

# Valley Central

## (B) V Swimming/Diving

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 2, 2026	Fri	Non-District (Invite at the glen - Swim prelims )	Horseheads, Shenendehowa High School, Corning-Painted Post, Ithaca, Lansing, Maine-Endwell, Marcus Whitman, Union-Endicott @ Watkins Glen (Storm)	5:00 PM	8:00 PM	W G Pool		NL
Jan 3, 2026	Sat	Regular Season (Glen Invite Swimming & Diving Finals )	Horseheads, Shenendehowa High School, Corning-Painted Post, Ithaca, Lansing, Maine-Endwell, Marcus Whitman, Union-Endicott @ Watkins Glen (Storm)	9:00 AM	5:00 PM	W G Pool		NL
Jan 28, 2026	Wed	Regular Season	Our Lady of Lourdes	4:30 PM		Valley Central High School		L

Date: 2026-01-20