

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|--|---------------|-------------|--|----------------|----------------------------|
| Sep 7, 2023 | Thu | Regular Season | @ Beaver River | 5:00 PM | | Beaver River H S | | L |
| Sep 12, 2023 | Tue | Regular Season 94-89 W | Carthage | 5:00 PM | | Thousand Islands Pool | | L |
| Sep 14, 2023 | Thu | Regular Season | @ South Jefferson | 5:00 PM | | SJ HS/MS - Pool | | L |
| Sep 19, 2023 | Tue | Regular Season | @ Indian River | 5:00 PM | | Middle School Pool | | L |
| Sep 21, 2023 | Thu | Regular Season | Watertown | 5:00 PM | | Thousand Islands Pool | | L |
| Sep 23, 2023 | Sat | Regular Season (Invitational) | Indian River, South Jefferson, South Lewis, Beaver River, Lowville @ Watertown | 11:00 AM | 8:00 PM | Watertown H S | | L |
| Sep 26, 2023 | Tue | Regular Season | Lowville | 5:30 PM | | Thousand Islands Pool | | L |
| Sep 28, 2023 | Thu | Regular Season | South Lewis | 5:00 PM | | Thousand Islands Pool | | L |
| Sep 30, 2023 | Sat | Regular Season | @ South Lewis | 11:00 AM | | South Lewis High School Pool | | L |
| Oct 3, 2023 | Tue | Regular Season | Beaver River | 6:00 PM | | Thousand Islands Pool | | L |
| Oct 5, 2023 | Thu | Regular Season | @ Lowville | 5:00 PM | | Lowville High School Main Gym | | L |
| Oct 13, 2023 | Fri | Regular Season (League Diving Meet) | Watertown, South Jefferson, Carthage, Beaver River @ Lowville | 5:00 PM | | Lowville High School Main Gym | | L |
| Oct 16, 2023 | Mon | Regular Season | Beaver River @ South Jefferson | 5:45 PM | | SJ HS/MS - Pool | | NL |
| Oct 21, 2023 | Sat | Regular Season (Legaue Meet) | South Jefferson, Carthage, South Lewis, Beaver River, Lowville, Indian River @ Watertown | 11:00 AM | | Middle School Pool, Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Mezzanine | | L |

Date: 2025-12-19