

**Coaches:**

- Felicia Medici, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 18, 2025	Mon	Practice (JV and Varsity Cheerleading Tryouts)	N/A	3:30 PM	6:30 PM	PHS Main Gym			
Aug 19, 2025	Tue	Practice (JV and Varsity Cheerleading Tryouts)	N/A	3:30 PM	6:30 PM	PHS Main Gym			
Aug 20, 2025	Wed	Practice (JV and Varsity Cheerleading Tryouts)	N/A	3:30 PM	6:30 PM	PHS Main Gym			
Aug 21, 2025	Thu	Practice (JV Cheerleading Tryout ONLY)	N/A	10:00 AM	12:00 PM	PHS Main Gym			
Aug 25, 2025	Mon	Practice (JV Cheer Practice )	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Aug 26, 2025	Tue	Practice (JV Cheer Practice )	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Aug 27, 2025	Wed	Practice (JV Cheer Practice )	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Aug 28, 2025	Thu	Practice (JV Cheer Practice )	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Aug 29, 2025	Fri	Practice (JV Cheer Practice )	N/A	9:00 AM	11:00 AM	PHS Main Gym			
Sep 1, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Sep 2, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Sep 3, 2025	Wed	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Sep 4, 2025	Thu	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Sep 5, 2025	Fri	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Sep 6, 2025	Sat	Regular Season (Rome Free Academy)	TBD	10:00 AM		PHS Stadium (Turf Field/Track)			L
Sep 8, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Sep 9, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			

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Sep 10, 2025	Wed	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 11, 2025	Thu	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 12, 2025	Fri	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 13, 2025	Sat	Regular Season	Vestal (Football)	10:00 AM		PHS Stadium (Turf Field/Track)		L
Sep 15, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 16, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 17, 2025	Wed	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 18, 2025	Thu	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 19, 2025	Fri	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 22, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 23, 2025	Tue	Regular Season	@ Liverpool (Fall Cheer)	5:30 PM		LIVERPOOL HS STADIUM	Bus/Driver: Durham	Departure Point: PHS Cafeteria Departure Date: Sep 23, 2025 Departure Time: 3:30 PM L
Sep 24, 2025	Wed	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 25, 2025	Thu	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 26, 2025	Fri	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 27, 2025	Sat	Regular Season	West Genesee (Fall)	10:00 AM		PHS Stadium (Turf Field/Track)		L
Sep 29, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Sep 30, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Oct 1, 2025	Wed	Regular Season	@ Christian Brothers Academy, Dewitt	6:00 PM		Alibrandi Stadium	Bus/Driver: Durham	Departure Point: PHS Cafeteria Departure Date: Oct 1, 2025 Departure Time: 4:00 PM L

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Oct 2, 2025	Thu	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 3, 2025	Fri	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 6, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 7, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 8, 2025	Wed	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 9, 2025	Thu	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 10, 2025	Fri	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 11, 2025	Sat	Regular Season	Cicero-North Syracuse (Fall)	10:00 AM		PHS Stadium (Turf Field/Track)			L
Oct 13, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 14, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 15, 2025	Wed	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 16, 2025	Thu	Regular Season	@ Newburgh HS	4:30 PM		Newburgh HS	Bus/Driver: Durham	Departure Point: PHS Cafeteria Departure Date: Oct 16, 2025 Departure Time: 12:30 PM	L
Oct 17, 2025	Fri	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 20, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 21, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 22, 2025	Wed	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Main Gym			
Oct 23, 2025	Thu	Regular Season	@ TBD	5:00 PM	7:30 PM	Bville - Baker P/A Stadium TURF	Bus/Driver: Durham	Departure Point: PHS Cafeteria Departure Date: Oct 23, 2025 Departure Time: 3:30 PM	L
Nov 5, 2025	Wed	Practice (Cheer Open Gym)	N/A	3:00 PM	5:00 PM	PHS Main Gym			

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Nov 7, 2025	Fri	Practice (Cheer Open Gym)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Nov 10, 2025	Mon	Practice (Cheer Open Gym)	N/A	4:00 PM	4:00 PM	PHS Weight Room		
Nov 12, 2025	Wed	Practice (Cheer Open Gym)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Nov 14, 2025	Fri	Practice (Cheer Open Gym)	N/A	4:00 PM	6:00 PM	PHS Main Gym		
Nov 17, 2025	Mon	Practice (JV Cheer Tryouts)	N/A	7:00 PM	9:00 PM	PHS Main Gym		
Nov 18, 2025	Tue	Practice (JV Cheer Tryout)	N/A	4:30 PM	6:00 PM	PHS Main Gym		
Nov 19, 2025	Wed	Practice (JV Cheer Tryouts)	N/A	7:00 PM	9:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 20, 2025	Thu	Practice (JV Cheer Tryouts)	N/A	7:00 PM	9:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 21, 2025	Fri	Practice (JV Cheer Tryouts)	N/A	7:00 PM	9:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 22, 2025	Sat	Practice (Jv Cheer Tryouts)	N/A	11:00 AM	12:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 24, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Nov 25, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Nov 26, 2025	Wed	Practice (JV Cheer Practice)	N/A	10:00 AM	12:00 PM	PHS Aux Gym ROTC (small gym)		
Nov 28, 2025	Fri	Practice (JV Cheer Practice)	N/A	10:00 AM	12:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 1, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 2, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 4, 2025	Thu	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 8, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 10, 2025	Wed	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 11, 2025	Thu	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 15, 2025	Mon	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 16, 2025	Tue	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 17, 2025	Wed	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 18, 2025	Thu	Practice (JV Cheer Practice)	N/A	4:00 PM	6:00 PM	PHS Aux Gym ROTC (small gym)		

Date: 2025-12-05