2019	Sat	Regular Season (EJ Herrmann Invitational)	Oriskany	9:00 AM		Proctor Park			NL
Sep 28, 2019	Sat	Regular Season (EJ Herrmann Invite)	Holland Patent	9:00 AM	1:30 PM	Proctor Park			NL
Sep 28, 2019	Sat	Regular Season (EJ Herrmann invitational)	Whitesboro	9:00 AM		Proctor Park			NL
Sep 28, 2019	Sat	Regular Season (EJ Herman Invitational)	Camden	9:30 AM	1:30 PM	Proctor Park			NL
Sep 28, 2019	Sat	Regular Season (EJ Herrmann Invitational)	Cooperstown (Modified)	9:50 AM	1:30 PM	Proctor Park			L
Sep 28, 2019	Sat	Regular Season (Invitational)	@ Central Valley Academy	10:00 AM		Proctor Park			NL
Sep 28, 2019	Sat	Regular Season (EJ Hermann Invitational)	Beaver River	10:00 AM		Proctor Park			NL
Sep 28, 2019	Sat	Regular Season (EJ Hermann Cross Country Invitational)	Rome Free Academy	12:00 PM		Proctor Park			NL
Sep 30, 2019	Mon	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Oct 1, 2019	Tue	Regular Season 17-18-32 W	Camden @ Central Valley Academy	4:00 PM		TBD	Bus/Driver: Birnie Bus	Departure Point: Bus Loop Departure Time: 2:30 PM	L
Oct 2, 2019	Wed	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Oct 3, 2019	Thu	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Oct 4, 2019	Fri	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Jamesville-Dewitt, Altmar-Parish-Williamstown (APW Rebels), Oneida, Corcoran (Syracuse West), Canastota, Fayetteville-Manlius, Central Valley Academy, Cooperstown (Modified), New Hartford, Westmoreland, Holland Patent, Vernon-Verona-Sherrill, Notre Dame, Utica @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park	Bus/Driver: Birnie Bus	Departure Point: Bus Loop Departure Time: 7:30 AM	NL
Oct 7, 2019	Mon	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Oct 8, 2019	Tue	Regular Season	Whitesboro @ Oneida	4:00 PM		Cross Country Course	Bus/Driver: Birnie Bus	Departure Point: Bus Loop Departure Time: 2:40 PM	L
Oct 9, 2019	Wed	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Oct 10, 2019	Thu	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Oct 15, 2019	Tue	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Oct 16, 2019	Wed	Practice	N/A	2:45 PM	4:00 PM	Donovan Middle School			
Oct 18, 2019	Fri	Practice	N/A	2:45 PM	4:00 PM	Donovan Gym			
Oct 22, 2019	Tue	Regular Season (TVL Championship) 73-91-188-82-215-67-178-60-216 L	Central Valley Academy, Camden, New Hartford, Notre Dame, Utica, Rome Free Academy, Oneida, Vernon-Verona-Sherrill @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park	Bus/Driver: Birnie Bus	Departure Point: Bus Loop Departure Time: 2:40 PM	L

Date: 2026-03-06