



• Jim Paccia, Head Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|-------------|---------------------------------------------------------------------------------------------|--------------------------------|----------------------------|
| Sep 7, 2022 | Wed | Regular Season | Manlius Pebble Hill @ Onondaga Central | 4:30 PM | | Cross Country Trail | Departure Time: 3:15 PM | L |
| Sep 10, 2022 | Sat | Regular Season (VVS Pre-State Meet) | @ Vernon-Verona- Sherrill | 9:00 AM | 12:00 PM | Cross Country Course | Departure Time: 6:00 AM | NL |
| Sep 14, 2022 | Wed | Regular Season | DeRuyter, Cincinnatus @ Cincinnatus | 4:30 PM | | Cincinnatus XC course on Fireman's Field 2647 Route 26 Cincinnatus, NY 13040 | Departure Time: 3:00 PM | L |
| Sep 17, 2022 | Sat | Regular Season | @ New Hartford | 8:45 AM | | Cross Country Course (Perry JH) | Departure Time: 6:45 AM | L |
| Sep 21, 2022 | Wed | Regular Season | Altmar-Parish- Williamstown (APW Rebels) @ Faith Heritage | 4:30 PM | | Faith Heritage | Departure Time: 3:15 PM | L |
| Sep 24, 2022 | Sat | Regular Season (Six Flags Wild Safari) | @ TBD | TBD | | TBD | | NL |
| Sep 28, 2022 | Wed | Regular Season | Fabius-Pompey, LaFayette | 4:30 PM | | Tully XC Course | | L |
| Oct 1, 2022 | Sat | Regular Season (McQuaid Invite) | @ McQuaid Jesuit | TBD | | TBD | Departure Time: 6:00 AM | NL |
| Oct 5, 2022 | Wed | Regular Season | Port Byron (Port Byron/Union Springs), DeRuyter, Faith Heritage, Bishop Grimes | 4:30 PM | | Tully XC Course | | NL |
| Oct 7, 2022 | Fri | Regular Season (Tornado 5000 Invite) | Deposit (Deposit- Hancock), Windsor, Edmeston (Edmeston/Morris), Sidney, Gilbertsville- Mount Upton (UV/GMU), TBD, Skaneateles, Cincinnatus @ Norwich | 4:30 PM | 6:30 PM | NHS Hallways | Departure Time: 1:30 PM | NL |
| Oct 12, 2022 | Wed | Regular Season | Cincinnatus, Cincinnatus @ Jordan-Elbridge | 4:30 PM | | JE HS Cross Country Course | Departure Time: 3:00 PM | NL |

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| Oct 15, 2022 | Sat | Regular Season | Homer, Bishop Grimes, Cazenovia, Chittenango, Cincinnatus, Cortland, Jamesville- Dewitt, Mexico, Manlius Pebble Hill, New York Mills, Notre Dame, Utica, Sandy Creek, South Jefferson, Trumansburg, Whitesboro, Sullivan West, Altmar-Parish- Williamstown (APW Rebels) | 8:45 AM | 2:00 PM | Tully XC Course | | NL |
| Oct 25, 2022 | Tue | Meet (OHSL League Meet) | Vs. Multiple | 4:00 PM | 7:00 PM | Cato-Meridian Cross Country Course | Departure Time: 1:45 PM | NL |
| Oct 29, 2022 | Sat | Regular Season (Harvest Classic at Bob's Tree Farm Invitational) | @ TBD | 9:30 AM | | TBD | Departure Time: 6:00 AM | NL |
| Nov 5, 2022 | Sat | Post-Season (Sectional Finals at VVS HS) | @ TBD | 10:30 PM | | TBD | Departure Time: 8:00 AM | NL |

Date: 2024-05-18