Coaches:

Valley Central (G) JV Lacrosse

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 15, 2023	Sat	Regular Season	Guilderland High School	11:00 AM	12:45 PM	TBD	NL
May 4, 2023	Thu	Regular Season	@ John Jay HS/ Van Wyck JHS (Wappingers)	5:45 PM	1	JJ Turf Field	L
May 5, 2023	Fri	Regular Season	@ TBD	4:30 PM	1	JJ Turf Field	L

Date: 2025-12-13