

Coaches:

- Tony Burkinshaw, Head Coach
- Mitch Alpha, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room			
Nov 14, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room			
Nov 15, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room			
Nov 16, 2023	Thu	Practice (Weight Assessments at JE)	N/A	4:55 PM	5:05 PM	Jordan- Elbridge M.S.	Bus/Driver: B'ville Transportation	Departure Point: Baker Front Departure Time: 4:15 PM Return Date: Return Time: 5:45 PM	
Nov 17, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room			
Nov 18, 2023	Sat	Practice (Practice)	N/A	10:00 AM	12:00 PM	Bville - Baker HS Wrestling Room			
Nov 20, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors, B'ville - Baker Space in front of Auditorium			
Nov 21, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors, B'ville - Baker Space in front of Auditorium			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 22, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors, B'ville - Baker Space in front of Auditorium			
Nov 25, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors, B'ville - Baker Space in front of Auditorium			
Nov 27, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Nov 28, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Nov 29, 2023	Wed	Scrimmage (RED VERSUS WHITE)	Baldwinsville	7:00 PM	9:00 PM	Bville - Baker Gym 1&2			NL

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Nov 30, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 1, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 4, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 5, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 6, 2023	Wed	Regular Season	West Genesee	7:00 PM	9:00 PM	Bville - Baker Gym 1&2			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 8, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 10, 2023	Sun	Practice	N/A	8:00 AM	10:00 AM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 12, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 13, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			

DATE	WEEK DAY	⁽ TYPE	OPPONENTS	STAR1 TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 14, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 15, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 16, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 18, 2023	Mon	Regular Season	East Syracuse Minoa	7:00 PM	9:00 PM	Bville - Baker Gym 1&2			L
Dec 19, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 20, 2023	Wed	Regular Season	Fayetteville- Manlius	7:00 PM	9:00 PM	Bville - Baker Gym 1&2			L

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Dec 21, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 22, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 23, 2023	Sat	Regular Season (Baldwinsville Duals)	TBD	7:00 AM	6:00 PM	Bville - Baker Gym 1&2, Bville - Baker Gym 3&4			NL
Dec 26, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors			
Dec 27, 2023	Wed	Practice (Depart for Jamestown)	N/A	8:00 PM	10:00 PM		Bus/Driver: B'ville Transportation	Departure Point: Baker Front Departure Time: 5:45 PM	
Jan 2, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			

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Jan 3, 2024	Wed	Regular Season	Jordan-Elbridge (Port Byron/Union Springs/Jordan- Elbridge/Cato- Meridian)	7:00	9:00 PM	Bville - Baker Gym 1&2			NL
Jan 4, 2024	Thu	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 5, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 8, 2024	Mon	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 9, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			

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Jan 10, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 11, 2024	Thu	Regular Season	Cicero-North Syracuse	7:00 PM	9:00 PM	Bville - Baker Gym 1&2			L
Jan 12, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 15, 2024	Mon	Practice	N/A	10:00 AM	12:00 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 16, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 17, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 18, 2024	Thu	Regular Season (*PEP BAND*)	Central Square	7:00 PM	9:00 PM	Bville - Baker Gym 1&2			L
Jan 19, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 20, 2024	Sat	Practice	N/A	10:00 AM	12:00 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 22, 2024	Mon	Practice	N/A	4:30 PM	6:30 PM	Baker - Stairwell near Wrestling Room - 3 Floors, Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium			

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Jan 23, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	Baker - Stairwell near Wrestling Room - 3 Floors, Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium			
Jan 25, 2024	Thu	Practice	N/A	4:30 PM	6:30 PM	Baker - Stairwell near Wrestling Room - 3 Floors, Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium			
Jan 26, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	Baker - Stairwell near Wrestling Room - 3 Floors, Bville - Baker HS Wrestling Room, B'ville - Baker Space in front of Auditorium			
Jan 29, 2024	Mon	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors			
Jan 30, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors			

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Jan 31, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors		
Feb 1, 2024	Thu	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors		
Feb 2, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	Bville - Baker HS Wrestling Room, Baker - Stairwell near Wrestling Room - 3 Floors		
Feb 5, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Jordan- Elbridge M.S.	Bus/Driver: B'ville Transportation	Departure Point: Baker Front Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM
Feb 6, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Jordan- Elbridge M.S.	Bus/Driver: B'ville Transportation	Departure Point: Baker Front Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM
Feb 7, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Marcellus Middle School	Bus/Driver: B'ville Transportation	Departure Point: Baker Front Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM
Feb 8, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Phoenix H.S.	Bus/Driver: B'ville Transportation	Departure Point: Baker Front Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM
Feb 9, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	OCC - SRC Arena	Bus/Driver: B'ville Transportation	Departure Point: Baker Front Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 12, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Bville - Baker HS Wrestling Room			
Feb 13, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Bville - Baker HS Wrestling Room			
Feb 14, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Bville - Baker HS Wrestling Room			
Feb 15, 2024	Thu	Practice (Coaches Mtg at CNS)	N/A	8:30 AM	9:30 AM	Cicero North Syracuse H.S.			
Feb 15, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Bville - Baker HS Wrestling Room			
Feb 16, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	Bville - Baker HS Wrestling Room			
Feb 19, 2024	Mon	Practice (Media Day at North Syracuse JHS)	N/A	9:00 AM	10:30 AM	TBD	Bus/Driver: Suburban	Departure Point: Baker Front Departure Time: 8:30 AM Return Date: Return Time: 11:00 AM	
Feb 19, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Bville - Baker HS Wrestling Room			
Feb 20, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Bville - Baker HS Wrestling Room			
Feb 21, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Bville - Baker HS Wrestling Room			
Feb 22, 2024	Thu	Practice (Postseason - Depart for State Tournament)	N/A	3:00 PM	5:00 PM	Times Union Arena Albany	Bus/Driver: Suburban	Departure Point: Baker Front Departure Time: 12:00 PM	

Date: 2024-05-05