

## Coaches:

• Michelle Rauber, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	טפו		
Aug 22, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	TBD		
Aug 23, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	IBD		
Aug 24, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	TBD		
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	ואט		
Aug 26, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Sep 9, 2023	Sat	Regular Season (Bob Goodwell Memorial - Shortsville)	@ Red Jacket	9:00 AM		TBD	<b>Departure Time:</b> 6:00 AM	NL
Sep 13, 2023	Wed	Regular Season	DeRuyter, Cincinnatus, Faith Heritage @ Fabius- Pompey	4:30 PM	6:30 PM	Highland Forest	Departure Time: 3:30 PM	L
Sep 15, 2023	Fri	Regular Season (VVS Invite)	@ Vernon-Verona- Sherrill	4:30 PM		Cross Country Course	<b>Departure Time:</b> 2:30 PM	NL
Sep 20, 2023	Wed	Regular Season	Manlius Pebble Hill @ Faith Heritage	4:30 PM	6:30 PM	Faith Heritage	<b>Departure Time:</b> 3:00 PM	L
Sep 23, 2023	Sat	Regular Season (B'ville Invite)	@ TBD	8:00 AM	4:00 PM	Bville - Durgee Cross Country Trail	<b>Departure Time:</b> 6:30 AM	NL
Oct 4, 2023	Wed	Regular Season	Onondaga Central, Cincinnatus	4:30 PM	6:30 PM	Tully XC Course		L
Oct 4, 2023	Wed	Regular Season	Cazenovia	4:30 PM	6:30 PM	Tully XC Course		NL
Oct 7, 2023	Sat	Regular Season (Tully Co-Ed Invitational)	Chittenango, Cortland, Fulton, Homer, Liverpool, Nottingham (Nottingham), Bishop Grimes, Bishop Ludden, Cincinnatus, Christian Brothers Academy, Dewitt, Faith Heritage, Livingston Manor, Manlius Pebble Hill, Marcellus, Mexico, Notre Dame, Utica, Pulaski, South Jefferson, Westhill	9:00 AM		Tully XC Course		NL
Oct 11, 2023	Wed	Regular Season	LaFayette, TBD	4:30 PM	6:30 PM	Tully XC Course		L
Oct 14, 2023	Sat	Regular Season	@ TBD	10:00 AM		Beaver River H S	<b>Departure Time:</b> 6:00 AM	NL

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Oct 14, 2023	Sat	Regular Season (BR Cross Country Invitational)	Carthage, Indian River, Phoenix, Pulaski, Watertown @ Beaver River	10:00 AM		Beaver River H S		NL
Oct 25, 2023	Wed	Meet (OHSL League Meet)	Vs. Multiple	4:00 PM	7:00 PM	Tully XC Course		NL
Nov 4, 2023	Sat	Post-Season (Sectionals at VVS HS)	@ TBD	9:00 AM		TBD	<b>Departure Time:</b> 7:00 AM	NL

Date: 2024-05-16