



# Baldwinsville

## (G) V Winter Track

### Coaches:

- William Spicer, Head Coach
- Barbara Ross, Asst Coach
- Kelly Galliher, Asst Coach
- Elizabeth Petrelli, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 22, 2023	Wed	Practice	N/A	8:00 AM	11:00 AM	Bville - Baker Gym 3&4			
Nov 22, 2023	Wed	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Nov 30, 2023	Thu	Regular Season (Jack Morse Kickoff Meet)	@ TBD	4:30 PM	9:00 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	NL
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 7, 2023	Thu	Regular Season (Oscar B Jensen Memorial Relays)	@ TBD	4:30 PM	9:00 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	NL
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 16, 2023	Sat	Regular Season (George Constantino Memorial)	@ TBD	9:00 AM	2:00 PM	OCC - SRC Arena	Bus/Driver: B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 7:30 AM <b>Return Date:</b> <b>Return Time:</b> 3:00 PM	NL
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Dec 22, 2023	Fri	Regular Season (Westhill Invite)	@ TBD	4:00 PM	7:00 PM	OCC - SRC Arena	Bus/Driver: B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	NL
Dec 26, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	Bville - Baker Gym 3&4			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 26, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Dec 26, 2023	Tue	Practice	N/A	10:00 AM	12:00 PM	Bville - Baker HS Pool			
Dec 27, 2023	Wed	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Dec 27, 2023	Wed	Practice	N/A	10:00 AM	12:00 PM	Bville - Baker Gym 3&4			
Dec 28, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Bville - Baker Gym 3&4			
Dec 28, 2023	Thu	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Dec 28, 2023	Thu	Practice	N/A	10:00 AM	12:00 PM	Bville - Baker HS Pool			
Dec 29, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 4, 2024	Thu	Practice	N/A	2:45 PM	4:00 PM	Bville - Baker HS Pool			
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 6, 2024	Sat	Regular Season (John Arcaro Memorial)	@ TBD	3:00 PM	8:00 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 1:30 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	NL
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 9, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 9, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 11, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 13, 2024	Sat	Regular Season (Jack Reed H.S. Showcase at Naz University)	@ TBD	9:00 AM	4:30 PM	Nazareth University	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 6:30 AM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	NL
Jan 13, 2024	Sat	Regular Season (Fred Kirschenheiter Memorial)	@ TBD	9:00 AM	2:00 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 7:30 AM <b>Return Date:</b> <b>Return Time:</b> 3:00 PM	NL
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 18, 2024	Thu	Regular Season (Bob Grieve Memorial)	@ TBD	4:30 PM	9:00 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	NL
Jan 19, 2024	Fri	Practice	N/A	3:00 AM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 23, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 23, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 23, 2024	Tue	Practice	N/A	4:30 PM	5:15 PM	Bville - Baker HS Pool			
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways, Bville - Baker Gym 3&4			
Feb 1, 2024	Thu	Regular Season (SCAC @ TBD Leagues)	@ TBD	4:30 PM	9:30 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 10:15 PM	L
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 6, 2024	Tue	Post-Season (Sectionals AA & A)	@ TBD	4:30 PM	8:30 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 9:30 PM	NL
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 8, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 8, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Feb 9, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 12, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 13, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 13, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Feb 14, 2024	Wed	Post-Season (State Quals)	@ TBD	4:30 PM	8:30 PM	OCC - SRC Arena	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front	NL
Feb 15, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 15, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Feb 16, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Gym 3&4			
Feb 16, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways			
Feb 19, 2024	Mon	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways, Bville - Baker Gym 3&4			
Feb 20, 2024	Tue	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Feb 21, 2024	Wed	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Feb 22, 2024	Thu	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Feb 23, 2024	Fri	Practice	N/A	9:00 AM	11:00 AM	Bville - Baker Second Floor Hallways			
Feb 26, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways, Bville - Baker Gym 3&4			



DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 27, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways, Bville - Baker Gym 3&4			
Feb 28, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways, Bville - Baker Gym 3&4			
Feb 29, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Bville - Baker Second Floor Hallways, Bville - Baker Gym 3&4			
Mar 1, 2024	Fri	Practice (DEPART FOR STATES)	N/A	3:00 PM	5:00 PM	Section 3 Office	<b>Bus/Driver:</b> B'ville Transportation	<b>Departure Point:</b> Baker Front	
Mar 2, 2024	Sat	Post-Season (States)	@ TBD	9:00 AM	5:00 PM	Ocean Breeze Athletic Complex - Staten Island			NL

Date: 2024-05-21