



# Baldwinsville

## (G) V Winter Track

### Coaches:

- William Spicer, Head Coach
- Barbara Ross, Asst Coach
- Kelly Galliher, Asst Coach
- Elizabeth Petrelli, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 15, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 16, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 17, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 18, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 22, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Nov 23, 2022	Wed	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Nov 28, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 29, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 30, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 1, 2022	Thu	Regular Season (Jack Morse Kick Off Meet)	@ TBD	4:30 PM	9:00 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 9:30 PM	NL
Dec 2, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 5, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 6, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 8, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 9, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 10, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Dec 11, 2022	Sun	Regular Season (Oscar B. Jensen Memorial Relays)	@ TBD	3:00 PM	7:00 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 1:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	L
Dec 13, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 14, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 15, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 19, 2022	Mon	Regular Season (Mohawk Valley Meet)	@ TBD	4:30 PM	10:00 PM	Utica College	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 10:30 PM	NL
Dec 20, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 21, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 22, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 26, 2022	Mon	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Dec 27, 2022	Tue	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Dec 28, 2022	Wed	Regular Season (Westhill Invite)	@ TBD	10:00 AM	2:00 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 8:30 AM <b>Return Date:</b> <b>Return Time:</b> 2:30 PM	NL
Dec 29, 2022	Thu	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Jan 3, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 3, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 4, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 5, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Bville - Baker Gym 3&4			
Jan 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

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Jan 6, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 7, 2023	Sat	Regular Season (John Arcaro Memorial)	@ TBD	9:00 AM	2:00 PM	OCC - SRC Arena	Bus/Driver: B'ville Transportation	Departure Point: Baker Front Departure Time: 7:30 AM Return Date: Return Time: 3:00 PM	NL
Jan 9, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 11, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 12, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Bville - Baker Gym 3&4			
Jan 12, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 14, 2023	Sat	Regular Season (Fred Kirschenheiter Memorial)	@ TBD	3:00 PM	7:00 PM	OCC - SRC Arena	Bus/Driver: B'ville Transportation	Departure Point: Baker Front Departure Time: 1:30 PM Return Date: Return Time: 7:30 PM	NL
Jan 17, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 17, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 18, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

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Jan 19, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Bville - Baker Gym 3&4			
Jan 19, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 20, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 21, 2023	Sat	Regular Season (Bob Grieve Memorial)	@ TBD	3:00 PM	7:00 PM	OCC - SRC Arena	Bus/Driver: B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 1:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	NL
Jan 23, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 24, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 24, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 25, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Bville - Baker Gym 3&4			
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 30, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 31, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 31, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 1, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 2, 2023	Thu	Regular Season (SCAC League Championships)	@ TBD	4:30 PM	9:30 PM	OCC - SRC Arena	Bus/Driver: B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	NL
Feb 3, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 6, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 7, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Feb 7, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 8, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 9, 2023	Thu	Post-Season (Sectionals )	@ TBD	4:30 PM	8:30 PM	OCC - SRC Arena	Bus/Driver: B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	NL
Feb 10, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Feb 15, 2023	Wed	Post-Season (State Quals)	@ TBD	4:30 PM	8:30 PM	OCC - SRC Arena	Bus/Driver: B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	NL
Feb 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			

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Feb 20, 2023	Mon	Practice	N/A	9:00 AM	10:00 AM	Bville - Baker Gym 3&4			
Feb 20, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Feb 21, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Feb 22, 2023	Wed	Practice	N/A	9:00 AM	10:00 AM	Bville - Baker Gym 3&4			
Feb 22, 2023	Wed	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Feb 23, 2023	Thu	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Feb 24, 2023	Fri	Practice	N/A	9:00 AM	10:00 AM	Bville - Baker Gym 3&4			
Feb 24, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Feb 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 27, 2023	Mon	Practice (Practice)	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Feb 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Feb 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Mar 1, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Mar 2, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Mar 2, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 3, 2023	Fri	Practice (STATES)	N/A	3:00 PM	5:00 PM	Ocean Breeze Athletic Complex - Staten Island	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front	
Mar 4, 2023	Sat	Post-Season (NYSPHSAA State Championships)	@ TBD	9:00 AM	5:00 PM	Ocean Breeze Athletic Complex - Staten Island			NL

Date: 2024-05-21