

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 6, 2022	Tue	Regular Season	@ South Lewis	5:00 PM		South Lewis High School Pool		L
Sep 8, 2022	Thu	Regular Season	@ Beaver River	5:00 PM		Beaver River H S		L
Sep 13, 2022	Tue	Regular Season 99-74 W	Carthage	5:00 PM		Thousand Islands Pool		L
Sep 15, 2022	Thu	Regular Season	@ South Jefferson	5:00 PM	8:00 PM	SJ HS/MS - Pool		L
Sep 20, 2022	Tue	Regular Season	Indian River	5:00 PM		Thousand Islands Pool		L
Sep 22, 2022	Thu	Regular Season	Watertown	5:00 PM		Thousand Islands Pool		L
Sep 24, 2022	Sat	Regular Season (League Invitational)	Carthage, Indian River, South Jefferson, Lowville, Beaver River @ Watertown	11:00 AM		Watertown H S		L
Sep 27, 2022	Tue	Regular Season	@ Lowville	5:00 PM		Lowville High School Main Gym		L
Sep 29, 2022	Thu	Regular Season	South Lewis	5:00 PM		Thousand Islands Pool		L
Oct 4, 2022	Tue	Regular Season	Beaver River	5:00 PM		Thousand Islands Pool		L
Oct 6, 2022	Thu	Regular Season	Lowville	5:00 PM		Thousand Islands Pool		L
Oct 14, 2022	Fri	Regular Season (B Div. Diving Meet)	Beaver River @ Lowville	5:00 PM		Lowville High School Main Gym		L
Oct 22, 2022	Sat	Meet (Frontier League Girls Swimming Championship)	Vs. Multiple	11:00 AM		Middle School Pool, Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym #2 (Center)		NL
Oct 22, 2022	Sat	Regular Season (A/B Div. Swim Meet)	Carthage, Watertown, South Jefferson, Lowville, Beaver River, South Lewis @ Indian River	11:00 AM		Middle School Pool		L

Date: 2025-12-19