

Valley Central

(B) V Wrestling

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 14, 2024	Sat	Regular Season	Arlington, Eldred, Hendrick Hudson, Liberty, Middletown, Monticello, Our Lady of Lourdes, Pawling, Rondout Valley, Yonkers @ John Jay HS/ Van Wyck JHS	9:00 AM		TBD		L
Jan 4, 2025	Sat	Regular Season (Saratoga Invitational 7:30am Weigh-Ins)	Ballston Spa High School, Canajoharie, Corinth (Mountaineers), General Brown, Queensbury, Windsor, Northern Adirondack, South Glens Falls, Averill Park High School, Norwich, Mohonasen, TBD, Lansingburgh, Mahopac, Galway, Malone, Putnam Valley, Massena, Gouverneur @ Saratoga Springs High School	9:00 AM		Saratoga Springs High School		NL

Date: 2026-04-10