



Utica Proctor

(G) V Cheerleading (Co-ed Winter)

Coaches:

- Trina Buckingham , Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 5, 2025	Wed	Practice	N/A	5:00 PM	6:30 PM	PHS Weight Room		
Nov 12, 2025	Wed	Practice	N/A	5:00 PM	6:30 PM	PHS Weight Room		
Nov 19, 2025	Wed	Practice	N/A	5:00 PM	6:30 PM	PHS Weight Room		
Nov 24, 2025	Mon	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Nov 25, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Nov 26, 2025	Wed	Practice	N/A	10:00 AM	12:00 PM	PHS Aux Gym ROTC (small gym)		
Nov 28, 2025	Fri	Practice	N/A	10:00 AM	12:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 1, 2025	Mon	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 2, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 4, 2025	Thu	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 8, 2025	Mon	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 9, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 10, 2025	Wed	Practice	N/A	4:00 PM	5:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 11, 2025	Thu	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 15, 2025	Mon	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 16, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 17, 2025	Wed	Practice	N/A	4:00 PM	5:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 18, 2025	Thu	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 19, 2025	Fri	Practice	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		

Date: 2025-12-05