

Coaches:

• Michelle Rauber, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2022	Wed	Regular Season	Manlius Pebble Hill @ Onondaga Central	4:30 PM		Cross Country Trail	Departure Time: 3:15 PM	L
Sep 10, 2022	Sat	Regular Season	@ Vernon-Verona- Sherrill	8:30 AM		Cross Country Course	Departure Time: 6:00 AM	NL
Sep 14, 2022	Wed	Regular Season	DeRuyter, Cincinnatus @ Cincinnatus	4:30 PM		Cincinnatus XC course on Fireman's Field 2647 Route 26 Cincinnatus, NY 13040	<b>Departure Time:</b> 3:00 PM	L
Sep 21, 2022	Wed	Regular Season	Altmar-Parish- Williamstown (APW Rebels) @ Faith Heritage	4:30 PM		Faith Heritage		L
Sep 24, 2022	Sat	Regular Season (Six Flags Wild Safari )	@ TBD	TBD		TBD		NL
Sep 28, 2022	Wed	Regular Season	Fabius-Pompey, LaFayette	4:30 PM		Tully XC Course		L
Oct 1, 2022	Sat	Regular Season (McQuaid Invite)	@ McQuaid Jesuit	TBD		TBD	<b>Departure Time:</b> 6:00 AM	NL
Oct 5, 2022	Wed	Regular Season	Port Byron (Port Byron/Union Springs), DeRuyter, Faith Heritage, Bishop Grimes, Cazenovia	4:30 PM		Tully XC Course		NL
Oct 7, 2022	Fri	Regular Season (Tornado 5000 Invite)	Deposit (Deposit- Hancock), Windsor, Edmeston (Edmeston/Morris), Sidney, Gilbertsville- Mount Upton (UV/GMU), Skaneateles, Cincinnatus @ Norwich	4:30 PM	6:30 PM	NHS Hallways	<b>Departure Time:</b> 2:30 PM	NL
Oct 12, 2022	Wed	Regular Season	Cincinnatus @ Jordan-Elbridge	4:30 PM		JE HS Cross Country Course		NL
Oct 15, 2022	Sat	Regular Season	Homer, Bishop Grimes, Cazenovia, Chittenango, Cincinnatus, Cortland, Mexico, Manlius Pebble Hill, New York Mills, Notre Dame, Utica, Oneida, Sandy Creek, South Jefferson, Trumansburg, Whitesboro, Sullivan West, Altmar-Parish- Williamstown (APW Rebels)	8:45 AM	2:00 PM	Tully H S		NL

DATE	WEEK DAY	OPPONENTS	STARI TIME	TEND TIME LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 25, 2022	Tue Meet (OH League M	SL Vs. Multiple leet)	4:00 PM	7:00 PM Cato-Meridian Cross Country Course	<b>Departure Time:</b> 1:45 PM	NL
Nov 5, 2022	Post-Seas Sat (Sectional VVS HS )	son Is at @ TBD	12:40 PM	1:10 PM		NL

Date: 2024-05-16