

Coaches:

• Michelle Rauber, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 1, 2022	Thu	Regular Season (Jack Morse Relay)	TBD	4:30 PM		SRC Arena- OCC Campus	Departure Time: 2:30 PM	L
Dec 11, 2022	Sun	Regular Season (Jensen Relays)	TBD	3:00 PM		SRC Arena- OCC Campus	Departure Time: 1:15 PM	L
Dec 19, 2022	Mon	Regular Season (Constantino Memorial)	TBD	4:30 PM		Utica College	Departure Time: 2:00 PM	L
Dec 28, 2022	Wed	Regular Season (Westhill Indoor)	TBD	10:00 AM		SRC Arena- OCC Campus	Departure Time: 8:30 AM	L
Jan 7, 2023	Sat	Regular Season (Arcaro Memorial)	TBD	9:00 AM		SRC Arena- OCC Campus	Departure Time: 7:30 AM	L
Jan 14, 2023	Sat	Regular Season (at Naz College)	@ TBD	9:00 AM	11:00 AM	TBD	Departure Time: 6:30 AM	NL
Jan 14, 2023	Sat	Regular Season (Kirschenheiter)	TBD	3:00 PM		SRC Arena- OCC Campus	Departure Time: 1:15 PM	L
Jan 21, 2023	Sat	Regular Season (Grieve Meet)	TBD	3:00 PM		SRC Arena- OCC Campus	Departure Time: 1:15 PM	L
Feb 1, 2023	Wed	Regular Season (League Meet)	TBD	4:30 PM		SRC Arena- OCC Campus	Departure Time: 2:30 PM	L
Feb 7, 2023	Tue	Post-Season (Sectionals)	TBD	4:30 PM		SRC Arena- OCC Campus	Departure Time: 2:30 PM	NL
Feb 15, 2023	Wed	Post-Season (State Qualifiers)	TBD	4:30 PM		SRC Arena- OCC Campus	Departure Time: 2:30 PM	NL
Mar 4, 2023	Sat	Post-Season (State Meet - Staten Island)	TBD	9:00 AM		Ocean Breeze Athletic Complex- Staten Island NY	Departure Time: 2:30 PM	NL

Date: 2025-12-11