

# Valley Central

## (G) V Swimming/Diving

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 19, 2025	Fri	Regular Season (Watkins Glen Invitational)	Southern Cayuga, Clarence, Corning-Painted Post, Hilton, Horseheads, Ithaca, Lansing, Notre Dame, Elmira, Our Lady of Lourdes, Owego Apalachin, Union-Endicott, Vestal @ Watkins Glen (Storm)	5:00 PM	8:00 PM	W G Pool		L
Sep 20, 2025	Sat	Regular Season (Watkins Glen Invitational Finals)	Southern Cayuga, Clarence, Corning-Painted Post, Fairport, Hilton, Ithaca, Lansing, New Paltz, Notre Dame, Elmira, Our Lady of Lourdes, Owego Apalachin, Union-Endicott, Vestal @ Watkins Glen (Storm)	9:00 AM	3:00 PM	W G Pool		L
Oct 15, 2025	Wed	Regular Season	Our Lady of Lourdes	4:30 PM		Valley Central High School		L
Nov 6, 2025	Thu	Post-Season	Our Lady of Lourdes, Chester, Cornwall, Hyde Park	4:30 PM		Valley Central High School		L

Date: 2026-01-16